

MKNEWS

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Adult Learning Course Programme

Spring 2009



Adult Continuing Education
ACE



MILTON KEYNES
COUNCIL

Course Code	Course Title	Venues	Start Date	Days	Start Time	Finish Time	Course Length in Weeks	Full Fee	Concessionary Fee
Health & Complementary Therapies									
01F300KA	Alexander Technique	Knowles ACE Centre	24-Jan-09	Sat	10:00	16:00	1 day	£36	£27
01M301KA	Anxiety/Stress Management	Knowles ACE Centre	05-Feb-09	Th/Fr	14:00	17:00	2 days	£36	£27
01B302KA	Aromatherapy & Massage - Beginners	Knowles ACE Centre	13-Jan-09	Tu	19:30	21:30	10 wks	£90	£67
01D303XA	Assertiveness & Confidence Building	Stony Stratford ACE Centre	26-Feb-09	Th	13:00	17:00	1 day	£24	£18
01F304XQ	Conflict Management - City & Guilds	Stony Stratford ACE Centre	07-Feb-09	Sat	09:30	14:30	2 wks	£90	£30
01A306KA	Counselling - an introduction	SNAP, Walnut Tree	19-Jan-09	Mo	19:00	21:00	10 wks	£90	£67
01C305KA	Counselling - an introduction	Stony Stratford ACE Centre	21-Jan-09	We	13:00	15:00	10 wks	£90	£67
01F307XA	Emergency life-saver for babies & children	Stony Stratford ACE Centre	07-Mar-09	Sat	09:30	13:00	1 day	£21	£15
01F308XA	First Aid for Appointed Persons	Stony Stratford ACE Centre	14-Mar-09	Sat	09:30	13:30	1 day	£24	£18
01F309KC	Health & Safety in the Workplace - CIEH	Knowles ACE Centre	14-Mar-09	Sat	10:00	16:00	1 day	£60	£30
01F310KA	Hopi Ear Candle Therapy - an Introduction	Knowles ACE Centre	28-Feb-09	Sat	10:00	16:00	1 day	£36	£27
01F311XA	Life Coaching	Stony Stratford ACE Centre	07-Feb-09	Sat	10:00	16:00	1 day	£36	£27
01F313XA	Reiki Practitioners - Level 1	Stony Stratford ACE Centre	07-Mar-09	Sat	10:00	16:00	2 wks	£60	£45
01F314XA	Reiki Practitioners - Level 2	Stony Stratford ACE Centre	21-Mar-09	Sat	10:00	16:00	2 wks	£60	£45
01F315KA	Relaxation Techniques	Knowles ACE Centre	28-Feb-09	Sat	10:00	16:00	1 day	£36	£27
01B317KA	Slimming with NLP - Staying on Track	Knowles ACE Centre	24-Feb-09	Tu	19:30	21:30	5 wks	£50	£37
Psychology									
02F302XA	Psychology - an Introduction	Stony Stratford ACE Centre	31-Jan-09	Sat	10:00	16:00	1 day	£36	£27
Flowers, Gardens, Homes & Cars									
03F303KA	Floristry - Mother's Day Gift Ideas	Knowles ACE Centre	28-Feb-09	Sat	10:00	16:00	1 day	£36	£27
03F302KA	Floristry - Presentation Bouquets	Knowles ACE Centre	31-Jan-09	Sat	10:00	16:00	1 day	£36	£27
03D305KA	Flower Arranging - Improvers	Knowles ACE Centre	22-Jan-09	Th	19:15	21:15	10 wks	£90	£67
03C306WA	Latin for Gardeners	Woughton Campus East	11-Mar-09	We	19:00	21:00	3 wks	£36	£27
03F300KA	Plants for your Garden	Knowles ACE Centre	21-Mar-09	Sat	10:00	16:00	1 day	£36	£27
03F301XA	The Gardening Calendar	Stony Stratford ACE Centre	31-Jan-09	Sat	10:00	16:00	1 day	£36	£27
Computer Skills									
06A301KA	Computers for the not so Terrified	Knowles ACE Centre	26-Jan-09	Mo	19:00	21:00	8 wks	£75	£56
06E503KA	Computers for the not so Terrified	Knowles ACE Centre	13-Mar-09	Fr	10:00	12:00	8 wks	£75	£56
06E507ka	Computers for the Terrified	Knowles ACE Centre	27-Feb-09	Fr	10:00	12:00	2 wks	£24	£18
06C321XA	Computers for the Terrified	Stony Stratford ACE Centre	18-Mar-09	We	10:00	12:00	2 wks	£24	£18
06B316XA	Create a website using HTML	Stony Stratford ACE Centre	26-Feb-09	Th	10:00	12:00	5 wks	£50	£37
06D325KA	Design and Build your own Database	Knowles ACE Centre	29-Jan-09	Th	12:30	14:30	6 wks	£60	£45
06F310KA	Digital Animation - an Introduction to 2D animation	Knowles ACE Centre	24-Jan-09	Sat	10:00	13:00	1 day	£18	£14
06F307KA	Downloading and Printing your Digital Photos	Knowles ACE Centre	24-Jan-09	Sat	10:00	16:00	1 day	£36	£27
06F312XA	e-bay - all you need to know about buying	Stony Stratford ACE Centre	31-Jan-09	Sat	09:30	12:30	1 day	£18	£14
06F303XA	Excel - an Introduction	Stony Stratford ACE Centre	31-Jan-09	Sat	10:00	16:00	1 day	£36	£27
06F304KA	Excel - an Introduction	Knowles ACE Centre	07-Mar-09	Sat	10:00	16:00	1 day	£36	£27
06F306KA	Excel - Moving on	Knowles ACE Centre	28-Mar-09	Sat	10:00	16:00	1 day	£36	£27
06C319BA	Excel - Pivot Tables	Shenley Brook End School	14-Jan-09	We	19:00	21:00	2 wks	£24	£18
06D315KA	Flash - an Introduction to Digital Animation	Knowles ACE Centre	15-Jan-09	Th	19:00	21:00	5 wks	£50	£37
06D314KA	HTML Web Design - an Introduction	Knowles ACE Centre	26-Feb-09	Th	19:00	21:00	5 wks	£50	£37
06F313XA	Love your Laptop	Stony Stratford ACE Centre	17-Jan-09	Sat	10:00	13:00	1 day	£18	£14
06F326XA	Love your Digital Camera!	Stony Stratford ACE Centre	17-Jan-09	Sat	13:00	16:00	1 day	£18	£14
06E300ZA	Photoshop - an introduction to enhancing your digital photos	Old Bath House	27-Feb-09	Fr	13:00	15:00	6 wks	£60	£45
06A324KA	Photoshop - an Introduction to Image Manipulation	Knowles ACE Centre	30-Mar-09	Mo	19:00	21:00	5 wks	£50	£37
06F309KA	Powerpoint and Presentation Skills - an introduction	Knowles ACE Centre	31-Jan-09	Sat	10:00	16:00	1 day	£36	£27
06F305KA	Word Processing - an Introduction	Knowles ACE Centre	07-Feb-09	Sat	10:00	16:00	1 day	£36	£27
06C318BA	Word Processing - Beginners and Beyond	Shenley Brook End School	28-Jan-09	We	19:00	21:00	8 wks	£75	£56
Cookery									
07C317SA	Cookery - Arabic - More Ideas	Denbigh School	25-Feb-09	We	19:15	21:15	5 wks	£50	£37
07A302SA	Cookery - Easy Chinese Dishes	Denbigh School	23-Feb-09	Mo	19:15	21:15	5 wks	£50	£37
07E300XC	Food Safety - Basic - CIEH	Stony Stratford ACE Centre	16-Jan-09	Fr	09:30	17:15	1 day	£60	£30
07B312XC	Food Safety - Basic - CIEH	Stony Stratford ACE Centre	24-Feb-09	Tu	14:00	17:00	3 wks	£60	£30
Hair & Beauty									
07F305KA	Fashion - Confident Dressing	Knowles ACE Centre	07-Mar-09	Sat	10:00	16:00	1 day	£36	£27
07F308KA	Hairdressing - Creative Styles for Long Hair	Knowles ACE Centre	07-Feb-09	Sat	10:00	16:00	1 day	£36	£27
07F307KA	Hairdressing - Plaiting & Braiding	Knowles ACE Centre	31-Jan-09	Sat	10:00	16:00	1 day	£36	£27
07F309KA	Indian Head Massage	Knowles ACE Centre	14-Mar-09	Sat	10:00	16:00	1 day	£36	£27
07F310KA	Manicure/Pedicure	Knowles ACE Centre	07-Mar-09	Sat	10:00	16:00	1 day	£36	£27
07B511LQ	Nail Art VTCT	Leon School	24-Mar-09	Tu	18:15	21:15	12 wks	£185	£30
07F306KA	Skin Care & Makeup for All Ages	Knowles ACE Centre	14-Mar-09	Sat	10:00	16:00	1 day	£36	£27



For full course information visit www.milton-keynes.gov.uk/ace or call us on 01908 556700



MKNEWS



Ball juggler breaks three world records

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Stars flock to MK Theatre

PAGE 26



Young film makers in the city had the chance to watch their work on the big screen in a documentary about knife crime



Full story on page 2

Free car parking to go in plan to boost buses

BY LAURA HANNAM

laura.hannam@mk-news.co.uk

FREE parking could be axed in Milton Keynes to help pay for better bus services.

The city's shopping centre and businesses have expressed concern this will hit visitors and staff hardest and have a negative impact during the economic downturn.

Milton Keynes Council has put forward plans to increase parking charges across the city centre to raise more than £3million for public transport.

The proposals, which will be discussed by the council's cabinet committee next Wednesday, include increasing premium

rate parking from the current £1 per hour to £1.20 and the standard rate from 25p to 35p per hour.

Nearly 7,000 free parking spaces across the city centre will be scrapped and an 'economy' rate of 25p per hour will be charged.

A workplace parking levy on businesses could also be introduced and a 0.5 per cent rise on council tax specifically for buses, equating to an increase of 10p a week for the average Band D property.

Robert Goodman, centre director at the-centre:mk, said the shopping centre is concerned the parking proposals 'may severely impact visitors to Milton Keynes and staff working in the city centre in the difficult economic climate'.

Rita Spada, chief executive officer of the Milton Keynes and North Bucks Chamber of Commerce, said the plans would result in fewer businesses operating in the city centre. "It would be an increased cost to businesses at a time when they are worst placed to deal with this," she said.

And Tory transport spokesman Cllr David Hopkins, said: "It is not the time to invest public money in transport when we have other calls on the public purse." The council's transport boss, Cllr Douglas McCall, pointed out that parking tariffs have not changed for more than three years.

The council is acting on the recommendations of an independent report by 22 residents on the Citizens' Advisory Group

on Transport (CAGoT), released in November, which called for 'massive increase in bus capacity'.

The money would see bus subsidies rise from the current £2million a year to up to £6million.

"Time and time again, when residents are surveyed, they put investment in public transport as their number one choice for investment," said Cllr McCall.

"We are bringing forward radical proposals for a major investment in buses which will give residents a serious alternative to the car."

The council is also proposing to introduce a new residents' discount parking scheme and is investigating a new 'green permit' for less polluting cars.

INTERNET

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Patient's have their say on treatment

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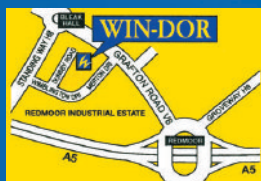


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Knife crime film a teaching aid

BY ROB GIBSON

rob.gibson@mk-news.co.uk

GOOD films provoke debate and the documentary on Screen Eight at Cineworld on Thursday was no exception.

The film was called Knife Point but unlike the Hollywood blockbusters on neighbouring screens, it was made in Milton Keynes, by young people from Milton Keynes.

Families, schoolchildren, professional film makers, police officers and journalists were invited to the special screening, which raised serious questions about the causes and perceptions of knife crime.

It included interviews with young people in the streets around CMK, alongside testimony from a knife victim and a young

man who carried a knife.

The project was launched by the Living Archive, with £6,500 funding from MK Council, and included the views of police, a journalist from MK NEWS, a prison officer, and MP Phyllis Starkey.

One viewer, 14-year-old Laura Squires, said: "It was really interesting and I think it's a really important issue for young people."

The film makers, all aged 18 to 24 and not in education, employment or training, were asked to produce a film about any subject.

Their aim was to deter young people from carrying knives and Living Archive is now speaking to schools across Milton Keynes about using the film as a teaching aid.

Jane Jeavons, from Living Archive, said: "It was a very good turn out and we got some really good feedback."

"The film was all about opening up the debate and I think it worked."

"People are already asking about the next project and they want to be a part of it."

The special screening also included Leaving Eva, a 12 minute drama written and directed by Faye Gilbert and filmed in Milton Keynes, and another documentary made by young people who visited the set.

■ For more information contact the Living Archive on 01908 322568.

Tax and tax again on new estate

PLANS to build an estate where residents could be doubly taxed have been slammed.

Early drawings for 164 of the 1,600 homes to be built in Tattenhoe Park suggest that residents would have to pay up to £200 on top of their council tax as an 'annual surcharge'.

The scheme means a 'management company' would take some of the council's responsibilities such as maintaining communal areas.

The outline plans were revealed at the most recent Western Expansion Area Stakeholders Group by developer Living Villages.

At the moment no formal planning application has been made, but chairman of Shenley Brook End Parish Council, David Livingstone, believes it is vital that this is discussed.

Mr Livingstone said: "The parish council thinks it looks like double taxation. If residents contribute to this, the management company may be doing things that are the responsibility of the parish council or Milton Keynes Council."

"Why should people pay twice? We don't believe at all that MK Council will reduce its council tax by the same amount of money."

The proposals include solar pan-

els, woodburning stoves and locally-sourced natural materials.

Managing director of Living Villages, Scott Black, said it had been selected last year as lead developer for the project, after submitting the best proposals.

A spokesman for Milton Keynes Partnership said: "This type of service charge has existed in Milton Keynes for a number of years in Bancroft and Great Holm, where communal areas or facilities have been provided specifically for residents living in particular developments and the service charge simply covers the maintenance of this facility."

Silence over deputy head's departure

THE deputy headteacher of a primary school has left his job following a major investigation.

A letter was sent to parents before the Christmas holidays informing them that the deputy head at Monkston Primary School, Toby Scott-Hughes, right, had gone.

Mr Scott-Hughes was sus-

pended in November last year as Milton Keynes Council launched an investigation into serious allegations made against him.

The school, in Wadhurst Lane, Monkston, refused to comment on the investigation.

A spokesman for the council said: "We can confirm that the deputy head

of Monkston Primary School is no longer employed by Milton Keynes Council."

A source told MK NEWS that Mr Scott-Hughes was well-liked by parents and teachers at the school.

Neither the school or the council were willing to disclose the reasons behind his departure.



Hospital's A&E staff to get training in communication It's good to talk

BY ROB GIBSON

rob.gibson@mk-news.co.uk

STAFF numbers will be reviewed at the A&E department of Milton Keynes Hospital after patients voiced concerns about the way they were treated.

The 2008 National Survey of Emergency Departments was published by the Healthcare Commission yesterday.

The survey quizzed 323 patients who attended A&E at Milton Keynes Hospital and 87 per cent rated their care as excellent, good or very good.

However, the hospital admitted that it needs to improve certain areas after it was rated in the worst performing 20 per cent of trusts for two key questions.

The hospital scored poorly when

patients were asked if doctors and nurses discussed their anxieties or fears about treatment and if they had confidence in the staff.

A statement released by the hospital today said: 'A review of the number of staff in the department on each shift is being undertaken, to ensure that doctors and nurses have the time to demonstrate good communication with patients'.

It said the hospital will provide 'additional communication skills training to staff to ensure that patients are always listened to, and make sure that any anxieties and fears are fully discussed with patients'.

Tony Halton, director of nursing, said: "Since this survey was carried out we've implemented improvements and this has

involved reshaping emergency care to ensure that waiting times are reduced.

"We're determined to go the extra mile to deliver the care that patients want, and staff are working to ensure that the four hour or less waiting time target is met."

Nineteen per cent of respondents waited between two and four hours before they were seen.

Five per cent waited more than four hours.

The trust was given a 'satisfactory' rating for areas including convenience of car parking, information given about condition or treatment and privacy while being treated or examined.

■ For the full report visit www.healthcarecommission.org.uk

Three companies and director face charges over scaffolding collapse

THE Health and Safety Executive is to prosecute three companies and a director following its investigation into the fatal scaffolding collapse at Jurys Inn.

The case over alleged breaches of health and safety law will be heard at Milton Keynes Magistrates Court in February.

It follows the death of John Robinson, 49, who was working as a cladder on the scaffolding on Witan Gate when it came crashing to the ground on April 11, 2006.

Two other workers, Mark Robinson and Ivan Peukov, suffered multiple injuries.

McAleer & Rushe Limited, of Cookstown, Northern Ireland, faces a total of six charges in respect of alleged breaches of health and safety regulations.

The company is being prosecuted both as an employer and as the principal contractor for the construction project at the site.

Lee Smith Carpentry Limited, of Abbey Park Industrial Estate, Romsey, Hampshire, faces a total of five charges, as the employer of John Robinson and Mark Robinson.



Cladder John Robinson, far right, was killed in the scaffolding collapse at Jurys Inn

NNM Scaffolding Limited, of Castle Street, Leicester, faces five charges and a director of NNM Scaffolding, John David King, of Alicante, Spain, faces four charges.

Council makes 50 bankrupt as it chases council tax cash

FIFTY householders were pursued for bankruptcy by the council and bailiffs made 6,563 visits to collect council tax last year.

Meanwhile, 11,156 people faced summons to court for council tax arrears.

A request for these figures by the Liberal Democrat Party under the Freedom of Information Act revealed that councils are increasingly using tougher tactics to chase debts.

Nationally one in five bankruptcy petitions were lodged by local authorities last year.

Out of the 171 councils that provided figures, Milton Keynes was seventh for the number of people it pursued for bankruptcy, behind

only Brighton, Sheffield, Bristol and four London boroughs.

But Milton Keynes Council said these methods are always a 'last resort' and that they are taking less recovery action as collection is up.

Milton Keynes Citizen's Advice Bureau has recorded a surge in queries surrounding bankruptcy and debt.

One retired lady from West Bletchley is facing £40,000 of debt after her husband died in July - a combination, she says, of council tax, utilities, TV licence and mortgage.

She said: "It's embarrassing being put in this position, you feel so ashamed when you owe people money. It's one thing after another.

It was easy to fall behind with my council tax. And when it goes up again I just don't know where I'm going to get the money from."

A council spokesman said: "We do use a variety of methods to collect council tax, and this does include bankruptcy proceedings, although this is really a last resort, when we have exhausted every avenue to secure payment.

"We will always listen to people with genuine cases of hardship but we owe it to the majority of residents who pay their council tax on time, to pursue those who don't."

Milton Keynes Council collected 99 per cent of its tax last financial year.

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Railway station copies – MK NEWS also hands out 2,000 copies per week to commuters at MK railway station on a Wednesday morning.

MKLETTERS

Letters to The Editor, MK NEWS, 1 Diamond Court, Fox Milne, Milton Keynes MK15 0DU | letters@mk-news.co.uk

Rent up, services cut

SIR – Regarding the MKC rent increase.
I recently received a letter from the council saying that my rent will be going up from April 2009, they say the rent rise will have to be at least 5.5 per cent a week, then they ask me for my view.
What is the point when the decision has already been made?
Last year they said 3.2 per cent increase, if agreed, then would probably be the same this year. They also said that if tenants chose the option of five per cent last year that extra windows, bathrooms and kitchens would be fitted.
What has happened in the space of a year?
Now we are being told that even with the increase services will have to be cut. High rent rises are not justified, they should be in a better position when you consider they have closed a housing office and two sheltered housing schemes.
Where have all the saving gone? We as tenants have to pay for their mistakes. I am asking MKC not to increase rent this year.
Barbara Walford
The Hide, Netherfield

Can't manage tills

SIR – I went to the city centre Post Office on Friday, January 9 to do some mundane chores there, time 11-12pm, the lunch rush.
I stood in the line for around 15-20 minutes minding my own business, wondering why only 3-4 counters were being operated and there were what appeared to be four managers standing around like generals conducting a war.
I eventually got served, got my postal orders sorted and posted and asked why, on a Friday, there were so few staff.
I was advised by an assistant that there was sickness – fair enough I said, but why were the 'suits' not on the counter?
I was amazed to be told that these managers are not trained to do the tills, I laughed thinking she was joking but she was quite serious.
Which brings me to ask the question: why are these employees made managers if they cannot multi-task?
Are they above taking money or are they unable to comprehend that the more through the tills the more will use the shop.
With Post Offices being closed by the Government, one wonders how and if the Post Office can ever make money if there are people being paid to stand around looking important.
Key Smith
Sent by e-mail

Red light wait

SIR – I refer to the recent correspondence on roundabouts and traffic lights in Milton Keynes.
I only tend to drive around Milton Keynes outside the busy times and have yet to encounter any serious amount of traffic on the Redmoor roundabout, the big one near the Dons' stadium.
I have lost count of the number of times I have sat at a red light waiting for several tens of seconds on Grafton Street and the A5 while nobody drives past on the roundabout.
The lights are incorrectly biased against traffic on the roundabout.

Rent rises should be in line with inflation rate

SIR – I am writing in response to MK Council's proposal's regarding rent increase from April 2009.
The council states the rent increases of 5.5 to 7.5 per cent are mainly down to inflation.
High rent increases should not be the only option, inflation is predicted to fall below one per cent this year.
It should come as no surprise that MKC seems to have not benefited from the low inflation, cheap labour and small pay increases that have prevailed over the last few years, now they say we have to pay more to get less.
The people who are waiting for their turn for decent homes have been let down again by the council.

The privatisation brought in to improve services has not worked and turned out to be more expensive.
There are plenty of examples of this around where public ownership is transferred into private hands.
Management costs increase, rents rise then services have to be cut to pay for profits. I am asking Milton Keynes Council to please avoid putting the rents up this year (the year of a recession).
All this rent rise will do is add to the high rent arrears that already exist and nobody wants people to get further into debt.
Leanne Duggan
The Hide, Netherfield

EU must be joking

SIR – I've recently been surprised by the number of my otherwise politically literate friends who cannot remember ever having selected their MEPs (Members of the European Parliament).
MEPs get to make policy about some pretty important issues. One of these, of great concern to me, is the proposal currently before the parliament to intensify the EU's relations with Israel, to the extent that Israel will soon enjoy most of the advantages of real membership (but certainly not its disadvantages, such as free movement of peoples). I am finding it hard to work out why the EU would want to reward Israel in this way at this time.
I therefore wrote to my ten MEPs. Since the next MEP elections are coming up on June 4 this year, readers may be interested in the response I got.
None of the four Conservatives replied, neither did the one Labour MEP. One of the two Lib Dem MEPs replied. It was non-committal but refreshingly thoughtful.
Our Green MEP is a great champion of justice for the Palestinians and I was not surprised by her supportive reply.
The UKIP member told me that UKIP, not believing in the EU, doesn't vote for anything! Still, he was prepared to engage in further correspondence and sent useful information.
I was interested to see that these people have just had their salaries increased by about 30 per cent to £82,000 a year.
You would think that the least they could do was reply to the odd letter from a constituent.
Georgina Baidoun
Pastern Place, Downs Barn

LETTERS POLICY

Letters must arrive by noon on Monday. Full name and address must be supplied. Details will be withheld in only exceptional circumstances. Letters should be kept short and to the point and may be edited.
Write to: Letters to The Editor, MK NEWS, 1 Diamond Court, Fox Milne, Milton Keynes MK15 0DU. E-mail: letters@mk-news.co.uk

Front-line crunch

SIR – It is interesting, though not surprising, that the impact of the recession is already having a huge affect on the valuable service provided by MK Citizens Advice Bureau (MK NEWS last week).
Many people in the most vulnerable sections of the community will bear the brunt of the economic downturn.
MK Council, together with its partners, need to work together to produce a comprehensive strategy to minimise the impact on those least able to weather the storm.
This should involve a recognition that key voluntary organisations like MK Citizens Advice Bureau, MK Age Concern, the MK Equality Council and MK Credit Union must receive the financial support that will enable them to maximise their role in meeting the needs of the most vulnerable. These organisations are on the front line, are cost effective and need to be included in the strategy to limit the impact of global recession.
Dave Brunwin
Walton Park

20 years of neglect

SIR – I do not agree with the findings of the National Communities Forum's report that 'Immigration and integration are serious issues in Milton Keynes'.
The report is based on the interviews of 43 people in four different areas in Birmingham, Thetford, Runcorn and Milton Keynes.
The sample size is too small to come to any conclusions since fewer than 10 people from Netherfield, Coffee Hall and Bean Hill were interviewed.
Milton Keynes is the fastest growing city in the South East. More than 30 per cent of the babies are born to mothers who were born outside the United Kingdom.
There is a problem of integration in Milton Keynes due to people from different nationalities moving here as house prices are cheaper compared to places like Aylesbury and Leighton Buzzard.
The black and ethnic minority population has gone up to 16.3 per cent from 10 per cent in less than 10 years and this is bound to cause problems.
It is wrong to come to the conclusion that people in some estates are anti-immigrants but true to say that some of the white population perceive that they are excluded from council housing and benefits.
The question of social deprivation in some estates is well documented – services provided by the council in some estates in terms of housing, school, transport and so on are of very poor quality. This has been going on for more than 20 years.
Arun Vaidyanathan
Sent by e-mail

INTERNET
WWW.MK-NEWS.CO.UK



What did you do in the war mummy and daddy?

ON the edge of the new city, over a few speed humps, round a red brick estate – and back six decades – is the home of Amanda and Craig Pickard.

This couple don't just love antique chic, they live it.

And this passion for history has inspired them to transform their Old Stratford home, built less than 15 years ago, into a wartime time-warped.

By day they are parents of two Amanda, a 33-year-old curator at Olney Museum and freelancer for the Cabinet War Rooms in London, and Craig, 44, who works in IT.

But they are also Edna and Harry, who travel the country giving talks on life in the Second World War, dressing in the style, amassing the artefacts and preserving the attitude of the time.

Their home is like a living museum, where the CD player is a gramophone, the carpet runner is held to the stairs by clips, and when someone calls two silver bells clatter on top of the telephone.

They are two people, with two young children, two dogs and like everyone now with too much to do.

But they still find time to organise historical events, give educational workshops and even appear on TV.

And though they live in the late 'Thirties early 'Forties style, their knowledge and events stretch back to the Victorian and Edwardian periods.

Six years ago their home was magnolia with red carpets. So how did it, along with their lives, transform so dramatically?

Amanda said: "We were both interested in history and always have been. We met through a Civil War re-enactment, though it was not the history we liked as much as the re-enactment.

"Then at an English Heritage event we saw a group that did the 1940s and we thought that's the period that we really love.

"As we got more and more into this hobby people gave us lots of stuff, clothes and artefacts. And our hobby became our way of life. We are just really comfortable in this style."

At the point when they 'had two of everything' – a modern imple-



Everything stops for tea: Amanda Pickard

Welcome to the Pickards' house, where the Home Front is home and modernity is rationed. Reporter JESSICA CUNNIFFE went to find out why this 2009 family is living like it's 1939

ment and its wartime equivalent – they decided to stick to the latter.

What MFI-hating Amanda loves is that her 40s furniture comes with a story – not just assembly instructions.

The Utility table and chairs, for example, recall a period when timber was in short supply and a Government scheme was set up to kit out the homes of newlyweds or people who had been bombed out.

Every object in the Pickards' home points to another age, with the LNER train poster claiming 'it's quicker by rail' seeming particularly archaic in a week when commuters faced long delays at Milton Keynes Station.

Amanda's wishlist differs from most women's: the things she is most desperate to get her hands on are the preservative eisenglass and wartime Vim.

Strangely enough, her parents first moved to Milton Keynes having been lured by the idea of a new city.

So why has their daughter chosen, conversely, to look to the past?

She said: "I think we're a lot happier in this lifestyle. We do a lot of recycling, we don't waste things. We don't want the latest things and we don't live up to an expecta-

tion that lots other people do so we don't feel the same pressures. I think we're quite laid back people anyway but we don't strive to want the same things as other people, so we seem less stressed and paranoid. It's not about materialism, it's not about having latest gadgets and getting yourselves in huge amounts of debt to get a bigger TV when your other one was fine."

It seems that living through the war was, in some ways, more peaceful than today's frantic lifestyles.

"It's a period when we nearly lost everything, but we all held on and people would give up everything to stay free and to fight. I think that's such a good British spirit that we shouldn't forget. Because our reserve line was old men and boys – and they would've laid down their lives."

Amanda is adamant their lifestyle is as 2009 as it is 1939. She says this is borne out by their anachronistic dishwasher, TV and laptop that sit alongside the sideboard and lamps.

However, she cannot help but let slip the laptop's main use – to search on eBay for the next artefact.

■ Watch a video of Amanda and her house at www.mk-news.co.uk

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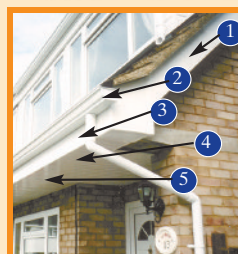
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Crunch puts retail jobs under threat

BY LAURA HANNAM

laura.hannam@mk-news.co.uk

RETAILERS across the city have seen the ups and downs of the credit crunch this week.

The city's Zavvi store has been given a reprieve as 22 close across the country.

The joint administrators announced last week that the record shop is not among those that would shut their doors immediately.

The store in Midsummer Place will continue to trade alongside 92 others throughout the UK saving, at least temporarily, the jobs of 35 permanent staff members and a number of temps.

The administrators, Ernst & Young, hopes to sell all or part of the Zavvi business, which collapsed on Christmas eve.

The immediate closure of 22 stores across the country will lead to the redundancy of 178 employees.

Tom Jack, joint administrator from Ernst & Young, said: "Despite record consumer demand since Christmas it is no longer possible to support continued trading across all of the Zavvi stores."

"Unfortunately the current difficulties faced on the UK High Street seem to be discouraging

We intend to continue to trade the remaining Zavvi portfolio with a view to selling all or part of the Zavvi business as a going concern. So far we have received 60 expressions of interest

— Tom Jack, joint administrator from Ernst & Young

retailers from investing in a significant number of new stores.

"However, we intend to continue to trade the remaining Zavvi portfolio with a view to selling all or part of the Zavvi business as a going concern."

"So far we have received 60 expressions of interest which we continue to actively pursue."

John Lewis in Milton Keynes has announced that the branch saw an 8.5 per cent increase on 2007 in the week before and after Christmas. The store also reported a record first day during its clearance sale.

However, bookshop staff are facing redundancies after it was announced that jobs may be cut at Waterstone's.

Staff were called to a meeting on Monday morning and told there is a 90-day consultation on potential job losses. Forty-five people work in thecentre:mk and Midsummer

Place stores.

Meanwhile Winterhill-based Land of Leather went bust this week.

Five jobs are at risk if the company does not find a buyer.

Nearly 200 people are facing redundancy after Argos, whose head office is in Milton Keynes, announced that it will be making cuts this year.

Parent company Home Retail Group is looking to make 190 job cuts, reducing the 2,000 staff at the three city centre offices by nearly ten per cent.

Staff were informed of the consultation into redundancies on Monday.

In a statement, Home Retail Group said: "We will make every effort to minimise the number of redundancies necessary."

They anticipate that the consultation process will be completed by the end of February.

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Dan Magness giving a demonstration at Merebrook School last year

'Ginger' a triple world record holder

A FREESTYLING footballer has become a triple Guinness World Record holder.

Dan Magness, of Fuztton, was set the challenge to break three World Records at the launch of a Stony Bravia TV commercial in Turin, Italy.

First Dan, known as the 'Ginger Freestyler', attempted to break his

own existing record for the longest time controlling a football on the back which stood at two minutes 31 second. He easily met the challenge by clocking three minutes 10 seconds.

Next he broke the record for the most football rolls across the forehead which was only set a week earlier with 56 rolls.

And Dan managed an incredible 188 face rolls before he set a brand new record for the most number of touches to keep a ball in the air using only his shoulders.

The freestyler, who was once a member of Wimbledon's academy, was set a minimum of 50 to beat and he finished the day in style by totalling 251 touches.

Pet owner admits causing suffering

BY LAURA HANNAM

laura.hannam@mk-news.co.uk

A MAN has admitted leaving his dog in a hazardous environment after it cut itself on broken glass.

Stacey Thomas, 33, from Robins Hill, Coffee Hall pleaded guilty to two charges of causing unnecessary suffering to his black and tan mongrel named Babes at Milton Keynes Magistrates Court on Friday.

Janita Patel, RSPCA prosecutor, said the dog was found by a neighbour who heard squealing and yelping.

"She looked out of her window and saw the dog trying to climb out of the back door with its head out of a broken window pane," she said.

The neighbour found the property empty so went into the back

garden to help it.

She found it was 'incredibly thin' so called the RSPCA.

Inspector Dave Braybrooke attended and found the dog had cuts to its nose and paw and appeared to be suffering from muscle wastage.

There was broken glass on the floor of the house.

The dog was examined by a vet who said it was 20 per cent underweight, the court heard.

Mark Sookram, in Thomas' defence, said he had owned Babes for three years after rescuing it from a drug addict as he believed he could provide a better home with his two young children.

At the time of the offences he had arranged a trip away for a few days as it was the first anniversary of his mother's death.

The children were with their mother so Thomas had arranged for the dog to be looked after by a friend, but he admitted it is his responsibility if it did not get proper care during that time.

Mr Sookram added that Thomas did not realise Babes was underweight as it had always been thin and he thought it was its natural size.

Thomas pleaded guilty to causing unnecessary suffering to the dog by failing to seek veterinary treatment for its poor weight between March 5 and March 19, 2008 and to failing to provide it with an environment that was safe and free from hazard to protect it from injury from March 16 to March 19.

He will be sentenced by magistrates on January 30.

Woodhill winning battle against drugs

WOODHILL Prison is winning its battle against drugs.

Last week we ran a story which said that the governor Luke Serjeant did not think the jail has a problem with drugs.

We would like to clarify that Mr Serjeant does recognise that there is a problem with drugs at the prison.

He said: "Woodhill does have a problem with drugs and we are tackling it from every angle, working with those who want help in ending their addiction, and curbing the activities of those who want to continue using drugs or attempt to supply them to prisoners while they are here."

Last year the governor declared

war on illegal substances after one of his prison officers admitted attempting to supply drugs to inmates.

The prison monitors drug use with mandatory testing.

In November this stood at 4.75 per cent positive tests for the year, which Mr Serjeant believes is a remarkably low figure.

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Milton Keynes Partnership Committee Public Meetings

The next public meeting of the Milton Keynes Partnership Planning Sub-committee will take place on:

Date and time: Tuesday 27th January 2009 from 5.30pm

Venue: University Centre, 200 Silbury Boulevard, Central Milton Keynes MK9 1LT

For an agenda and more details of the meeting either contact the Committee Secretariat at the address below or view them five working days prior to the meeting on www.miltonkeynespartnership.info

Anyone wishing to address or submit questions to the Committee should contact the Secretariat in writing by 12 noon on Friday 23rd January 2009.

Milton Keynes Partnership Committee, CBX II 414-428 Midsummer Boulevard, Central Milton Keynes MK9 2EA.

E: committees@iltonkeynespartnership.info
T: 01908 353 636

Milton Keynes Partnership Committee has planning powers to determine major applications within the defined Urban Development Areas (UDA), which covers the expansion areas to the east and west of Milton Keynes and a small area to the north of the city.

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Last post sounds on 100 years of history

BY LAURA HANNAM

laura.hannam@mk-news.co.uk

THE last threatened post office has given up the fight for survival as it closed its doors yesterday.

Weston Underwood Post Office, which has been campaigning for a rescue package from Milton Keynes Council, shut up shop on Tuesday, January 13.

Mark Covington, whose family has run the village branch for more than 100 years, previously thought the post office would have a stay of execution by Post Office Ltd until the council's decision was finally made.

But over Christmas he found out this would not be the case.

As a result Mr Covington and local councillors have retracted their calls for the cabinet's decision not to intervene to save the branch to be reviewed by a scrutiny panel.

"We ran out of time," said Mr Covington. "Even if we were successful and did get it back to cabinet it would be months and months before they would get anything sorted and meanwhile we have lost our trade."

"After 117 years it is an end of an area, obviously for the family but also for the village."

"Our whole lives have revolved



Lord Denham (right) presents Pat and John Covington with flowers on the closure of Weston Underwood Post Office

around running the Post Office, it will leave a gap."

Cllr Peter Geary, ward councillor for Weston Underwood, said he is disappointed the branch was forced to close and will be asking

the council to look at the mistakes that have been made.

Five other branches have closed across the city – Little Brickhill, Conniburrow, Fishermead, Water Eaton and Fenny Stratford.

'Soulless' slur as Northants politico tells town residents to move to MK

A COUNCIL chief in Northampton has been criticised for telling unsatisfied residents to 'go to Milton Keynes'.

Cllr Tony Wood, leader of Northampton Borough Council, hit back at unhappy residents as they complained about Northampton on a local newspaper's live web chat.

One resident said people did not visit because it was 'depressing, dirty, full of poor-quality shops, numerous bars and amusement arcades'.

In response, Cllr Woods said the person should 'stop talking our great town down' and 'go to Milton Keynes if you like'.

Cllr Woods has told MK NEWS his comments were made in frustration, but admitted there is a rivalry between Northampton and Milton Keynes.

"Of course there is a rivalry between the two towns, but they are quite distinct from each other and can complement each other well," he said.

"We can both gain from each other's presence."

"Milton Keynes is a fine modern centre; our vision for Northampton builds on its rich history, heritage and culture."

"My own preference is clear," he added.

"I find MK efficient but soulless, give me Northampton any day."

These latest comments follow our story in August 2008, when city supporters hit back at the mayor of Northampton's comments ahead of the MK Dons versus Northampton Town football game implying Milton Keynes has an Ikea and no history.

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Russell Street, Stony Stratford, Milton Keynes
10:00 - 11:30 am

MONDAY

St Bernadette's Catholic Primary School
Tewkesbury Lane,
Monkston Park, Milton Keynes
5:45 - 7:15 pm

Portfields Combined School
Westbury Lane, Newport Pagnell
8:00 - 9:30 pm - **Circuits**

TUESDAY

Tickford Community Centre
Adjacent To Middleton Swimming Pool,
Tickford Street, Newport Pagnell
09:45 - 11:15 am

Bradwell Village Middle School
Walgrave Drive, Bradwell, Milton Keynes
6:00 - 7:30 pm & 7:30 - 9:00 pm

WEDNESDAY

Ashbrook First School
The High Street, Two Mile Ash, Milton Keynes
6:00 - 7:30 pm

Portfields Combined School

Westbury Lane, Newport Pagnell
6:30 - 8:00 pm
8:00 - 9:30 pm - **Salsa**

THURSDAY

Russell Street School
Russell Street, Stony Stratford,
Milton Keynes
6:00 - 7:30 pm

Simpson Combined School

Old Groveaway, Simpson, Milton Keynes
6:00 - 7:30 pm

Russell Street School

Russell Street, Stony Stratford, Milton Keynes
7:30 - 9:00 pm

Simpson Combined School

Old Groveaway, Simpson, Milton Keynes
7:30 - 9:00 pm - **Salsa**

Call Maria on 01908 749005

maria.burnell@rosemaryconley.com

SUNDAY

Shenley Brook End School
Walbank Grove, Shenley
Brook End, Milton Keynes
09:45 - 11:15 am

MONDAY

Fulbrook Middle School
Weathercock Lane, Woburn Sands,
Milton Keynes
6:00 - 7:30 pm - **Salsa**

Shenley Brook End School

Walbank Grove, Shenley Brook End,
Milton Keynes
6:00 - 7:30 pm
7:30 - 9:00 pm - **Salsa**

WEDNESDAY

Church Of The Servant King
Dulverton Drive, Furzton, Milton Keynes
09:45 - 11:15 am

Knowles Junior School

Queensway, Bletchley, Milton Keynes
6:15 - 7:45 pm - **Salsa**

THURSDAY

The Lord Grey School
Rickley Lane, Bletchley, Milton Keynes
6:00 - 7:30 pm - **Salsa**
7:30 - 9:00 pm

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Captain Jack and Thor en route to Timbuktu

Epic trip will raise funds for needy young carers' holiday

TWO city superheroes are off on a road trip to Timbuktu.

Dan Murphy (Thor) and Andy Rogers (Captain Jack Sparrow) will be travelling across two continents in a Jeep Cherokee – which has cost less than £100 – in a bid to provide a holiday of a lifetime to the neediest young carers in Milton Keynes.

The trip from Plymouth to Timbuktu in the heart of Africa is 4,100 miles.

Participants travel through Europe and Africa covering a multitude of terrain from British A roads to desert highways on a limited budget.

On arrival in Timbuktu the cars are donated to the Rotary Club Control Committee where all left hand drive vehicles are auctioned with the funds going to local worthy causes and the right hand drive vehicles are broken down for spares.

Dan, operations manager for thecentre:mk. "Trying to do the journey in a normal 4x4 would be a challenge, but doing it in one costing less than £100 will be very difficult.

"However, undertaking the journey in aid of MK Young



Dan Murphy and Andy Rogers ready for their epic journey to Timbuktu

Carers means there will be a tangible benefit to the local community in Milton Keynes."

MK Young Carers aims to provide free, confidential support and information to carers under the age of 16 in the Milton Keynes area.

Young carers are ordinary children or teenagers who take physical and/or emotional responsibility for another person which could be any family member.

A young carer may be involved in doing various tasks which might include helping someone get dressed, cooking, cleaning or be responsible for ensuring a person takes their

medication.

Hilda Kirkwood, manager of MK Young Carers said: "Challenges like this not only bring in much needed funds to MK Young Carers, but raise awareness of the work undertaken by young carers and the extra pressures these children are under."

The challenge has already raised £14,400 from local businesses which will go towards providing an awe inspiring break for some of the neediest young carers in Milton Keynes.

■ Keep up to date with the trip at: <http://thecentreforseriousheroes.webs.com>

Challenges like this raise awareness of the work undertaken by young carers and the extra pressures they are under

– Hilda Kirkwood, manager of MK Young Carers

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This sporting life

Schoolkids can try out activities in Middleton Hall exhibition

BY LAURA HANNAM

laura.hannam@mk-news.co.uk

AN interactive exhibition in the shopping centre is to celebrate Milton Keynes' sporting past.

The two day event called OurPlace:MK, on Tuesday and Wednesday, January 20-21, is presented by the Living Archive.

It will focus on the many different aspects of sport and leisure heritage that the city has watched, taken part in and lived through over the last 100 years or more.

The exhibition, in Middleton Hall at thecentre:mk, will feature an 'activity area' where schoolchildren can try out a range of sporting activities including football skills with expert coaching from MK Dons, korfbal, rugby, and basketball.

Visitors can also take the Cycle Challenge on a cycling simulator, or try their hand at raising the sail on a boat.

Other displays will include Roman re-enactors showing gladiatorial combat moves, Bollywood dancing, gymnastics and cheerleading.



Stantonbury St Peters FC 1922: They changed in an old railway carriage

The exhibition will feature personal stories of achievement in the area, such as that of Dorothy Scouler from Deanshanger who won a gold medal in the Olympics in Sweden in 1926 and Pete Winkelman's determination to bring league football to the city and build stadiummk.

On Tuesday, January 20 at 5.30pm the Mayor of Milton Keynes, Cllr Jan Lloyd, will attend a special reception at the exhibition where she will give a speech on how Milton Keynes' own heritage and development has been linked to sport and leisure.

This will be followed by a performance of street dance from local group Variations and a display

from MK Springers Gymnastics Club. There will be a demonstration of a korfbal match on Tuesday at 3.45pm and Bollywood-style dance routines at 4.30pm on Wednesday.

The event, sponsored by thecentre:mk, Routeco, Milton Keynes Council and The Homes and Communities Agency, is open both days from 9.30am to 6pm and is free for everyone.

Exhibitors include The Parks Trust, Destination Milton Keynes, The Badminton Museum, Living Archive and Bletchley Park.

■ For more information call the Living Archive on 01908 322568 or e-mail admin@livingarchive.org.uk

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Please visit our website for further information:

www.wootton.beds.sch.uk > home > information > news & events > sixth form





'Ello John want a new motor?

PETROL heads are in for a treat at the centre:mk from tomorrow.

The Motor Show in Middleton Hall runs until Sunday and as ever will feature a host of latest models and dealerships.

Dealerships and models include Souls Motor Group: Mitsubishi, Fiat, MG, Proton and Subaru.

Also at the exhibition are Citroen, Toyota, MK Hyundai and MK Kia.

Pub landlord is cleared of assault on customer

BY LAURA HANNAM

laura.hannam@mk-news.co.uk

THE landlord of a village pub has been cleared of causing grievous bodily harm to a customer.

Paul Becks, boss of the Lowndes Arms in Whaddon was found not guilty by a jury at Aylesbury Crown Court on Wednesday after a three-day trial.

The 41-year-old, from High Street, Whaddon, was charged with an assault which left 52-year-old Steven Bailey with serious head injuries outside the pub on Saturday, August 4, 2007.

Mr Becks pleaded not guilty to the offence.

The court heard Mr Bailey was removed from the restaurant at around 8.30pm after being abusive to staff.

He was found led on the pavement outside shortly after with injuries to the back of his head, swelling damage to his lip and a broken ankle.

His head injuries were so severe he needed two operations and suffered brain damage.

Four pub regulars who were in the bar that evening claimed they overheard Mr Becks say he had 'sorted it

out' and punched the man on the nose.

Suzi Chandler said Mr Becks appeared to wash his right hand under a tap behind the bar and 'looked upset'.

Another customer, Paul Dormer, who was in the pub's beer garden, said he saw Mr Becks 'jab [Mr Bailey] on the chin' and he fell back and hit his head against the pavement.

Kate Mallison, for the prosecution, put to the jury that Mr Becks did not intend to inflict such serious injuries but was exasperated by Mr

Bailey's behaviour and struck him.

Dingle Clark, in Mr Becks defence, said Mr Bailey, an alcoholic, had been seen staggering and apparently drunk and could have tripped on the curb, fallen and injured himself.

Mr Becks claimed he went back into the restaurant after Mr Bailey was escorted out of the premises by one of the pub's chefs and when he returned to check what was happening Mr Bailey fell into his arms already injured.

The jury returned a not guilty verdict after two hours of consideration.

ADVERTISEMENT FEATURE



DIY wedding success

by Kristie from HobbyCraft

A 'do-it-yourself' wedding is one sure fire way to personalise your big day with the chance to make some significant savings - and you don't even have to be crafty!

For my wedding last year I got stuck into making everything from invitations to table plans, saving myself hundreds of pounds and having lots of fun with friends and family who rallied round to help me.

Join me in this column over the next four weeks and I'll show you how you can create your perfect wedding and make some big savings too.

Invitations are a good starting point and a great example. Whether you use an invitation kit or make cards to your own design, there are lots of ways to create gorgeous and unique invitations at a fraction of what it costs to buy them ready-made.

You don't even have to be creative. Modern materials like ready made card blanks and embellishments mean it's never been so easy to make cards.

For design ideas just look around you - in card shops, magazines and books. Just bear in mind that if you are making lots then keep the design simple. If in doubt stick to the golden rule: 'less' is 'more'.

For materials, it's always worth visiting a specialist store like HobbyCraft - the modern day equivalent of an Aladdin's Cave for all things card making and creative, and it's all under one roof!

With more than 400 card blanks (from single cards to multi-packs), and papers in a huge choice of colours and special finishes, 700 rubber stamps and pads, hundreds of outline stickers and thousands of embellishments, HobbyCraft simply oozes inspiration.

They even sell 'magnets' which can be stuck to the back of your invitations so that they double as 'save the date' reminders on the fridge.

You can also help yourself to free step-by-step projects on a whole host of creative wedding ideas, from making invitations and table plans to favours and tiaras.

If you've lots of cards to make my tip is to set up a mini production line and enlist friends and family to help. Above all, remember that there is no right or wrong way to make a card and whatever you make is sure to be appreciated. So experiment and have fun!

To imagine, make and create your own perfect wedding, visit HobbyCraft at Central Retail Park, Milton Keynes. For more inspired ideas and a copy of the creative wedding check list visit the Ideas Library at www.hobbycraft.co.uk

Next week: Here comes the bride, the groom and their guests!



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Beating the property blues

If you read the headlines you'd be forgiven for thinking that 2009 will bring nothing but woe for homeowners; falling house prices, less mortgage choice and fewer house sales all seem to suggest another difficult year for the housing market.

However, it's needn't be all 'doom and gloom'; for the canny homeowner there's still plenty of opportunities to make some smart moves. Whether you're looking to spend a bit of money on your property or looking for ways to tighten the household finances and free up some extra cash now's a good time to look at your options. Especially if you're one of the people now looking to stay in your current property for a while and develop its full potential, either to get the most out of it whilst you're there or to be ready for when the market picks up again.

So what are the parts of your home worth spending some money on? The internet is awash with sites suggesting that adding more space to your property is the single biggest thing you can do. It could be through building an extension, a loft conversion or even a conservatory. Yet, it's not just the big building projects that can help make a home more enjoyable for you or more desirable for buyers. New kitchens and bathrooms are known to be high-impact rooms that make a difference, plus it's vital not to forget the opportunities that exist outside the four walls - many people consider a well-appointed garden to be equally important as the interior space. Other popular home improvements include adding a garage or parking space and installing double glazing - proof that there's a wide range of options for people to ponder.

For those homeowners looking less at the investment and more at being smart with their monthly finances there's plenty of things to consider. The biggest expense people are likely to face is their mortgage so it pays to do your homework. Az Alibhai, Post Office's Head of Lending, explains that paying attention to the details can save a lot of money 'People can get carried away with focusing on a low rate and forget that things such as the arrangement fee and the revert rate can really increase costs over the life of the mortgage.'

Some products that offer great rates can also carry big product fees - often calculated as a percentage of the loan, sometimes as much as 2.5%. That could mean a fee of over £3,000 on the average mortgage - it's no wonder people can find it hard to determine what mortgage deal is right for them.

For Az Alibhai it's all part of the reason Post Office chose to start doing mortgages, 'We're meeting the need for more straightforward, simple mortgages that provide good initial and long-term value with no hidden charges along with loans for up to 90% of the property's value. We do not believe in offering headline grabbing initial rates that are inevitably coupled with huge fees and high reverting rates'

Of course, homeowners should also look to the other household bills, where a change of supplier could bring lower costs. It's also another area where the Post Office is keen to play a role for people. They've recently appointed hundreds of Financial Services Specialists to be on-hand in branches provide information about all the Post Office financial products, from mortgages to car insurance. What's more they are in special areas away from the counters which all helps make the Post Office a genuine alternative to just going to the big banks and building societies.

So whether it's fitting a top-of-the-range kitchen or slashing the household bills opportunities do exist for homeowners to put themselves on a better footing for either the future or the present. What's more, the start of the year is as good a time as any to get things sorted.

Please note, Post Office® mortgages are provided in conjunction with Bristol & West Mortgages a trading name of the Governor and Company of the Bank of Ireland. Borrowers for the standard mortgage must be 18 or over. The minimum age on other mortgage types is 21. Your home may be repossessed if you do not keep up repayments on your mortgage.



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School team top class

BY LAURA HANNAM

laura.hannam@mk-news.co.uk

WYVERN School has been rated 'good' by Ofsted inspectors.

Staff and pupils are celebrating the outcome of the recent report, which judged the Wolverton infant school to be 'a good school whose pupils are enthusiastic about all the staff offer them'.

It adds: 'The teaching is never less than good throughout early years foundation stage and years one and two, with some that is outstanding.'

Wyvern headteacher Steve Hopkinson said: "The report is one we can feel extremely proud of and is a credit to the hard work of children, staff and governors."

"It justifiably praises the outstanding work done to promote the children's personal development and well-being, the quality of the curriculum, our work with partners, developing equal opportunity, leadership at all levels and the



Thumbs up from pupils of Wyvern School whose hard work, together with staff and governors, led to a 'good' Ofsted report

superb behaviour of the children."

The school's chairman of governors, Jackie Buckingham

Shum, thanked all the staff and pupils for their continued and sustained hard work.

"It really is a team effort and

we are looking forward to building on our successes," she said. "It is a brilliant snapshot of an outstanding team."

Technology achievements recognised

SHEPHERDSWELL School in Springfield has become the only school in Milton Keynes to hold the ICT Mark, a national accreditation that gives schools recognition for their achievements in reaching a standard of maturity in their use of technology.

The ICT Mark recognises schools using technology to improve the overall effectiveness and efficiency across all aspects of school life, including pupil assessment, teaching

and learning, the development of staff, leadership and management.

Sandie Jenner, headteacher at Shepherdswell, said: "We are thrilled to receive the ICT Mark. We know that using ICT really engages our children with their learning."

Lead member for Children at Milton Keynes Council, Cllr Sandra Clark, said: "This is excellent news for the pupils, staff and parents of Shepherdswell School."

"Technology plays an important part in every child's learning and has a huge impact on pupils' motivation and engagement with learning."

"I hope their success encourages other schools in the city to show their IT achievements by applying for the mark."

The ICT Mark is awarded by Becta, a Government agency that aims to promote effective use of technology in learning.

Schools must go through a self assessment framework

and an assessment by a Becta accredited assessor before being awarded the mark.

Shepherdswell was supported throughout the process by Milton Keynes Council's e-learning consultant.

Since the ICT Mark was created in 2006, over 1,000 schools across the UK have received accreditation, with more than 800 primary and 180 secondary schools succeeding in using technology to raise standards and improve results.

■ Do you have an interesting story about your school or college?

Contact the newsroom by e-mail at education@mk-news.co.uk or by phoning the newsroom on 01908 689595

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City police force tops for gays and lesbians

THE city's police service has been ranked among the top 50 employers for gay people in the UK.

Thames Valley Police, which covers Milton Keynes, was listed 48th in the 2009 Workplace Equality Index by the charity Stonewall.

The index, published last Wednesday, asked employers ranging from councils to super-

markets about their equality policies, recruitment practice and how they engage with lesbian and gay staff and customers.

Superintendent Pete Davies, the force's head of diversity, said: "This ranking is a real achievement and sends out exactly the right message both to current and potential employees who are gay."

Mediators on alert for 'big split' week

IT'S D-Day for couples this week.

According to experts this week will be the busiest for people wanting a divorce with family solicitors, marriage

counselors and specialist mediators in demand.

It follows the hangovers, the family fall-outs and the credit card bills that Christmas brought.

And this year will be the worst ever according to Jane Robey, chief executive of the charity, National Family Mediation.

The charity has an office in Acorn House on Midsummer Boulevard.

Mrs Robey said: "Christmas is always a difficult time for couples on the edge. Many people get through for the sake of the children, but then want to make a new start.

"This year add the pressures of debt and the possibility of redundancy brought on by the credit crunch and you've got an explosive mixture".

National Family Mediation runs 51 not-for-profit centres throughout the UK offering couples who've decided to separate an alternative to the traditional call to a lawyer.

"We've put our professional mediators on high alert. Sad to say, we really do think this year will be the worst we've seen."

Last year 320,000 couples split up – half of them married. Ms Robey says couples should bear in mind that the expense of separating can easily add to already heavy debt burdens – and even more important, the effect warring parents can have on their children.

She added: "The extra costs of both parties getting a lawyer can seriously reduce the money available to make a fresh start. The average cost of a lawyer - based divorce is £20,000 per couple. With us it's just £2,000. And remember, we achieve an amicable settlement in 80 per cent of the cases we handle.

What's more we can prove our way is much less harmful for the people who really suffer - the children."

■ For further information contact the Milton Keynes Family Mediation Service on 01908 231293.

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Docs' phone line cuts surgery visits

GPs are handling hundreds more patients a week as a result of efforts to relieve demand on appointments.

A new scheme has been implemented at Westcroft Health Centre allowing patients to speak to a GP on the day they phone the health centre.

The GP asks detailed questions in order to make a professional decision about whether an appointment is required.

If the patient has a minor ailment, after a discussion the GP may suggest that they visit their local pharmacist for advice about an appropriate over-the-counter medicine or make an appointment with a

nurse.

Since the system was implemented on December 1, the GPs were able to hold 1,100 patient contacts in the first week, rather than 730 under the old system.

The number of patients failing to turn up for their appointments has also fallen dramatically.

Dr Ahmad, a GP at Westcroft said: "The partners at Westcroft Health Centre are very pleased that the new system is working well.

"The new system is about making the best use of the available resources; we want to make sure that every patient receives the best possible care."

Firefighters rescue dog walker from frozen lake

A WOMAN was rescued from a frozen lake after walking on ice to save her dog.

The 33-year-old was in the freezing water for around half-an-hour before firefighters managed to pull her to safety.

Emergency services were called to Blue Lagoon nature reserve in Drayton Road, Bletchley by a passer-by on Thursday.

The lake, which is 18 metres at its deepest points, is used by Milton Keynes Sub Aqua diving club.

Station manager Nick Honor said: "We believe the lady's dog entered the water and she thought it had got into a bit of trouble. She tried to assist it and went through the ice and became stuck in the frozen lake."

The firefighters threw two

rescue lines to the woman but she was too weak to hold them.

She was finally rescued 15 minutes after their arrival using an inflated hose, which can float on the water.

She was taken to hospital.

The dog, which climbed out of the lake when the woman was rescued was taken to a vet.

Mr Honor warned people not to walk out onto ice, even to save pets.

"As much as you may like to go and rescue pets it is much better to call us rather than put yourself at risk," he said.

"I also recommend that dog owners try to keep their animals under control and perhaps have them on a lead when walking close to frozen water."

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MKANNOUNCEMENTS

Birthdays

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Curt, Sylvia,
Elizabeth &
Michael
xxx

**LAURA KATE NICHOLAS****Happy 18th Birthday**

15th January 2009
Lots of love
Mum, Dad, James & Amy
xx

ANTHONY MASIH**Happy 18th Birthday**
15th January 1991

With love Mum, Dad
and Aaron xxx

**ANTHONY ROBSON****Hope you had a fantastic 18th Birthday**

Love and best
wishes from
family and
friends

CARMELA TUCCI**50**

Anni Auguri da tuo
Padre Michele, tuo
marito urbano e tuoi
figli Giovanni Maria
Lucia Michelina

WAYNE PRITCHETT**Happy Birthday on 16th January**
Congratulations and best wishes on your 40th

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Mum and all the family.

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Pupils celebrate completing the Playing for Success programme

Footy a confidence booster for kids

FOOTBALL has been helping schoolchildren gain in confidence.

Pupils from four schools have been celebrating after completing the innovative Playing for Success programme run by Milton Keynes Council and the MK Dons.

They were officially congratulated last Monday night during an awards ceremony with special guests Dons chairman Pete Winkelman and the club's Community Player of the Year, Paul Mitchell.

Loughton, Heronsgate, Simpson and Summerfield schools are the latest to take part in the programme which offers exciting after school activities in a unique centre at the stadiummk.

Playing for Success is a ten week programme that focuses on raising attainment and confidence in pri-

mary and secondary school pupils by using football as a theme.

Pupils learned about healthy eating with the club physio, brush up on their listening and writing skills by interviewing assistant manager Eddie Newton and bring out their artistic flair with a Christmas card making competition.

They also enjoyed a number of visits from first team players and other influential staff from the club, such as the press officer, head groundsman, and director of the youth academy.

Lessons take place in the state of the art Playing for Success Centre at the stadiummk, which was developed by the council and football club in the early planning stages of the Stadium's construction.

Alison Varty, Year 5 Teaching

Assistant at Loughton School said: "Each week the activities were designed not only to be fun but to help the children achieve a number of personal goals. Individual improvements have been made in a number of areas including handwriting, IT, team building and listening skills. Above all each child has gained self confidence."

Pete Winkelman added: "MK Dons is more than just a football club, we are part of the community. We are proud to partner Milton Keynes Council in this exciting programme and delighted to see the results it has produced."

Fourteen pupils from four schools take part each term. Over 400 pupils have benefited so far.

■ To arrange to visit the Playing for Success Centre, contact Clair Thomas on 01908 253887.

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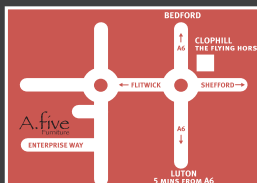
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Don't miss out on Cash for Trash



Clockwise from top left: Mrs Miles from Medbourne, Mr J Francis from Wolverton, Mrs Gerry Johnson from Newport, Charlie Morris from Bletchley

Above left: Mrs Hearne with Amy and Holly from Monkston. Right: Jane Murray and Matthew from Middleton

Collection days are back to normal

Cash For Trash

More chances to win money each week. £100 could be yours just for recycling.

Cory Environmental, who collect MK's recycling, have pledged £100 per week in prize money in addition to the £100 provided by Community Waste Ltd.

With two £100 prizes up for grabs each week, there's no excuse not to recycle!

www.milton-keynes.gov.uk/cashfortrash

CASH for Trash, the council's incentive scheme rewarding residents who recycle, is now back following a short break over the holiday period, offering two weekly prizes of £100.

Refuse and recycling collection days, which were affected by the holidays, are now also back to normal.

All winners are chosen at random and if the selected household has pink recycling sacks or a blue box containing the correct items

on the property boundary by 7am on collection day, they win £100.

But if the chosen house has no recycling outside (please do not put your pink sacks in a pile with your neighbours'), or if we find non-recyclable items in the pink sack, we will move on to the nearest recycling neighbour – so make sure you don't miss out.

A knock on your door early in the morning on your waste collection day could mean members of the council's recycling team have come to give you cash.

The prize money is donated by Community Waste Ltd, which runs the council's

recycling facility in Wolverton, and also by Cory Environmental, which collects your refuse for the council.

Pictured here are some of our recent winners. We've been out and about in Bletchley, Wolverton, Middleton, Newport Pagnell, Monkston and Medbourne. So you never know when we could be in your area!

■ To find out more about the Cash for Trash scheme, see a gallery of some of our previous winners and to check out the rules in full, visit: www.milton-keynes.gov.uk/cashfortrash



Run out of pink recycling sacks?

MK Council provide one roll of 52 sacks per year but if you're a keen recycler this may not be enough. Additional FREE rolls of pink sacks can be picked up at council offices, libraries and most Co-ops.



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SQUAD 3 (11 to 14 years old)

- Sportsleaders awards, recognised national award developing youngsters communication, organisation safety awareness and co-operation with others.
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SportsCoach Milton Keynes is operated and supervised by Chris Watson, contact Chris on 01234 218962 or via e-mail on miltonkeynes@sportscoach.co.uk for more information or to book in your child free taster session.

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MK'S TOP COP ON VIOLENT CRIME IN THE CITY

In my opinion MK is a safe place. I wouldn't live here or bring up my children here if I didn't think it was the case

759 woundings, 2 gun injuries, 914 assaults, 50 rapes and 28 stabbings

— a year of crime in Milton Keynes

BY JESSICA GANNETT
A PROTEST at a town's crime in Milton Keynes has been described as a 'newspaper headline'.

Headline that alarmed Mr Baldwin

JUST before Christmas this newspaper ran a story on violent crime in Milton Keynes, highlighting some statistics in a headline in red.

I was a little alarmed at how this may have raised fear among some people in MK. As a result I have been invited to write this short piece on violent crime in MK.

The figures themselves were largely accurate although some were taken from hospital data and don't necessarily relate to injuries as a result of crime.

That said, I am interested in how safe you, the people of MK, feel.

You may have heard the line 'there are lies, damn lies and statistics' and I understand the sentiment!

It's true that on many occasions numbers can be used to support many different opinions. When you read the following numbers and compare them to the previous headline (both of which are, by and large, accurate) you may form a different view.

CRIME	2007	2008	CHANGE PER CENT
SEXUAL OFFENCES (There were 10 more rapes reported in 2008 than 2007)	216	205	Down 5
SERIOUS VIOLENCE (This includes 34 injuries by knives and five discharges of guns in 2008 compared to 44 and 20 respectively in 2007)	87	57	Down 34
OTHER VIOLENCE (One third of this is domestic-related crime)	2,820	2,666	Down 5
TOTAL	3,123	2,928	Down 6

(In relation to gun crime all incidents involved air guns and in some cases there were no injuries. In relation to knives this data includes other bladed instruments and relates to all injuries, not just stabbings.)

In my view the numbers are less important, it's the people who matter.

In 2008 there were 195 fewer victims of assault and sexual assault than in 2007.

That is 195 people who have been able to go about their lives



Chief Superintendent Alan Baldwin: Head of MK Basic Command Unit

unaffected by those unsavoury elements of our society who can't behave in a decent fashion and who can't control themselves. That is what really matters.

It should also be pointed out that of these cases almost half saw the offenders being prosecuted. Again, this is an improvement on 2007.

I am extremely proud of what my officers and our partners are doing to combat crime, particularly violent crime, especially in a city that is growing at a faster rate than anywhere else in Europe apparently.

Finally on the point of numbers I should point out that these figures refer only to crimes that are actually reported to us.

If you are interested in the reported crime figures for your neighbourhood go to www.thamesvalley.police.uk, click on MK and then click on the map of where you live or are interested in and it'll tell you.

If you don't have access to the internet call 08458 505505 and ask to speak to your local neighbourhood team.

They'll be able to put you in the picture and if they are out fighting crime they'll get back to you if you leave a message.

Since I arrived in MK I made it clear that we would put protecting people, particularly vulnerable people such as children and the elderly at the very top of our list.

We don't of course get everything right and where we don't we apologise and try to put it right and learn from our mistakes.

We also, of course, deal with some elements of society who claim to be victims but do their utmost not to support our investigations. These are the facts of policing life I'm afraid.

In my opinion MK is a safe place. I wouldn't live here or bring up my children here if I didn't think it was the case.

I'm a Bucks boy and have seen the city grow since I was old enough to go nightclubbing at The Point in the mid-80s.

I'm afraid my dancing days are behind me now but I'm still equalled as excited about MK and all it has to offer.

Talking of going out at night, the city's pubs and clubs were bustling

over the festive period and New Year's Eve was our busiest 24 hours of the year out on the streets (as it is every year).

I'm pleased to say there were no life-threatening assaults but, again for those of you who like the numbers, we had 47 incidents relating to violence or aggression reported, about four times what would normally happen on a usual Friday or Saturday night in the borough and we made 20 violence-related arrests during the day and night.

A quarter of these incidents were domestic abuse cases and only 13 incidents occurred in the city centre.

As a result the call on our services was spread right across Milton Keynes and this meant my officers were indeed very busy that night, as were the team who came on in the morning and had to deal with all those in our cells.

It won't surprise you to know we were threatened, spat at, abused and assaulted as usual.

Again though this was by a minority of people at the lower end of the spectrum of civilisation who were unable to control themselves after having had a drink or two or indeed unable to deal with family pressures during the festivities.

I was in the cell block in the morning on New Year's Day to see a dozen or so people coming round, feeling very poorly and, on the odd occasion, remorseful.

My main aim is to keep you posted on how things are going from a police point of view.

I need this to be a two-way conversation though so I can understand how safe you feel and how you feel generally about policing in MK.

Only that way can I make informed decisions about how we police MK.

Please contact me if you have any views you wish to share.

E-mail: alan.baldwin@thamesvalley.pnn.police.uk

Do you agree with Chief Superintendent Baldwin? E-mail your views to letters@mk-news.co.uk or write to The Editor, MK NEWS, 1 Diamond Court, Fox Milne, Milton Keynes, MK15 0DU.

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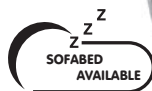
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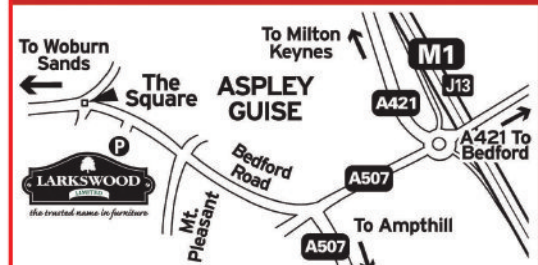
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Stars hook up with Henry

THE stars came out in force to see Peter Pan at MK Theatre.

Last Thursday Henry Winkler who played Captain Hook in the panto which ended on Sunday was visited by his friend American acting legend Steve Guttenberg.

The Police Academy star, who was in panto himself in Croydon, came to watch the matinee performance before going for an Italian meal with his buddy.

Other stars that have visited the show which also starred Louisa Lytton included Zoe Ball, Vernon Kaye, Tess Daly, Suzanne Shaw and Rachel Stevens.

Star gathering: Steve Guttenberg meets up with his friend Henry Winkler and other cast members of Peter Pan – Louisa Lytton and Amanda Salmon



MKNEWSBRIEFS

Free health and safety advice

MILTON Keynes businesses will be able to get free expert advice at a major health and safety seminar being held in the city.

Experts from Milton Keynes Council, the local Health & Safety Executive and the fire service will run the event, at the Winterhill Conference Centre on January 28.

They will be on hand to answer questions and give practical demonstrations on topics such as road safety, fire risks, musculo/skeletal disorders (such as back pain) and other occupational health problems.

It follows from a very successful event run last year called 'Healthy Workplaces MK' as part of a joint project between the council and the HSE.

Jenni Trigwell, an MKC Environmental Health Officer, on the Healthy Workplaces MK Team, said: "It's free, and for an investment of half a day it will give a very good return, advice and training which could quite literally be a lifesaver."

For further details on how to book a place and details of the timetable, please ring (0845) 408 9570, or email contactus@healthyworkplacesmk.co.uk.

Small businesses unable to attend the seminar can still contact the team for free health and safety advice by phoning the same number 0845 408 9570.

Asbestos cancer death

A RETIRED electrician has died from an illness caused by asbestos.

Gordon Edwin Weston, from Telford Way, Blakelands, died last Tuesday on ward eight at Milton Keynes Hospital.

The 86-year-old was diagnosed with mesothelioma following a biopsy in October last year but doctors believed he would have at least 12 to 18 months to live.

An inquest into the death was opened at Milton Keynes Coroners' Court on Friday.

Mesothelioma is a terminal cancer which can affect the lining of the lungs and can be caused by exposure to asbestos.

According to figures from the Health and Safety Executive, 4000 people die of asbestos every year in Great Britain and the HSE is trying to raise awareness of the risks to tradesmen such as plumbers and electricians.

A full inquest into Mr Weston's death will be held in May.

The medical cause of death was given as bronchial pneumonia, linked to his illness.

MP's Gaza ceasefire call

CITY MP Phyllis Starkey has joined fellow MPs to condemn the 'slaughter' of Palestinians in Gaza.

As the violence continues in Gaza, Dr Starkey, MP for Milton Keynes South West, has signed her name to an open statement which calls for an immediate ceasefire.

The politician describes herself as a long-time supporter of the Palestinian community and joins more than 50 other MPs to sign the statement, which also requests an embargo on the supply of military equipment to both sides and for urgent intervention by the international.

Dr Starkey said: "Israel's continuing massive military strikes on Gaza are an outrage that the international community must not allow to continue."

"I will do my utmost at Westminster to speak out for justice and human rights for the Palestinians and for a just settlement of the conflict."

Lifesaver 40 years old

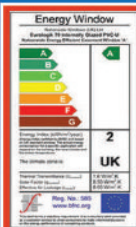
THE fire service has paid tribute to the smoke alarm as it celebrates its 40th anniversary.

The first battery-operated home smoke alarm was patented by Americans Randolph Smith and Kenneth House in 1969.

Terry Ridgley, Buckinghamshire Fire & Rescue Service's community safety manager, said: "The advent of the smoke alarm has been one of the most important technological events in recent years."

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Aim to get workers fit in lunch breaks

BY LAURA HANNAM

laura.hannam@mk-news.co.uk

EMPLOYERS are to encourage their staff to get fit during their lunch hour this January.

A variety of activities are being organised across Milton Keynes in a push to get people healthy, such as walking, cycling, ball games, dancing, aerobics and martial arts.

The January – Everyday Activity Month campaign, run by Milton Keynes Council between January 6 and 30, aims to encourage the city's adults to pursue a more active lifestyle as their New Year's resolution.

Milton Keynes Primary Care Trust, one of the first employers to get involved in the campaign, will see its employees practising dances such as zumba and salsa during their lunch breaks, in addition to trying out tai chi, a form of martial art involving meditation and relaxation.

Other activities across the city will allow adults to improve their fitness by walking and for those who have never learnt to cycle to do just that.

A free session of Buggyfit, a combination of brisk walking and simple strengthening exercises will be available to all new mums as a



Aerobics is just one of the fitness activities being promoted by MK Council

perfect way to keep fit and a variety of sports clubs will be giving adults the chance to retry those sports they did at school or try something completely new, from korfbal to martial arts and netball to trampolining.

Plus the Active for Longer campaign, targeted at older residents, aims to encourage their involvement in sports activities such as bocce, an activity likened to French boules but played sitting down, chair pilates and seated aerobics.

Kirsty Heath, co-ordinator of the

campaign, said: "January is always a great time to kick-start an active lifestyle. With our activities, Milton Keynes adults of all interests and abilities will not only have a great opportunity to get fit, but also spend quality time while exercising in a friendly atmosphere."

Most of the activities are free, however some of the exercises will involve a minimal charge.

For more information call Kirsty Heath on 01908 254456 or e-mail kirsty.heath@milton-keynes.gov.uk

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Year 6 (age 10+)

Tuesday 27th January 2009

Senior School

Years 7, 8 & 9 (age 11+, 12+ and 13+)

Saturday 17th January 2009

Informal group interviews take place during the week commencing Monday 12th January 2009.

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OUR PLACE MK: Sporting and Leisure Heritage

20 - 21 January
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This is your chance to see how sport and leisure has developed in the Milton Keynes area, shaping and influencing our lives and the city as we know it today. There will be demonstrations of various sports like Korfball, Football and Rugby and other leisure activities, plus an amazing display of historic photographs and memorabilia from the Milton Keynes Heritage Association.



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MKLIFE FILMS

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THE WRESTLER (15)

Mickey Rourke, Marisa Tomei, Evan Rachel Wood, Mark Margolis, Todd Barry
From Friday

RANDY 'The Ram' Robinson (Rourke) is a professional wrestler whose glory days are long gone. Still working small-time, his body says 'enough'. He retires, finding love (with Tomei) and making peace with his alienated daughter (Wood). But is it all too late?

SEVEN POUNDS (12A)

Will Smith, Woody Harrelson, Rosario Dawson
From Friday

HOLDING himself responsible for an accident that resulted in tragedy, IRS man Ben Thomas (Smith) sets out to help seven strangers who become part of his redemption plan. What he doesn't count on is that he begins to grow close to one of them, dying cardiac patient Emily Posa (Dawson).

BEVERLY HILLS CHIHUAHUA (U)

Jamie Lee Curtis, Drew Barrymore, Andy Garcia
From Friday

CHLOE (Barrymore), a pampered Beverly Hills chihuahua, gets lost while on holiday in Mexico and must enlist the help of friendly pooches to escape the dognapper and get home.

MY BLOODY VALENTINE 3D

Jensen Ackles, Kerr Smith, Jaime King
From Friday

TEN years after causing a mining accident which drove a man on a vengeful murderous rampage, Tom returns to his home town to find his wife married to his best friend and a copycat killer again terrorising the town.



Mickey Rourke stars as played-out grappler Randy 'The Ram' Robinson in *The Wrestler* – from Friday

THE BROKEN (15)

Lena Headey, Richard Jenkins
From Friday

WHEN Gina McVey (Headey) suffers brain damage in a car accident she starts imagining her family are not themselves, spiralling her further and further from reality.

CLUBBED (18)

Colin Salmon, Mel Raido
From Friday

A LONELY factory worker decides to

change his life, training to become a bouncer and plunging himself into the violent world of 80s clubland.

DEFIANCE (15)

Daniel Craig, Liev Schreiber, Jamie Bell, Alexa Davalos, Allan Corduner, Mark Feuerstein
Now showing

BELOUSSIA, 1941. Fleeing the Nazis, the Bielski brothers, Tuvia (Craig), Zus (Schreiber) and Asael (Bell), find refuge in the forest. Fellow

survivors help create an alternative community, while occasionally striking back at their oppressors.

BRIDE WARS (PG)

Anne Hathaway, Kate Hudson
Now showing

LIV (Kate Hudson) and Emma (Anne Hathaway) are always there for each other. Together they plan their weddings, but a clerical error and subsequent clash in wedding dates pits the two brides against each other.

FILM REVIEW DEFIANCE

DEFIANCE is based on a true story account of Jewish brothers who escape the Nazis before going on to form a resistance community in the Belarussian forest.

Willing to help as many fellow exiles as possible, Tuvia (Daniel Craig), Zus (Liev Schreiber), and Asael (Jamie Bell) formed what eventually came to be known as the Otradi, a mobile community that grew to encompass 1,200 Jewish refugees.

Edward Zwick's film, has received mixed reviews and has been criticized as being a 'glossy, formulaic summary of every WWII, Nazi-related movie ever made'.

Personally I wouldn't want to get that critical about this film, partly because I think it's very emotive and tricky territory and partly because it's not that bad as a piece of work.

Craig is always a watchable and talented actor although his accent is a bit on and off in this.

Zwick and Clay Frohman's screenplay doesn't avoid tough questions. Tuvia must ask who is worthy of being saved, and how many individuals can be assisted before it starts endangering the larger community.

Yet, as in his past films, we can actually see Zwick reaching out to push the emotional buttons.

That said, as a true story about the experiences of a small community, the film is still watchable and well put together, although in terms of highlighting the deeper issues involved, there are much better movies.

PAUL STEPHENSON

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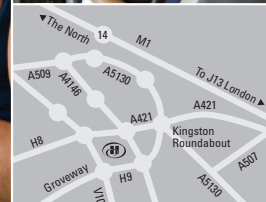
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Life gym, but not as we know it

TRAINING LIFE

SO how is your New Year's resolution working out?

Chances are that you or someone you know has made a solemn promise that they will either get in shape, improve their diet, or do more exercise.

I have never been anxious about my fitness but an invitation landed in my inbox just before Christmas from a new personal training service in Milton Keynes.

Of course, there are more unusual resolutions and a check around the MK NEWS office threw up some interesting responses – 'see more of England', 'learn the accordion and, outrageously, 'have more fun'.

But as the New Year dawns, getting into shape represents the epitome of optimism for most Brits and I was ready to join them, regardless of my hatred for the gym.

As I entered the HealthPro Personal Training centre, in Linford Wood East, I was sure that my weekly football match would work in my favour.

I had however eaten copious amounts of meat, nuts, chocolate and shortbread over Christmas and my belly had grown.

The enthusiasm of my personal trainer, Kriss Tottman, was immediately contagious.

We began by checking my goals, to tone and condition my stomach and chest, but I could have chosen specifically to lose weight, improve my fitness, or body-build.

By the end of my personal consultation it was clear that I would need to address my fitness, diet and posture to achieve my goal.

Kris said: "People usually stick it out at the gym for two or three weeks but your diet has to work with your exercises."

"A lot of people assume that they just need to diet but it's about your whole lifestyle and you can't use the same time-scale for everyone."

"You will require more protein and building blocks."

By far the most concerning part of my consultation came when my posture was assessed.

I was asked to take my shoes off and stand with my heels against the wall and relax.

As the taste of Christmas left-overs becomes a distant memory, hundreds of people in Milton Keynes are signing up for the gym in an effort to lose their festive flab. MK NEWS reporter ROB GIBSON has enlisted the help of two fitness experts to see through his resolution for 2009

Kriss studied my posture closely, the way I held my shoulders, my back, my legs and my head.

Apparently my serratus anterior is inactive and it's worse on my left side, I have a tight pec minor, my scapular is winging and my pelvis is tilted to the left.

In English, this means that some of the muscles around my shoulders and back are weak and some are tight, creating hunched shoulders, a weak core unit and a lack of tightness in my bum. The cheek!

While I was congratulated for my straight back, the rest of my posture was so bad that Kriss thought I might have a history of serious injuries.

It was a real eye-opener and Kris will tailor my exercises and weights to stretch the tight areas and work on the weak areas.

"A lot of people don't even know they've got such bad posture," he said.

"Most people are resigned to having back problems but it can be solved by addressing your weak and tight muscles."

My training begins next week and you can follow my progress online at www.mk-news.co.uk

During January MK NEWS readers can receive a complimentary consultation at HealthPro, just mention the MK NEWS.

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MKLIFE MUSIC

THE STABLES 280800

C'MON EVERYBODY

Thursday, January 15, 8pm
A ROCK'N'ROLL party that's guaranteed to drive the January blues away!
Featuring an amazing band, complete with brass section and the legendary Chris "Fenderman" Black on guitar with his tribute to Duane Eddy also playing the hits of Eddie Cochran, Chuck Berry, Buddy Holly, Connie Francis, Brenda Lee, Bill Haley and Jerry Lee Lewis!
Tickets £16

THE SYD LAWRENCE ORCHESTRA

Friday, January 16, 8pm
THE best big band in the land brings you a concert packed with your big band favourites.
Tickets £19.50, £21.50

JANE TAYLOR

Friday, January 16, 8:45pm
WHEN a song called Fall On Me was played on Johnnie Walker's Drive-Time show on BBC Radio 2, he was inundated with e-mails wanting to know who this new singer-songwriter was, where they could find out about her, and most importantly would he please play more. That singer-songwriter was Jane Taylor, seen lately supporting the likes of Bill Wyman, Seth Lakeman, Jools Holland and Paolo Nutini.
Tickets £9.50 in advance, £11.50 on the door

THE GROUNDHOGS AND STRAY

Saturday, January 17, 2009, 8pm
CULT rock heroes The Groundhogs are an iconic blues and prog rock



MARK WATSON

outfit characterised by their screaming guitar solos.
Del Bromham's Stray have played every festival imaginable, supported the likes of Iron Maiden, Kiss, Rush, Mountain, Uriah Heap and Nazareth.
Tickets £14.50

All The Thoughts I've Had Since I Was Born
Tuesday, January 20, 8pm

ONE of Britain's most talked about comedians. He returns to the road with a brand new show where he describes his attempts to reclaim his sanity.

Tickets £15

KATHY MATTEA

Wednesday, January 21, 8pm
A COUNTRY singer who leans more towards the traditional, folksy strains of the music.
Tickets £19.50

Traditional, folksy country strains from Kathy Mattea

THE PITZ 660392



SIX POINT FIVE

Plus: Planet
Exit Venue
Charles Drew
Friday, January 16
ONE of the most popular local bands to have ever come out of Milton Keynes, ska, punk, rock kings Six Point Five formed from the ashes of 2ft High last year. Planet are busy recording their debut EP while still writing and putting together a short UK tour.
Tickets £7 Doors 7.30pm.

WE ARE THE OCEAN

Plus: Young Guns
My Emergency
Sunday, January 18
LONDON-BASED rockers We Are The Ocean are on the verge of huge things and are embarking on their first full UK headline tour before they head for Europe and then the States to record their debut album. Buckinghamshire based quintet Young Guns are also on the bill.
Tickets £7 Doors 7.30pm.

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Help out in the parks

PARK LIFE

FULFILL all your New Year resolutions simply by volunteering in your parks.

You can learn new skills, help others, meet new friends and improve your fitness simply by volunteering for The Parks Trust.

Volunteers play a vital role in caring for parks, they help monitor the parks, support events or take part in practical wildlife conservation activities.

The Trust has a huge range of opportunities available with something to suit everyone.

Volunteer Rover Rangers perform simple checks on sites that are local to them.

Since these checks can be completed at any time this opportunity is brilliant for those with busy lives.

Patrolling volunteers are assigned to carry out checks on signs, benches etc at a specific park and then report any defects to be dealt with swiftly and efficiently.

This is a great way to get regular exercise as well as helping your parks.

The Trust's 'Working for Wildlife' programme offers practical tasks to help wildlife throughout the year.

You could help to put up bird boxes, take part in a wildlife survey or get physical by clearing scrub to help ground nesting birds.

If you can't commit to volunteering regularly there are still plenty of ways you can help.

The Trust organises over 200 events each year and people are often needed for setting up events, car parking duties, litter picking or providing information.

If you're a former or retired teacher your skills are invaluable to us in reaching out to more school children in Milton Keynes.

Martin Kincaid, volunteer co-ordinator, said: "At The Parks Trust we're really lucky that our work covers many areas allowing us to work with individuals to identify what they'd like to do and how much time they can spare."

If anyone would like to help care for their local parks and kickstart their New Year resolutions contact the volunteer coordinator Martin Kincaid at The Parks Trust on 01908 233600 or visit www.theparks-trust.com



WINTER TREE IDENTIFICATION

Saturday, January 24
Campbell Park 10am-12pm or 1-3pm. £5.

DISCOVER the difference between trees without their leafy livery on this short course for adults. Booking essential call 01908 255 379.

WORKING FOR WILDLIFE

Sunday, January 25
Furzton, 10am-3.30pm. Free.

TRY the traditional country craft of hedge-laying. Meet at the end of Perracombe, Blackmoor Gate, Coldharbour Spinney.

PUSHCHAIRS IN THE PARK

Wednesday, January 28.
Howe Park Wood, 10-11.30am. Free.
MAKE a den, create giant artwork and much more. Outdoors whatever the weather, pushchairs optional, wellies a must.

DAILY LIFE

SUNDAY

CURVY Love Dogz at Woughton Leisure Centre. Live band in the theatre at lunchtime (1pm) - for more info see www.lovedogmusic.co.uk Free entry, families welcome.

HAYDN Bicentenary Celebration. Milton Keynes City Church. 7pm pre-concert talk. 7.45pm Concert. Cornerstone Chamber Orchestra conducted by Adrian Boynton. Soloists Abigail Burrows (flute) and Benjamin Westlake (clarinet) perform Haydn Symphony No 6 (Le Matin), Mozart

Flute Concerto No 1, Haydn Symphony No 85 (La Reine), Mozart Clarinet Concerto in A.

Tickets: £12.50 (conc £12), £10.50 (conc £10), child £5 available from 01908 246486, cornerstone.music@tesco.net or at the door.

TUESDAY

NEW Korfball club launches with free beginners session. Korfball is played by mixed-sex teams and a bit like basketball/netball/handball. Training from 8.15-9.30pm at Walton Fyfield

Barrow, Walnut Tree. Looking for both men and women to join the team. Training is indoors in the sports hall. For more details, e-mail tuesdays@mkkorfball.co.uk or contact Darren on 07949 411502

WEDNESDAY

NORTH Bucks Beekeepers' Association presents an illustrated talk by Claire Waring - Honey Hunting In Nepal. 7.30 p.m. at Rectory Cottages, Church Green Road, Bletchley. Non-members welcome.

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Everyone attending a Taster Session will receive a £5 voucher redeemable that night against the cost of the course

For more information go to our website at: www.stantonbury.org.uk or call 01908 324413 or email ace@stantonbury.org.uk

MKLIFE MUSIC REVIEWS COMPETITIONS

SIMON DARNELL

THE LOVING KIND

Girls Aloud

GIRLS ALOUD are a funny old band, and when you consider they've gone way past the usual sell-by date for pop bands and haven't had a line-up change in over six years, not to mention the minor detail that the band was formed on a television show, I suppose it's fair to say they've done alright for themselves.

It helps that some of their songs have been pretty good too, and I don't care who hears me say that.

In fact, I did say something to that effect just three weeks ago in this very column, so really I'm just reinforcing the point.

Yes, there's been some rubbish to go with the decent stuff, but even so there's still hope for one or two of the duds – one day, when the songwriters actually get around to finishing Sexy! No No No – it may yet turn out to be one of popular music's all-time classics.

This isn't one of their more adventurous singles, truth be told, but it was co-written with the Pet Shop Boys, which is a collaboration I honestly didn't see coming.

I mean, really, it's about as unlikely as Leonard Cohen having one of his songs used on the X-Factor, oh wait.

Anyway, what we have here is little more than a pleasant diversion – I've heard it referred to as Call The Shots Mark II and to be fair, it's definitely cut from the same cloth.

It's poppy, friendly and does all the right things, but a highlight on either the Pet Shop Boys or Girls Aloud's CVs it is not. Ah well, never mind.



THE FEAR

Lily Allen

IF only Smash Hits still existed, and no I don't count the TV channel, I mean real Smash Hits.

If it did, I can imagine them printing the lyrics to this song (probably next to the new Fall Out Boy single or something), and adding a (!) to the end of each line.

The reason why they'd be bringing out the brackets and exclamation marks is that this song doesn't so much drip sarcasm as spew forth a tidal wave.

This is La Allen's commentary on the pursuit of fame, and do you know something, it's a bit good.

It's a complete change of direction (in come the moody electronics), but it works a treat. Well, I like it at any rate.

SOBER

Pink

RARELY has a song been so aptly titled.

After the madcap let's-all-drive-lawnmowers-down-the-street party antics of So What, this song repre-

sents the hangover. It's called Sober and by God it is sober, in every way possible.

Where her previous single went bing, this one goes bong. However, let's not dismiss this as a miserable lump of gloom and doom just yet.

For one thing, the beat could have been recorded in a factory, that's how industrial it sounds – this may be a slower song than So What but it's just as in your face, only in a different way.

It's also a far more reflective number than its predecessor.

Actually, come to think of it, much as I liked So What when it came out, this is far better in every department.

Coming from somebody who usually can't stand listening to slower songs, that's an achievement.

REASONS NOT TO BE AN IDIOT

Frank Turner

This is the second Frank Turner song I've heard, and while it can't even hope to come close to the all-round brilliance of Long Live The Queen, this is still a hell of a song in its own right.

This one's got a much happier storyline to it – cheer up, things can only get better – and his band gets more to do, which basically means they get to play their instruments on this one.

It's the lyrics that make the song, though.

They read like a story – sentences, paragraphs, the whole works – and that's not an easy thing to achieve, moreover it gives the impression that the singer's talking directly to the listener rather than just reciting words from a page.

If anyone deserves to make it big this year, this bloke does.

WIN HIGH SCHOOL AND HANNAH MONTANA STICKER PACKS

MKNEWS has teamed up with sticker company FunToSee to help you make your child the happiest girl in the world!

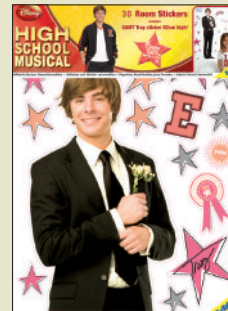
Help your daughter by filling her bedroom with her favourite High School Musical and Hannah Montana stars!

If your child is one of the thousands of kids singing 'What time is it?' or 'Best of both worlds' day-in-day-out, or longs to be like Hannah, then these are what you need.

Perhaps your mini-me swoons for Troy, in which case you need to invest in the near life-size giant character sticker!

MKNEWS has five High School Musical packs and five Hannah Montana stickers worth £12.99 each to give away.

Available as a complete Room Make-Over set for £39.99 the Hannah Montana kit contains over 76 stickers and includes flowers, stars, phrases from the show and of course the star herself! Or collect your favourite High School Musical characters starting with the delectable Troy for only £12.99. The Giant Character Sticker comes in two easy-to-apply pieces with extra High School Musical 3 stickers to apply to walls and furniture. No glue,



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FunToSee products are available from their brand new website www.FunToSee.com or by calling 08702 621 621 for stockist information.

To be in with a chance of winning, just answer this question: What is FunToSee's web address? Send your answer to MK NEWS, 1 Diamond Court, Fox Milne, Milton Keynes, MK15 0DU or by e-mail to: competitions@mk-news.co.uk Closing date January 28. Editor's decision is final. First ten out of the hat win.

WIN CINEMA TICKETS

MK NEWS has teamed up with Cineworld at the Xscape to offer readers the chance to win a pair of tickets to see the film of their choice. We have two pairs to give away. Just tell us what was Mickey Rourke's first star-

ring role?

Answers by e-mail to: competitions@mk-news.co.uk Please include your name, address and daytime telephone number. Closing date Tuesday, January 20.

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MKLIFE THEATRE MUSIC ART

MK THEATRE

PETER PAN

Until Sunday
WHEN the stars from Peter Pan perform their 7 o'clock show tonight they will only be eight more chances to catch this fantastic performance. Sunday at 5.30pm will be the last performance of this spectacular panto starring Louisa Lytton as Peter and Henry Winkler as Captain Hook.

So what are you waiting for, if you still haven't seen the magic there is still time.

Ticket details 0870 060 6652.

THE CHINESE STATE CIRCUS

Featuring the world famous Shaolin Wushu Warriors

Tuesday, January 27 - Sunday, February 1

FOR the first time outside China, The Chinese State Circus presents a new spectacular show featuring seven of China's top cultural troupes including the Tai An Acrobatic Troupe, the Shaolin Warriors and specially composed music from The Peking Opera. Marvel at back-flipping acrobatics, plate spinning divas, contortionists and pole balancers.

As well as the lethal grace of the Shaolin martial arts and the lusciously costumed Lion Dance.

Ticket details 0870 060 6652.

PULSE

Saturday, January 24. 7.30pm

WORKING in partnership with Milton Keynes Theatre the talented team from KiK Music brings a new and exciting show to the stage with Pulse – an exclusive one-night premier spectacular



The show is written and produced by Milton Keynes up and coming writers, Andrew Hall, Shahnaz Hussain-Hall and Steve McDaniel, with original and powerful choreography by Wendy Kitching and multimedia by Tim Searle of Triffic Films. Comedy, tension and drama is bought to you through a rich blend of music, dance, multi-media, street, acrobatics and all the fun of the circus to take you on a moving journey.

Tickets £10 call 0870 060 6652.

The Chinese State Circus presents a new show including the Wushu Shaolin Warriors

CITY ORCHESTRA



Soloist Alexandra Wood

PREMIERE PICTURES

Milton Keynes City Orchestra
MK Theatre

Friday, January 23. 7.30pm

MILTON Keynes City Orchestra present the world premiere of Hugh Wood's Violin Concerto written for the soloist Alexandra Wood.

The concert also features the Hansel and Gretel Prelude by Humperdinck and Pictures at an Exhibition by Mussorgsky (arrangement by Ravel).

Conductor Sian Edwards said: "Alexandra played the Tchaikovsky Concerto with me in my very first concert with the orchestra – the work has a wonderfully lyrical style with a light, clear finale and lots of orchestral colour."

"The large size of the orchestra required means that we have been able to programme Mussorgsky's Pictures at an Exhibition as a companion piece - a work originally written for piano that has inspired many transcriptions. We play it in Ravel's stunning orchestral arrangement, the most popular and well loved version in the world."

The premiere is supported by MKP and DRS Data Services Ltd.

MK GALLERY

GILBERTO ZORIO EXHIBITION

Until Sunday

THIS weekend is the last chance to catch the Gilberto Zorio exhibition at Milton Keynes Gallery.

The gallery is open Saturday 10am to 5pm and Sunday 11am to 5pm.

'Live guides' are available on Saturdays from 10am-12pm and 2-4pm to help people interpret the exhibition.

MKG opens a new exhibition on January 31 by Polly Apfelbaum entitled Anything can happen in a horse race.

This is the first solo exhibition in a UK public gallery by the American artist. Her work is characterised by an investigation into colour and form and means a lot of the work are expansive floor based installations.

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Tickets £16

Friday 16 January - 8.45pm
JANET TAYLOR
Radio 2 Drive-Time favourite and singer of Fall On Me.
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THE GROUNDHOGS & STRAY
The unsung heroes of British rock and blues really deliver the goods live!
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Buy One Get One FREE upto same value

FREE 1.5 Litre Soft Drink with every order over £16

Side Orders

Garlic Bread (4 pieces)	£1.75
Onion Rings (10 pieces)	£1.80
Garlic Mushrooms & Dip	£2.80
Potato Skins (5 pieces)	£3.00
Potato Wedges	£2.60
French Fries	£1.20

Food rating from MK Council ★★★★★

Open 4.30pm 'till late, free delivery most areas in MK
Minimum order £6.95

PAPS DELIVERY 01908 260 777

CURRY DEAL
ANY CURRY
PLAIN OR PILAU RICE
PLAIN NAAN, CAN OF DRINK
£6.00

PIZZA DEAL
ANY 2 LARGE PIZZAS,
2 LARGE CHIPS
AND A BOTTLE OF DRINK
£14

PAPS PIZZA FAMILY FEAST
ANY 2 LARGE PIZZAS,
2 LARGE CHIPS,
ANY SIDE ORDER
AND A BOTTLE OF DRINK
£15

CHICKEN DEAL 1
6 PIECES OF CHICKEN, 4 CHIPS
£8

CHICKEN DEAL 2
8 PIECES OF CHICKEN, 4 CHIPS
4 CHIPS, 2 APPLE PIES AND A BOTTLE OF DRINK
£12

CHICKEN DEAL 3
4 PIECES OF CHICKEN, ANY 2 MEDIUM PIZZA, 2 CHIPS AND BOTTLE OF DRINK
£15

BURGER DEAL
CHICKEN BURGER OR QUARTERPOUNDER, CHIPS, CAN OF DRINK AND 2 DIPS
£3.00

PAPS KIDS MEAL
4 CHICKEN NUGGETS OR 1 PIECE CHICKEN, CHIPS, APPLE PIE AND CAN OF DRINK
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DELIVERY TIMES:
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FRIDAY 4PM-TIL 1AM
SAT-SUN OPEN ALL DAY 1PM-1AM

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VISA MasterCard Maestro Cirrus

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Beverages		Oxtail Meal	£5	£7
Drink Can	80p	Fish Meal	£4.50	£6
(p.apple, black grape, cola champagne, fruit punch)		Ackee & Salt fish	£5	£6
Ginger Beer	80p	Appetisers		
Maurby	80p	Patties (all types)	£1.20	
Supermalt	£1	Roll (choice of filling)	£3.50	
Irish Moss	£2	Fried Dumpling	50p	
Caribbean Punch	£1.50	Fried Plantain	£1	
Side Dishes		Salt Fish	£1	
Rice & Peas	£2	Fried Chicken	£1.20	
Boiled Rice	£1.50	Jerk Chicken	£3.50	
Coleslaw	80p	Burger	£1.80	
Salad	80p	Cheese Burger	£2	
Cabbage & Callaloo	80p	Chicken Burger	£1.80	
Hard Food	£2	Chicken Nuggets	£1.50	
(Yam, sweet potato, green banana & boiled dumpling)		Chips	£1	
Meals		Desserts		
Curry Chicken	Sml £5 Lrg £7	Banana Cake, Ginger Cake, Cherry Cake, Coconut Cake, Carrot Cake		
Pork Meal	£5 £7	All Only	£1	
Curried Goat	£5 £7	Banana & Boiled Dumpling	£2	
Brown Stew Chick	£5 £7	Banana Fritter	80p	

01908 640030



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MK TAKEAWAYS

YOUR WEEKLY GUIDE TO THE BEST TAKEAWAYS IN MILTON KEYNES



PICK 'n' MIX PIZZA!

Tomato, Cheese, Tuna, Prawns, Anchovies, Chicken, Beef, Sausage, Bacon, Pineapple, Ham, Salami, Pepperoni, Chicken Tikka, Olives, Mushrooms, Corn, Onions, Pepper, Garlic, Jalapeno, BBQ Sauces	9"	12"	12" DEEP PAN MEGA	EXTRA LG 15" STANDARD
CHEESE & TOMATO BAS plus ANY 2 DIFFERENT TOPPINGS	9.50	10.50	12.00	15.00
CHEESE & TOMATO BAS plus ANY 4 DIFFERENT TOPPINGS	9.80	11.00	13.00	16.00
CHEESE & TOMATO BAS plus ANY 8 DIFFERENT TOPPINGS	10.30	12.00	14.00	17.00

FREE DELIVERY TO ALL MILTON KEYNES AREAS BASED ON A MINIMUM FOOD ORDER OF £7.00

MEAL DEALS

Chicken Burger & Chips	3.95
1/2 Pound Beefburger & Chips	3.95
2 Pieces Chicken & Chips	3.50
3 Pieces Chicken & Chips	4.50
4 Pieces Chicken & Chips	5.50
Extra Piece of Chicken	1.00
Steak (Box Sirloin) with Chips, Mushrooms & Salad	9.00
Large Doner Kebab	4.50
Small Doner Kebab	3.50

PIZZA MENU

Tomato, Cheese, Tuna, Prawns, Anchovies, Chicken, Beef, Sausage, Bacon, Pineapple, Ham, Salami, Pepperoni, Chicken Tikka, Olives, Mushrooms, Corn, Onions, Pepper, Garlic, Jalapeno, BBQ Sauces	9"	12"	12" DEEP PAN MEGA	EXTRA LG 15" STANDARD
1. PAPA LUIGI SPECIAL	9.80	11.00	13.00	16.00
2. MILANESE	9.50	10.50	12.00	15.00
3. HAWAIIAN	9.50	10.50	12.00	15.00
4. HOT & SPICY	9.80	11.00	13.00	16.00
5. VEG SPECIAL	9.80	11.00	13.00	16.00
6. PESTO TARTARE	9.80	11.00	13.00	16.00
7. NEW YORKER	10.30	12.00	14.00	17.00
8. MICHIGAN MEAT	10.30	12.00	14.00	17.00
9. CHICKEN TIKKA MASSALA	10.30	12.00	14.00	17.00
10. MEAT LOVERS	12.00	14.00	16.00	19.00
11. BBO BOWANZA	9.80	11.00	13.00	16.00
12. TIKKA BBO	9.80	11.00	13.00	16.00
13. PEPPERONI FEAST	9.80	11.00	13.00	16.00

SIDE ORDERS

French Fries	1.20
Coleslaw	1.40
Garlic Bread	1.50
Garlic Bread with Mozzarella Topping	2.50
Prawn Cocktail	2.70
Garlic Mushrooms	1.70
Salad	1.50
Chicken Dippers (6pcs)	3.00
Combo Chicken Dipper (6pcs) Potato Wedges & 3 Dips	4.90
Potato Wedges	2.00
Dips	0.25
2 Potato Skins filled with Mozzarella & BBQ Dip	3.50
BBQ Chicken Wings (6pcs) & Dip	3.50
Hot Chicken Wings (6pcs) & Dip	3.50
Onion Rings (10pcs)	2.00
BBQ Spare Ribs	4.50

DESSERTS

Cheesecake	1.50
Gateaux	1.50
Ice Cream Ben & Jerry's ask for flavours	3.95
Chocolate Fudge Cake	1.50

DRINKS

Coke/Diet Coke Pepsi Orange Fanta	1.95
Coke/Orange/Lemonade cans	0.60

***BUY ONE - GET ONE FREE!**

NOTE: No other discounts apply with this promotion & prices are subject to change without notice. BUY ONE PIZZA & GET ONE PIZZA (of same value) FREE

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Friday - Sat 11:00am - 1am

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Bletchley
MK2 2RU

PIZZA MENU

BUY 1 GET 1 FREE	10"	12"	15"
1. CHEESE & TOMATO	8.90	10.90	12.90
2. HAWAIIAN	9.50	12.50	15.50
3. PEPPERONI FEAST	9.50	12.50	15.50
4. OCEAN FEAST	9.50	12.50	15.50
5. CHICKEN FEAST	9.50	12.50	15.50
6. AMERICANA	9.50	12.50	15.50
7. MEXICANA	9.50	12.50	15.50
8. TASTY VEGGIE	9.50	12.50	15.50
9. MEAT FEAST	9.50	12.50	15.50
10. TASTY SPECIAL	10.00	13.00	16.00
11. TASTY FULL HOUSE	10.50	13.50	16.50
12. FREE CHOICE	10.50	13.50	16.50
13. DONER PIZZA	9.50	12.50	16.00
14. GRAND TANDOORI CHICKEN	9.50	12.50	16.00
15. CHICKEN BBQ PIZZA	9.50	12.50	16.00
16. ORIENTAL EXPRESS	9.50	12.50	16.00

KEBABS

	MEDIUM	LARGE
Served with Pitta Bread		
CHICKEN TIKKA KEBAB	3.10	4.20
LAMB TIKKA KEBAB	3.30	4.20
DONNA KEBAB	3.00	3.80
MIXED KEBAB	4.50	5.50
DONNA IN A BUN	4.20	4.90
CHICKEN TIKKA	4.20	4.90
Served with fresh naan	4.20	4.90
LAMB DONNER	4.50	5.00
Served with fresh naan	3.50	4.00
CHICKEN DONNA	4.50	5.00
MIXED CHICKEN & LAMB	4.50	5.00
Served with fresh naan	4.50	5.00

TOPPINGS

EXTRA TOPPINGS: Onion, Mushroom, Sweetcorn, Green Chilli, Jalapeno, Pineapple, Tomato, Chicken Tikka, Plain Chicken, Pepperoni, Beef, Tuna, Anchovies & Prawns.	10"	12"	15"
EXTRA TOPPINGS	0.70	0.80	1.00
STUFFED CRUST	0.90	1.20	1.90
CHEESE PEPPERONI CRUST	1.00	1.30	2.00

BURGERS

VEGGIE BURGER	2.50
SPICY BEAN BURGER	2.50
FISH BURGER	2.50
CHICKEN FILLET BURGER	2.50
1/4 POUNDER BURGER	2.50
WITH EGG	+0.40
1/2 POUNDER BURGER	3.50

PASTA

SPAGHETTI BOLOGNESE	£3.95
Served with Garlic Bread	
MEAT LASAGNE	£3.95
Served with Garlic Bread	
VEGGIE LASAGNE	£3.95
Served with Garlic Bread	

EXTRAS

NAAN BREAD	1.10
PITTA BREAD	0.50
FRESH SALAD	1.00
COLESLAW	1.00

PARTY DEAL

2 x Lg pizzas, garlic bread, chicken wings & potato wedges + bottle of drink £19.99

SIDE ORDERS

JALAPENO CREAM CHEESE	3.50
6 Pieces BREADED MOZZARELLA STICKS	3.95
8 Pieces GARLIC BREAD	1.70
2 Sticks GARLIC BREAD WITH CHEESE	2.20
2 Sticks POTATO WEDGES	2.95
1 Portion POTATO TWISTER	2.95
1 Portion BBQ WINGS	3.95
8 Pieces	

DESSERTS

TOFFEE TENNESSEE PIE	1.95
BANOFFEE PIE	1.95
STRAWBERRY CHEESE CAKE	1.95
HAAGEN DAZS	4.00
Choc Chip, Vanilla, Cookies & Cream, Strawberry Cheesecake	

MK 367768 BUY 1 GET 1 FREE (PIZZAS ONLY)

Buy 1 Get 1 Free!

(collection only, please mention offer).

Vegetarian

Cheese & Tomato	£8.95	£9.95	£9.95
Vegetarian Hot Mushrooms, Onions, Green Peppers	£8.95	£11.95	£13.95
Vegetarian Mushrooms, Onions, Green Peppers & Sweetcorn	£8.95	£11.95	£13.95
Spiracoli Mushrooms, Onions, Broccoli, Spinach, Fresh Garlic	£8.95	£11.95	£13.95

Traditional

Hawaiian Ham & Pineapple	£7.95	£10.35	£12.95
Ham & Mushroom	£7.95	£10.35	£12.95
Beef One Ground Beef, Onions & Mushrooms	£8.95	£11.45	£13.95
Chinese Chicken, Mushrooms & Sweetcorn	£8.95	£11.45	£13.95
Classic Bacon, Mushrooms & Fresh Tomato	£8.95	£11.45	£13.95

Hot Stuff

American Hot Peppers, Onions, Chillies, Green Peppers	£8.95	£11.95	£13.95
Chicken Hot Tandoori Chicken, Green Chillies, Fresh Tomato, Mushrooms	£8.95	£11.95	£13.95
Mexican Passion Mexican Chicken, Red Peppers, Pineapple & Jalapeno Peppers	£8.95	£11.95	£13.95
Mexicana Spicy Beef, Onions, Sliced Tomato & Green Chillies	£8.95	£11.95	£13.95
Hot Tator Ground Beef, Onion, Green Peppers & Jalapeno Peppers	£8.95	£11.95	£13.95

Family Favourites

Pepperoni Plus Double Pepperoni, Mushrooms & Onions	£8.95	£11.95	£13.95
BBQ Original Chicken, Green Peppers, Fried Onion & Special BBQ Sauce	£8.95	£11.95	£13.95
Meaty One Ham, Pepperoni, Beef, Spicy Pork	£8.95	£11.95	£13.95
Sea Food Prawns, Anchovies, Tuna & Fresh Tomato	£8.95	£11.95	£13.95
Free Choice Any 4 toppings of your choice	£8.95	£11.95	£13.95
Late Breakfast Smokey Sausage, Bacon, Salami & Fried Onion	£8.95	£11.95	£13.95

GoGo Special

Green Peppers, Mushrooms, Onions, Ham, Beef & Pepperoni	£9.95	£12.95	£14.95
Alligator Pepperoni, Lamb, Beef, Bacon, Garlic Sausage, Salami	£9.95	£12.95	£14.95
Meatball Feast BBQ Sauce, Meatballs, Pepperoni, Bacon, Garlic Sausage, Smokey Sausage	£9.95	£12.95	£14.95

Stuffed Edge Surcharges

Stuffed Edge with Cheese/with cheese & Pepperoni/with Garlic & Herbs	£1.00	£1.20	£1.40
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Extra Toppings

Create your own pizza by using a Cheese and Tomato as a base then add your choice of toppings from the following	£0.90	£1.00	£1.10
Meat Toppings			
Chicken Toppings			
Tandoori Chicken			
Garlic Sausage			
Smoky Sausage			
Ham, Spicy Pork			
Beef			
Seafood Toppings			
Tuna			
Anchovies			
Prawns			
Vegetable Toppings			
Pineapple, Mushrooms, Sweetcorn, Green Peppers			
Red peppers, Onions, Fresh Tomato, Green Chillies			
Aubergine, Fresh Garlic, Jalapeno peppers, Black Olives, Spinach, Broccoli			

Starters

Garlic Bread (4pcs)	£1.70	With Cheese (4pcs)	£2.20
Cheesy Garlic Pizza Bread (7")	£3.50	Breaded Mozzarella Sticks (8pcs)	£3.95
Potato Twisters (Per Portion)	£2.95	Potato Wedges (Per Portion)	£2.95
Potato Wedges (Per Portion)	£2.95	Potato Skins (6pcs) with cheese	£3.95
Potato Skins (6pcs) with cheese	£4.95	Jalapeno Peppers Cream cheese (6pcs)	£3.95
Onion Rings (10 rings)	£2.50		
Dips, garlic & Mayonnaise, BBQ, Chili, Sour Cream, Garlic & Herb	£0.30		
Spicy Chicken Wings (8pcs)	£3.95	BBQ Wings (8pcs)	£3.95
Chicken Nuggets (8pcs)	£2.50	Southern Fried Mr Chicken (6pcs)	£3.95
BBQ Ribs (1-2 rack)	£3.95		

Pasta

Spaghetti Bolognese	£4.95	Vegetable Lasagne	£4.95
Meat Lasagne	£4.95	Chicken & Mushroom Pasta	£4.95

Salad

Salad Bar Onion, lettuce, fresh tomato, cucumber, coleslaw, ham, sweetcorn, green peppers, olives, cheese, tuna, chicken	£3.50
Green Salad	£1.50

Ice Cream

Haagen Dazs 500ml, Vanilla, Choc Chips, Strawberry & Cream, Cookies & Cream, Balleys & Cream	£3.95
House Ice Cream, Dairy, Strawberry, Chocolate, Caramel Coffee	£4.95

Desserts

Tennessee Toffee Pie	£2.50	Chocolate Fudge Cake	£2.50
Strawberry Cheese Cake	£2.50	Banoffee Pie	£2.50

Cold Drinks

Coke, 7-Up, Fanta, Diet Coke (Can)	£0.70	Bottle	£1.70
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SPECIALS

Twin Deal Any 2 medium Pizzas* (10.5") Any 2 starters, 2 dips & 2 cans of soft drink. only £16.95 (save up to £4.00)	Big Deal Any large 12" Pizza*, 8 pcs Chicken Wings, 4 pcs Garlic Bread, Bottle of Soft Drink. £14.95 (save up to £4.00)	Lunchtime Special 11.30 - 4.30 Mon - Thurs One Cheese & Tomato Pizza with a choice of 3 toppings & 4 pcs Garlic bread. Medium £5.00 (plus one can of drink) - Large £8.00 (plus two cans of drink)	Double Deal Any 2 large 12" Pizzas, 2 Dips 2 Starters & Bottle of soft drink. £20.95 (save up to £6.00)
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Beat the clock! only £10.95

Any Large 12" Pizza*, 8 pcs Chicken Wings, 4 pcs Garlic Bread & 1 Bottle of drink. (if ordered and delivered before 4pm Mon-Thurs (save up to £7.55))

Free Haagen-Dazs ice cream with every order of £15.95
Offer cannot be used with any other offer

www.pizzagogo.co.uk



Women entrepreneurs? What's Stopping You?

IF you are a woman who likes the idea of working for yourself or have recently started a business, a free one-day event for women will give you the expert advice, information and inspiration you are looking for.

What's Stopping You? is designed for every woman interested in the possibility of working for herself, or who has started some form of business within the last year.

Whether your dream has always been to run a successful business or

simply to make enough money in difficult financial times, don't miss this chance to get some free expert advice and benefit from the experience of other women who have made a success of setting up on their own.

A series of seminars will run throughout the day on subjects such as First Impressions, Get The Perfect Figure, How She Did It and Websites That Wow. There will also be an exhibition area and free one to one advice sessions available.

The event will take place at The Hilton, Milton Keynes on Wednesday, February 4 from 9.30am-3.30pm.

Come for all or part of the day. Free refreshments and lunch will be supplied and assistance towards childcare costs while at the event is also available.

■ For more information or to book your place visit
www.whatsstoppingyouevents.co.uk
or call 01732 878 007.

Where there's a will, there's less legacy income

A MILTON Keynes legal firm says charities hit by the recession face further problems if the value of donations made in wills continues to fall.

Franklins Solicitors LLP, says the collapse in house values and the general economic downturn are starting to affect legacy income – money left to charities in people's wills.

Currently only one in seven wills includes a gift to charity yet these collectively account for £1.8 billion of income for UK charities each year.

Helen Taylor, head of Franklins Private Client team said: "Charities such as Cancer Research UK are already noticing a drop in legacy income at a time when fundraising revenues are falling and costs are rising. Both the NSPCC and Oxfam have recently talked of job losses.

"While the reduction in legacy income is perhaps understandable given the recession, it's certainly worth remembering that a gift to a registered charity in a will is free of inheritance tax and has the benefit of reducing your estate for inheritance tax purposes."

Trend-buckers as more visit Xscape

AS businesses across the city battle the economic climate, one leisure attraction claims it is bucking the trend.

Xscape, the city centre venue that houses among other things the Snozone and Cineworld, says it has started the New Year with a 16.9 per cent increase in its daytime footfall, year-on-year, in the first trading week of the year.

Marketing manager, Steven Gordon-Wilson said: "We're thrilled to be able to start 2009 with more fantastic news.

"As a team, we are constantly thinking of ways to re-invent the customer experience here at Xscape, and we're pleased that this is being reflected in our regular, and repeat visitor numbers."

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Vigo – Lisbon – La Rochelle – Brest
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From £599

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THE DEFINITIVE GUIDE TO YOUR NEXT HOME IN AND AROUND MILTON KEYNES

MKPROPERTY

January 14, 2009 | FREE inside **MKNEWS** | www.mk-news.co.uk



Seven bedroom property with stunning lake views



THIS lakeside property proudly stands in Bilbrook Lane, Furzton Lake one of Milton Keynes' premier locations.

The property is immaculately presented and finished to a very high specification.

Internally the property briefly comprises a lounge, dining room, kitchen/breakfast, study, utility and cloakroom.

There are seven bedrooms on the first and second floors with three en suites and family bathroom.

The property also boasts a balcony to the rear enjoying stunning lake views, electrically operated wrought iron gated access to a substantial private driveway.

Price £699,950
To view this property call Taylors Executive Homes on 01908 240981.

Price £699,950
To view this property call Taylors Executive Homes on 01908 240981.



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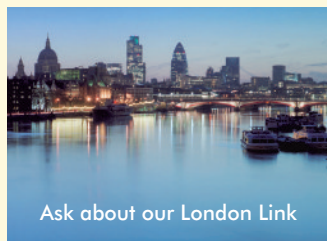
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TAYLORS

Executive Homes



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Woolstone

Fixed price £500,000



Well presented detached residence which boasts:

- *Three reception rooms *Kitchen/diner
- *Six bedrooms *En suite to master bedroom
- *Good size plot *Double garage *Enclosed frontage.

Stoke Hammond

£595,000



Situated on a substantial corner plot in a beautiful courtyard setting and boasts:-

- *Kitchen/Diner/Family Room * Lounge * Study
- *Downstairs WC and Utility * Master bedroom with en suite * 3 further bedrooms * Parking for 3
- * Oversize garage and workshop * Must be viewed to appreciate.

Deanshanger

£500,000



An immaculately presented stone built executive property which boasts:

- *Three reception rooms * Conservatory * Five bedrooms * Two en suites * Triple garage * Private enclosed landscaped rear garden * Private off road parking * CALL (01908) 240981 TO VIEW

Emerson Valley

£425,000



Located in the desirable area of Emerson Valley this property is a true 'find' in Milton Keynes and boasts:

- * 3 Reception rooms * 22ft Conservatory * Utility and cloakroom * Five bedrooms * Two en-suites and family bathroom *Generous gardens to front and rear * Ample off road parking in front of the double garage.

Kingsmead

£330,000



Taylor's estate agents are delighted to offer for sale this five bedroom detached property which boasts:

- *Two reception rooms *Kitchen/breakfast *Family bathroom *Five bedrooms *Two en suites *Jack and jill bathroom *Garage *Off road parking and rear garden. An internal viewing is highly recommended.

Grange Farm

£400,000



An immaculate detached executive property which boasts:

- *Three reception rooms * Kitchen/Family * Five bedrooms * Two dressing rooms * Two en suites * Gardens * Double Garage * CALL TAYLORS EXECUTIVE HOMES ON (01908) 240981 TO ARRANGE A VIEWING

Due to a high volume of sales we require more properties in Shenley Church End, Loughton and any village for motivated buyers.

Hanslope

£420,000



Spacious Grade II Listed semi detached cottage which benefits:

- *Character features* Large gardens* Double carport* Three reception rooms* Master Bedroom with En-Suite Area* Three further Double Bedrooms* Family Bathroom* Gardens and Parking.

Shenley Church End Guide Price £600,000



An individual detached residence with a cutting edge feel which boasts:

- *Open plan living accommodation *Kitchen/breakfast room with granite work surfaces
- *Master bedroom with dressing room & en suite
- *Guest bedroom with en suite *Landscaped gardens
- *Double garage with powered doors

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3 RECEPTION VILLAGE HOME £315,000



A detached 4 bedroom 2 storey home with 2 en-suites and a study. Offering a kitchen breakfast and separate dining room. Set on a small popular village on the fringe of Salcey Forest. With excellent access to Milton Keynes, Newport Pagnell, Northampton or M1 motorway. If the price is more than your budget, you could defer 25% of it for 10 years and just pay 75% now, with no deposit needed as well.

STRIKING 3 BED DETACHED £239,995



Rarely available 3 bedroom detached home with brick car home to rear. Boasting a separate lounge and Juliet balcony from bedroom 2. Set on the popular Oxley Park grid square with good school catchments, local amenities and parklands. Colour choices are available.

SELF CONTAINED APARTMENT £270,000



This 4/5 bedroom detached home with carport and garage offers an amazingly versatile layout. A traditional 2 reception room home can be found on the first floor, with the ground floor offering two rooms, and W/C and utility. To give an ideal space for a teenager/relative to live independently. The top floor of the home has three further double bedrooms and en-suite/bathroom. Situated in a popular area on the edge of west Milton Keynes. The development is away from main roads and backs onto the north bucks bridal way with countryside beyond. Internal picture of similar kitchen.

3 BEDROOM LINK DETACHED, 2 EN SUITES £219,950



ASK ABOUT INCENTIVES Set on a canal side development on the fringe of South Milton Keynes. Rarely available 3 double bedroom home with a south facing garden. Ideally located with great access to Leighton Buzzard or the A5 South. The development is flanked by countryside, offering a very peaceful retreat.

SURROUNDED BY PARKLAND £350,000



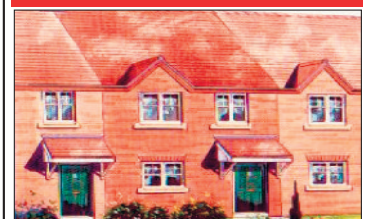
Set on a no through road, just 62 homes surrounded by parkland and an original church, yet all the convenience of Milton Keynes and M1 junction. Boasting a fantastic setting, this spacious 4 bedroom plot is south facing and boasts a fantastic 1977 kitchen. The views are onto the park and the garden is very large by modern standards.

COUNTRY VIEWS AND SOUTH FACING £375,000



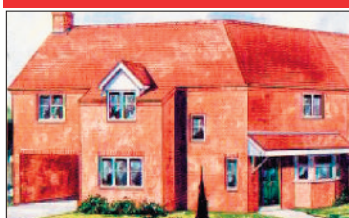
A detached 4 bedroom 2 storey home with 2 en-suites and a study. Offering a kitchen breakfast and separate dining room. Set on a small popular village on the fringe of Salcey Forest. With excellent access to Milton Keynes, Newport Pagnell, Northampton or M1 motorway. If the price is more than your budget, you could defer 25% of it for 10 years and just pay 75% now, with no deposit needed as well.

GREAT VALUE FOR MONEY £179,950



Seldom do we have to offer a 3 bedroom home like this. The property comprises of open plan kitchen/diner, separate living room and downstairs cloakroom. The master bedroom has an en-suite, there is a second and third bedroom and a family bathroom. Situated on a canal side development in the South of Milton Keynes.

GREAT VALUE 4 BEDROOM HOME £239,950



Set on a canal side development on the fringe of South Milton Keynes. This 4 double bedroom, 2 bathroom home is great value for money. Open plan kitchen/diner with double patio doors to the garden, over 17ft lounge and downstairs cloakroom. Call now to arrange a viewing!

BACKING ONTO PARKLAND £490,000



A no through road just 24 homes surrounded by parkland and an original church, yet all the convenience of Milton Keynes and M1 junction. This spacious 5 bedroom detached home with double garage boasts 3 en suites and a 23'8 lounge.

RIDICULOUS PRICE!! £225,000



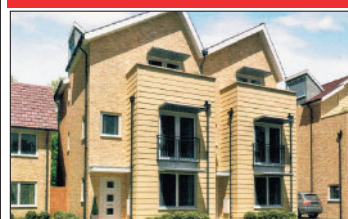
Brand new spacious 3 bedroom semi detached with separate dining room, lounge and also a carport in a good area of Milton Keynes with popular school catchment areas at this amazing price!

AMAZING VALUE! £190,000



This attractive three bedroom home, offers a very individual and flexible living space. Together with well proportioned rooms and en-suite to the master bedroom. This semi-detached property boasts kitchen, breakfast area, dining room, with french doors leading onto the garden.

BALCONY AND LARGE ROOF TERRACE £245,000



If you want to be spoilt then the top floor is for you. Devoted entirely to a 14'7 x 10'10 master bedroom, en-suite and 2 private roof terraces. The semi-detached house also has another 2 bedrooms. Downstairs there is a traditional separate lounge layout with popular kitchen/diner. The plot has 2 parking spaces next to the home. Set on the popular Oxley Park grid square with good school catchments, local amenities and parklands. Colour choices are available.

COUNTRY VIEWS AND SOUTH FACING £400,000



Fantastic accommodation with 5 versatile double bedrooms and 2 en-suites. The ground floor boasts a lounge over 20ft and a spacious family kitchen. The plot is for sun worshippers with a south/westerly aspect. Set on a small popular village on the fringe of Salcey Forest. With excellent access to Milton Keynes, Newport Pagnell, Northampton or M1 motorway. If the price is more than your budget, you could defer 25% of it for 10 years and just pay 75% now, with no deposit needed as well.

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Can You Help?

Mr P urgently requires a four bedroom in the Shenleys.

Please call us now on 01908 678151!

Shenley Church End £107,000



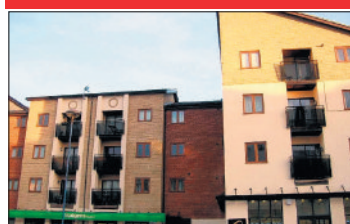
- * One bedroom ground floor maisonette
- * Double Glazing and Gas to Radiator Heating
- * Entrance Hall
- * Lounge
- * Dining area
- * Kitchen
- * Bedroom
- * Bathroom

Emerson Valley £274,995



- * Four Bedroom Detached house
- * Entrance hall
- * Cloakroom
- * Lounge
- * Dining room
- * Cinema room
- * Kitchen, utility room
- * Two bedrooms with en-suites

Broughton £149,995



- * Two bedroom luxury apartment
- * Allocated off road parking and balcony area
- * Central heating
- * Double glazing
- * Family bathroom
- * Open plan living accommodation
- * No upper chain

Emerson Valley £299,995



- * Four bedroom detached family home
- * Gas to radiator heating and double glazing
- * Entrance hall
- * Cloakroom
- * Lounge
- * Dining room
- * Study
- * Conservatory

Can You Help?

Mrs E urgently requires a two bedroom up to £130,000.

Call us now on 01908 678151!

Cambell Park £135,000



- * One bedroom first floor apartment with garage in the popular Eaton Mews Development
- * Entrance hall
- * Lounge/diner
- * Kitchen
- * Bathroom
- * Off road parking and garage
- * No upper chain.

Bradwell £150,000



- * Three bedroom semi detached property
- * Built sometime in the 1930's
- * Separate reception rooms
- * Period fireplaces
- * Large rear garden measuring approx 150ft
- * The property is in need of some modernisation but does have the potential to extend subject to relevant planning permission.

Two Mile Ash £90,000



- * One bedroom maisonette
- * Entrance hall
- * First floor landing
- * Lounge
- * Bedroom
- * Lobby
- * Separate kitchen
- * Bathroom

Loughton £57,500



- * Three bedroom semi detached house offered on the popular shared ownership scheme
- * Gas to radiator heating
- * Entrance hall
- * Lounge
- * Kitchen
- * Bedroom three/study
- * First floor landing

The Hub OIEO £65,000



- * One bedroom apartment
- * Gas to radiator heating
- * Double Glazing
- * Situated in the Central Milton Keynes premier location.
- * Communal entrance
- * Lounge
- * Kitchen
- * Bedroom

Bradwell £99,995



- * One bedroom end of terraced house.
- * Situated in the popular location of Bradwell Village having a wealth of character including the picturesque local church, local village public houses and cricket green
- * Entrance hall
- * Lounge
- * Kitchen
- * Gardens and off road parking.

Great Holm £230,000



- * Four bedroom detached
- * Cloakroom
- * Kitchen
- * Utility Room
- * Dining Room
- * Lounge
- * Bathroom
- * En-suite

Neath Hill OIEO £160,000



- * Three/Four Bedroom Townhouse
- * Entrance Hall
- * Cloakroom
- * Kitchen
- * Dining Room
- * Lounge
- * Off Road Parking & Garage
- * Gardens

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Central



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Ashland

£230,000



* Four bedroom end of terraced townhouse * Gas to radiator heating and double glazing * Entrance hall * Cloakroom * Kitchen/breakfast room * Dining room * First floor landing * Lounge * Master bedroom with en suite * Second floor landing * Three further bedrooms * Bathroom * Gardens * Garage.

Loughton

£49,995



* 1 Bedroom
* Ground floor maisonette
* Lounge
* Kitchen
* Bathroom
* Gardens
* Off road parking



Old Farm Park

£69,995



* Two Bedroom apartment on the popular shared ownership scheme
* Leasehold
* Double Glazing
* Open plan
* Kitchen/dining room
* Two double bedrooms
* Private Parking
* No Upper Chain
* Good Condition



Woolstone

£260,000



* Three bedroom detached character property built around 1860's.
* Separate reception room * Downstairs study * En-suite * Family bathroom
* Conservatory * Mature rear garden.

Shenley Church End



* Three bedroom end of terraced property
* Entrance hall
* Cloakroom
* Kitchen
* Lounge/diner
* Very Good Condition



Broughton Guide Price



* 2 Double Bedrooms * Luxury apartment
* Lounge/Diner * Kitchen/Breakfast
* En-Suite * Family Bathroom
* Allocated Parking Space
* No Upper Chain
CALL (01908) 678151



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Furzton £172,995



- * Three Bedroom Property
- * Link-Detached
- * Re-fitted Kitchen
- * Dining Room
- * Conservatory
- * Shingled Frontage
- * Rear Garden
- * Converted Garage

West Bletchley £135,000



- * Three Bedrooms
- * Mid Terrace
- * Double Glazing
- * Central Heating
- * Lounge/Diner
- * Kitchen
- * Conservatory
- * Off Road Parking

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Oakhill £194,995



- * Four Bedroom Townhouse
- * Downstairs Cloakroom
- * Kitchen
- * Lounge/Dining Room
- * En-Suite
- * Front & Rear Gardens
- * Off Road Parking
- * A Viewing is a must!

Shenley Church End



**SOLD STC
SIMILAR REQUIRED**

- * Two Bedroom Property
- * Link-Detached
- * Double Glazing
- * Gas to Radiator Heating
- * Kitchen
- * Lounge/Diner
- * En-Suite to Master Bedroom
- * Driveway leading to Garage

Little Brickhill £135,000



- * Three Bedrooms
- * Semi-Detached
- * Lounge
- * Dining Room
- * Kitchen
- * Bathrooms
- * Gardens

Woburn Sands £130,000



- * Two Bedrooms
- * First Floor Flat
- * Lounge/Diner
- * Kitchen
- * Shower Room
- * Communal Gardens
- * Allocated Parking

Westcroft



**SOLD STC
SIMILAR REQUIRED**

- * Four Bedroom Townhouse
- * Detached
- * Extremely Well Presented
- * Kitchen
- * Downstairs Cloakroom
- * Master Bedroom with En-Suite
- * Front & Rear Gardens
- * Driveway leading to Single Garage

Furzton £179,995



- * Three Bedroom Detached Property
- * Lounge/Diner
- * Kitchen
- * Conservatory
- * Family Bathroom
- * Front & Rear Gardens
- * Driveway providing ORP
- * Single Garage

Fenny Stratford £144,995



- * Two/Three Bedrooms
- * 1930's Style Terrace
- * Central Heating
- * Double Glazing
- * Separate Reception Rooms
- * Inner Lobby
- * Bathroom
- * Gardens

Church Green Road £185,000



- * Three Bedrooms
- * Victorian Character Property
- * Separate Reception Rooms
- * Jack and Jill En-suite
- * Off Road Parking
- * Courtyard Garden
- * Further Rear Garden

'Heavily Discounted' OVERSEAS PROPERTY SALE!

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Emerson Valley £112,000



- * One Bedroom Property
- * Central Heating
- * Double Glazing
- * Kitchen
- * Lounge
- * Family Bathroom
- * A Viewing is a must!

Simpson £89,995



- * One Bedroom
- * End of Terrace
- * Double Glazing
- * Lounge
- * Kitchen
- * Bedroom
- * Shower Room
- * No Upper Chain

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STONY STRATFORD OFFICE

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email: stonystratford@taylorscountrywide.co.uk

Stacey Bushes £127,995



- *Three Bedrooms
- *Cloakroom
- *Walk in Storage Cupboard
- *Refitted Kitchen
- *Lounge/Diner
- *Shower Room
- *Front & Rear Gardens
- *Carport Parking

New Bradwell £149,995



- * Three bedrooms * Well presented
- * Victorian property * Refitted kitchen
- * Refitted bathroom * Separate receptions
- * Rear garden * 01908 312623

Castlethorpe £52,500



- * Well Presented * Two Bedroom
- * Semi Detached Home
- * New Double Glazing * Gas Radiator Heating
- * Off Road Parking * 30% Shared Ownership
- * Must Be Viewed!

Old Stratford £119,995



- * Two Bedroom
- * Second Floor Flat
- * Double Glazing
- * Gas Radiator Heating
- * Allocated Parking * No Upper Chain
- * Viewing Recommended

Greenleys £149,995



- * Three bedrooms * Detached
- * Gas to radiator heating
- * Double glazing * Front & rear gardens
- * Garage * 01908 312623

Wolverton £199,995



- * Four Bedrooms * Period style property
- * Spacious & flexible accommodation
- * Potential to convert (subject to planning permission)
- * Separate receptions * Cellar * Loft room
- * Gardens * Double Garage
- * 01908 312623

Hanslope £179,995



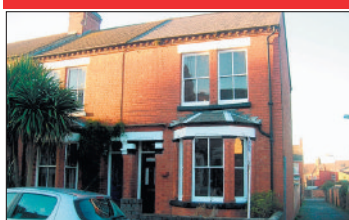
- * Very Well Presented
- * Three Bedroom
- * Semi Detached Property
- * Cloakroom * Refitted Kitchen
- * Refitted Bathroom
- * Garage and Countryside Views

Potterspury £149,995



- * Updated * Two Bedroom
- * Semi Detached Bungalow
- * Double Glazing * Refitted Bathroom
- * No Upper Chain
- * Viewing Recommended

Wolverton £169,995



- *Three Bedrooms
- *Entrance Hall
- *Lounge/Diner
- *Kitchen
- *Breakfast Room
- *Upstairs Bathroom
- *Front & Rear Gardens
- *Garage

Wolverton £199,995



- * Four bedrooms * Spacious living accommodation
- * Extended semi detached 1930s property
- * Refitted kitchen * Refitted bathroom
- * Conservatory * Ensuite
- * Front & rear gardens * Off road parking

Two Mile Ash £189,995



- * Well Presented * Three Bedroom
- * Semi Detached Home
- * Refitted Kitchen
- * 'P' Shaped Conservatory
- * Refitted Bathroom and a Garage
- * Must Be Viewed!

Fullers Slade £100,000



- * Well Presented * Two Bedroom
- * Terrace Home * Refitted Kitchen
- * Refitted Bathroom
- * Carport
- * Must Be Viewed!

Bradville GUIDE PRICE £99,995



- *Three bedrooms
- *Downstairs cloakroom
- *Dining Room
- *Lounge
- *Front & rear gardens
- *Single garage
- *01908 312623

Wolverton Guide Price £220,000



- * Three bedrooms * Extended and very well presented
- * Refitted kitchen * Separate reception rooms
- * Gas to radiator heating * Double glazing
- * Ensuite to master bedroom * Front & rear gardens
- * 01908 312623

Stony Stratford £159,995



- * Three Bedrooms
- * In Need of Modernisation
- * Separate Receptions
- * Garden
- * No Upper Chain
- * Must Be Viewed Call 01908 563825 Today!

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26a Market Place

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email: olney@taylorscountrywide.co.uk

Newport Pagnell

£199,995



* Three bedrooms * 1930s style
* Semi detached * Double glazing
* Gas to radiator heating * Large rear garden
* Off road parking for ample vehicles
* 01908 611966

Olney

£499,950



* Four bedroom detached
* Lounge & Dining Room * Study
* Kitchen/Breakfast Room * Front & Rear
Gardens
* Double Garage * Call Now On 01234
713333

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Appraisal
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01908 611966**



Great Linford Guide Price £274,995



* Four bedrooms
* Spacious and well presented
* Detached family home * Double glazing
* Gas to radiator heating * Off road parking
* Front & rear gardens * 01908 611966

**We urgently
require 4
bedroom
properties in
Olney for
genuine waiting
buyers
01234 713333**

Olney £167,500



* 3 Bedrooms * End Of Terrace
* Kitchen * Lounge/Diner
* Bathroom * Rear Garden
* Double glazing * Gas to radiator Heating
* 01234 713333

Green Park £139,995



* Two bedrooms * Gas to radiator heating
* Double glazing * Separate receptions
* Rear garden * 01908 611966

Blakelands £235,000



* Four bedrooms * Detached family home
* Double glazing * Gas to radiator heating
* Ensuite to bedroom one * Garage
* Off road parking * Private rear garden
* 01908 611966

Stoke Goldington £274,950



* Four bedrooms * Detached home
* Very well presented * Double glazing
* Gas to radiator heating * Front & rear gardens
* Single garage * Carport
* 01234 713333

Bozeat £149,995



* 2 Bedrooms * Bay fronted lounge
* Dining room * Re-fitted kitchen
* Two double bedrooms * En suite to master
* Front & Rear gardens * Call Now On 01234 713333

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Residential Lettings



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Broughton £750



Taylor's Lettings are delighted to offer this 2 Bedroom Top Floor apartment. Situated in the popular location of Broughton. The property comprises of Lounge Dining room, Fully Fitted Kitchen with Integrated Appliances, 2 Double Bedrooms, Bathroom with 4 Piece White Suite, and 2 Large Storage Cupboards in the Hallway. The Property is furnished and available from the end of January 09. Please call the lettings team to arrange a viewing appointment on 01908 393924

Monkston Park £800



Taylor's Lettings are Delighted to offer this 2 Bedroom Penthouse Apartment, Situated in the Highly Desirable location of 'Monkston Park'. The property is Furnished and available immediately. Please call the lettings team to arrange a viewing appointment on 01908 393924.

Walnut Tree £650



Taylor's Lettings are Delighted to offer this well presented 2 bedroom semi detached property. Situated in the popular 'Walnut Tree' area of Milton Keynes. The property Boasts a Newly fitted Kitchen diner with white goods, 2 double bedrooms, lounge, Bathroom and corner plot garden. The property is available from 15th January 2009. Please call the lettings team to arrange a viewing on 01908 393924

Milton Keynes £900



Taylor's Lettings are delighted to offer this brand new two bedroom apartment situated in the exciting 'Vision' development of Central Milton Keynes. The property comprises two double bedrooms, ensuite to master and a balcony with views overlooking the communal gardens and to the train station. The property is offered unfurnished but can be furnished if necessary and is available immediately. View now to avoid disappointment!

Broughton £750



Taylor's Residential Lettings are delighted to offer this newly built two bedroom property, situated in the popular location of Broughton. The property is available now. Furniture is optional. Must be seen!

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Stony Stratford £750



Taylor's Lettings are delighted to offer this well presented three bedroom property situated near the popular area of Stony Stratford. The property is offered with optional furnishing and is available immediately!

Campbell Heights £1,150



Taylor's Residential Lettings are delighted to offer this four bedroom townhouse, set out over four floors situated within walking distance to the centre of Milton Keynes. The ground floor has a garage, cloakroom and living area with floor to ceiling windows. The first floor has a kitchen/dining area with fitted appliances. Up stairs there are two single bedrooms with family bathroom and double bedroom with en-suite. On the top floor is the master suite with en-suite and balcony.

Eaton Mews £750



Taylor's Residential Lettings are delighted to offer this one bedroom executive apartment situated in the Central District of Milton Keynes. The property comprises of a lounge, kitchen, bathroom, double bedroom, communal garden and balcony.

Central Milton Keynes £595



Taylor's Lettings are delighted to offer this one bedroom third floor apartment, situated in the central 'North Row' area of Milton Keynes. The property is unfurnished and available from 23rd November 2008.

Singleborough £1,400



Taylor's Lettings are delighted to offer this charming Great II Listed 17th Century five bedroom cottage, situated in the picturesque location of 'Singleborough'. The property is situated back from the village road with gardens extending to the rear overlooking open countryside. The property is offered with optional furnishing and requires 6 weeks notice. Must be viewed! PRICE REDUCED FOR QUICK LET!

Broughton £1,595



Taylor's Lettings are delighted to offer this 5 Bedroom Detached 'Paul Newman Built' Property situated in the much sought after 'Broughton' area of Milton Keynes. The property is available early January 09 and is unfurnished. Please call the lettings team to arrange a viewing appointment on 01908 393924.

Old Farm Park £1,395



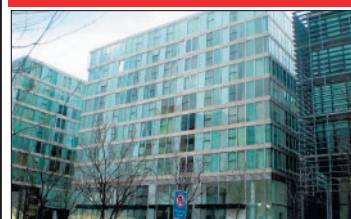
Taylor's Lettings are delighted to offer this Well Presented 5 Bedroom Detached Property, Situated in the Much Sought After Location of 'Old Farm Park' in the South East corner of Milton Keynes. The property comprises of Lounge, Dining Room, Kitchen breakfast room and utility area. Five bedrooms, Bathroom, En-Suite, Downstairs Cloakroom, Double Garage and Garden. The property will be part furnished and available from January 10th 2009 all for just £1395 per month. Please call the lettings team to arrange a viewing appointment on 01908 393924

Woolstone £2,145



Taylor's Lettings are delighted to offer this 'Grade II' listed five bedroom character property, located in the much sought after area of 'Woolstone Village'. The property boasts, five double bedrooms, four receptions, four bathrooms, double garage, extensive grounds, situated within approximately half an acre of land. This property must be viewed.

Milton Keynes £775



Taylor's Lettings are delighted to offer this Stunning 5th Floor apartment, Situated in the Much sought after 'HUB' Development in Central Milton Keynes. The property is Furnished and available immediately...must be seen! Call the lettings team now to arrange a viewing appointment on 01908 393924.

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Wilson Peacock

estate agents

GREENLEYS £129,995



NEW

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VACANT POSSESSION
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We are acting for the mortgagee in possession and have received an offer of £170,000 on the above property. Any interested parties must submit any higher offers in writing to the selling agent before an exchange of contracts takes place.

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LOUNGE/DINER
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KINGSMEAD £94,995



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- Spacious Accommodation
- No Upper Chain



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- Close To Local Amenities
- Must Be Viewed!



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- 1 Bedroom Home
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Tattenhoe £49,995

- 50% Shared Ownership
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- 3 Bedroom Family Home
- Good Decorative Order
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Newton Longville £199,950

- 3 Bedroom Semi Detached
- Good Decorative Order
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- Keys in Office!



Walnut Tree £60,000

- 50% Shared Ownership
- Ground Floor Maisonette
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- Two Bedrooms
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- Key in Office



Coffee Hall £129,995

- Two Double Bedrooms
- Re-fitted Kitchen/Diner
- Re-fitted Bathroom
- No Upper Chain



Fishermead £149,950

- Three Bedroom
- Kitchen/Diner
- Re-fitted Bathroom
- Garage



Shenley Church End £149,950

- Two Bedroom
- Re-fitted Kitchen/Bathroom
- Conservatory
- Larger than average garden



Crownhill £164,950

- Three Bed Link Detached
- En-suite
- Garage
- Cul-de-sac Location



Westcroft £159,950

- Three Bedroom
- Kitchen with Integrated appliance
- Ensuite
- No Upper Chain



Furzton £164,995

- Three Bed Semi-detached
- Kitchen/Diner
- Garage
- No Upper Chain



Great Linford £174,995

- Three Bed Semi Detached
- Re-fitted Kitchen & Bathroom
- Conservatory
- Garage



Walnut tree £194,995

- Three Bed Detached
- Cloakroom
- Conservatory
- Garage



Simpson £209,995

- Three Bed semi-detached
- Garage
- Mature Plot
- Roof Terrace



Bradwell £244,995

- Four Double Bedrooms
- Re-fitted Kitchen & 4pce Bathroom
- Mature Plot
- Garage



Stony Stratford £450,000

- Flexible Accommodation
- Up to 6 bedrooms
- Large Master Suite
- Close to town & Riverside Meadow
- Lovely Location



New Bradwell £149,995

- 3 Bedrooms
- Lounge/Diner
- UPVC Double glazing
- Gas Central Heating



Newport Pagnell £125,000

- Needs Refurbishing
- 3 Bedrooms
- Lounge & Dining room
- No Upper chain



Stony Stratford £159,995

- Lounge/Dining room
- Recently re-fitted kitchen
- Two Double bedrooms
- Conservatory & Gardens



Stony Stratford £249,995

- 4 Bedrooms
- 2 Reception rooms
- Stunning kitchen/breakfast room
- Many period features



Stony Stratford £250,000

- Lounge with Fireplace
- Separate dining room
- 4 bedrooms
- Cul-de-sac location



Old Stratford £329,995

- 3 Reception Rooms
- 4 Bedrooms
- Master Bed En-suite
- Double Garage



Deanshanger £199,995

- Semi Detached
- 4 Bedrooms
- 2 Reception Rooms
- Kitchen/Breakfast room



Potterspury £234,995

- 5/6 Bedrooms (4 Double)
- Large Lounge & Conservatory
- Large Kitchen/Diner
- Annexe Potential



Deanshanger £349,995

- Converted Chapel
- Large & Flexible Accommodation
- 6 Reception rooms
- 5 Bedrooms
- Some of the largest rooms we've seen
- Potential to buy extra land

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01908 696800

Milton Keynes
miltonkeynes@carters.co.uk

01908 561010

Stony Stratford
stony@carters.co.uk



prime location £950,000

- Large House, Annex and Business Premises D1 Use
- Main House- 5 Bedrooms, 3 Bathrooms, 3 Large Receptions
- Conservatory, Re-fitted Kitchen/ Breakfast room
- Annex- Lounge, Large Conservatory, Kitchen, Bedroom, Bathroom
- Business Premises- Gym/ Office, Treatment Room



great brickhill £610,000

- superb split level detached residence
- excellent village location
- magnificent views to the front
- three reception rooms/five bedrooms
- en suites, cloakroom, bathroom



great brickhill £475,000

- quiet cul-de-sac location
- split-level detached family home
- three reception rooms
- four bedrooms
- practical rear garden



middleton £369,950

- the most competitively priced five bedroom detached family home in this area
- no through road location
- three reception rooms
- immediate viewings available



downhead park £280,000

- extended detached home in off road location
- three reception rooms, four bedrooms
- two en suite, cloakroom & bathroom
- kitchen/breakfast room & utility
- parking for two cars & single attached garage



newton longville £225,000

- village location
- detached family home
- extended to rear
- three reception rooms
- enclosed rear garden



woolstone £184,995

- two double bedroom semi detached
- off road cul de sac location
- garage & orp two cars
- private established rear garden
- near grand union canal



bletchley £169,950

- three bedroom semi detached home
- private south facing rear garden
- living/dining room
- garage & parking
- immediate viewings available



two mile ash £168,995

- two bedrooms
- semi detached bungalow
- large rear garden
- cul de sac location
- allocated parking

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Tel: 01908 312275
Headteacher: Steve Hopkinson



Teaching Assistant

To support children for whom English is an additional language
MK Grade 3/4 (Based on experience):
32.5 hours per week

To support the educational needs of identified children from ethnic minority groups, who may have English as an additional language and assist teachers in their education.

This post is complimentary to that of the teacher, working in partnership to help ensure children gain full access to the curriculum and range of activities in school. You will be required to carry out a wide variety of tasks under the direction and supervision of the teaching staff and the Ethnic Minority Achievement Co-ordinator.

The school, which reflects the diversity of the local population many of whom speak Urdu/Punjabi as a first language, welcomes applications from people who have an interest in and the necessary skills to work with young children.

We are looking for someone who has:

- Excellent people skills
- Effective communication skills both verbally and in writing
- A commitment to supporting pupil progress in their learning and development needs

In return we offer:

- Happy, lively and engaging children
- Friendly, supportive Staff and Governors
- An opportunity to work in a team

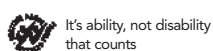
Potential applicants are encouraged to visit. Please contact us to arrange an appointment, or to request further information and an application pack.

The school is committed to safeguarding children. Applicants will require an enhanced CRB check.

Closing Date: 23 January 2009.

Interviews: 3 February 2009.

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This school based position involves working with parents and carers of children showing early signs of social, emotional, health or behaviour issues and helping with early intervention and preventative support.

Candidates should have:

- Experience of working with parents and children
- A suitable qualification/experience within the education, social services, welfare or voluntary sector
- Good basic communication, literacy and organisational skills
- Access to a car as home visits will need to be made in order to support parents
- Ability to attend multi-agency meetings and produce verbal or written reports

For further details and an application pack please ring Wood End School on 01908 316424.

Closing date: Thursday 5th February 2009.

Interviews: Tuesday 24th February 2009.

This federation is committed to safeguarding children.

An enhanced CRB check is required.

We are an equal opportunities employer.



It's ability, not disability that counts



ST MONICA'S CATHOLIC PRIMARY SCHOOL

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MILTON KEYNES, MK14 6HB

Tel: 01908 606966

Fax: 01908 608486

Email: stmonicas@milton-keynes.gov.uk

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Deputy Head: Mrs Marian Binks

Age range: 3-11, NOR: 436 (including Nursery)

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Grade 7 £24,331 - £28,862 Pro-rata

32.5 hours per week - 40 weeks a year
(start and finish time to be negotiated)

The Governing Body of St Monica's wish to appoint a Business Manager to assist the Headteacher in the overall financial and administrative functions of the school.

We seek a committed and skilled professional to lead and develop all non-teaching areas in the school. You will have the skills and experience in managing a team, with the ability to develop a clear direction for day-to-day working and long term strategy within the school's overall vision.

You are likely to have skills and qualifications in the areas of finance and personnel. You will be expected to actively support the school's Leadership Team and Governing Body.

For further details and to arrange a visit, please contact Denise Norton in the school office by phone or email.

Closing date: Thursday 29th January 2009.

Interview date: Monday 9th February 2009.



It's ability, not disability that counts



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- Lecturer: Skills for Life – HMYOI Aylesbury • Lecturer: Brick – HMYOI Aylesbury
- Variable Hours Lecturer (VHL): Music – HMYOI Aylesbury
- Closing date for the above positions: Friday 30th January 2009
- Work Place Assessor: Electrical • Support Analyst: IT Services
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- Closing date for the above position: Wednesday 28th January 2009

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Headteacher: Michael Manley

We have the following vacancy in our Housekeeping Department

Housekeeper

Part - time position, 37 hours per week
Term time plus 4 extra weeks during school holidays.

You should take pride in your work and have a special interest in keeping the school clean and tidy.

For an application form and further details please contact St Paul's on 01908 689735, visit the schools website www.st-pauls.org.uk or visit the school to speak with our Housekeeping Manager.

Closing date for applications: Friday 30 January 2009.



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e-mail: edwardpeakemiddle@schools.bedfordshire.gov.uk

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15 hours a week, mornings, term time only, to support children with literacy.

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15 hours a week, term time only, hours open to negotiation.
All posts paid by NJC Scale: Level 2a (Pts 10 to 13) £13,663 to £15,237 full time (37 hrs)

For details telephone the school: 01767 314562

Closing date: 26th January 2009 Interviews: 30th January 2009



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2 posts in Bedford, 14.5 hours per week

4 posts in Luton, 20 hours per week

Working on a rolling rota you will be providing support to residents in our extra care schemes, including visiting and working with tenants, agreeing support plans and being involved in their ongoing support.

Please apply at www.bpha.org.uk/vacancies, email jobs@bpha.org.uk or call 01234 221238 quoting job reference number NC62.

Closing date: Noon on Monday 26 January 2009.

bpha is a diverse organisation which actively promotes equality and diversity and encourages applicants from all sectors of the community, offering a good working environment with excellent benefits.

www.bpha.org.uk



every patient matters

Bedford Hospital NHS Trust

Governance Information Team

Senior Data Analyst

Band 5

Ref: 416-NUR14

For a fuller, detailed advert and to view the job description and complete an application form please visit www.jobs.nhs.uk
Only shortlisted candidates will be contacted.

Bedford Hospital NHS Trust is committed to Equality of Opportunity and welcome applications from all sections of the community.



www.bedfordhospital.nhs.uk

Door to Door

Immediate vacancies for 5 LEAFLET DISTRIBUTORS

Must have own car.
Call: Geoff on 07828 521542

Reliable house KEEPER / MOTHERS HELP

required.
Mon - Thurs
7:00 - 10:00, 15:00 - 19:00.
26 hours per week
for busy family.
Driving license essential.
£8 per hour.
07737 476816.
Deadline 14th Jan

Qualified Dental Nurse

required. 1 to 2 days per week. Bedford Town Centre.
Please telephone MGW Dental Care on 01234 268281 - office hours.

NANNY/ HOUSEKEEPER

Required Central Bedford.
Duties include school runs, household chores and babysitting.
Consider splitting role into AM/PM cover.
Current Driving License and references required.
Mob: 07798 838939

SilverBug

An experienced BUSINESS TO BUSINESS TELESales PROFESSIONAL

is sought to join us at SilverBug Ltd, an exciting and innovative IT solutions company. You will be expected to actively set new appointments for our Solutions Architects in line with our portfolio of services.

This role offers the flexibility to work remotely, includes hours to suit and you will be paid per appointment.
Please contact Samantha McLean - HR on 0870 050 7350
Or send your CV with covering letter to samantha.mclean@silverbug.com.

SALES COLLECTORS WANTED

in the Luton area.
Loans at Home4U are one of the largest home collected credit companies, providing credit to thousands of customers in their own homes throughout the UK. We offer employed or self employed positions, an excellent start up package and the option of a Company car. Experience preferred but not essential as full training will be given.

To apply contact Alice Cronin on 07962609770 or 01908271340 or email:

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30 year UKDV driving licence required. Course fees apply. 6+ points may prohibit application. Ref 115

ST ANDREW'S carehomes

Require A Senior Care Assistant

This post is to support the Manager and Deputy with the on going development of person centred dementia care at Elcombe House, Bedford.

The post requires the candidates to have at least a Level 2 NVQ in Care and be willing to work towards Level 3. The post is full time and the successful applicant will need to be flexible in their work pattern and be able to work weekends. Responsibilities include acting as Key Worker to a group of residents.

For an application pack please contact: Mrs S Dibley on 01234 333870 or email admin@standrewscarehomes.co.uk

Closing date for receipt of completed applications is 23rd January 2009

This post is subject to Criminal Records Bureau Disclosure.

Customer Services Manager

£ Up to £41,000 pa

Customer Access Manager

£ Up to £34,000 pa

Customer Services Advisor

1 full time post - 37 hours

£16,941 - £18,882 pa (with potential to progress to £21,244)

Joining an award-winning authority with an enviable reputation, your challenge will be to build on the success of our customer service and set the benchmark for others to follow.

We are an ambitious organisation and so the scope of these roles will grow. We are looking for people who will want to ensure that our Customer Service Centres, Call Centre and Website achieve continued local and national recognition.

For further information and details of how to apply, please visit www.kettering.gov.uk. Alternatively you can request a pack via e-mail at recruitment@kettering.gov.uk or via telephone, on (01536) 534341.

Closing date: 22 January 2009 for Customer Access Manager and Customer Services Advisor, 29 January 2009 for Customer Services Manager.

We actively encourage applications from women, people from ethnic minorities, and people who perceive themselves to be disabled. This is to address an under representation of these groups.
Kettering Borough Council is an Equal Opportunities Employer and has a No Smoking policy.

Kettering Borough Council
www.kettering.gov.uk



ST THOMAS MORE CATHOLIC SCHOOL

Specialising in Leadership and Humanities

Tyne Crescent, Bedford MK41 7UL
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Website: www.st-thomasmore.org.uk
'An outstanding Catholic school'

Headteacher: Alan Lee

humanities

TEACHER OF HISTORY

MATERNITY COVER

A highly competent and enthusiastic teacher is required from Easter in this oversubscribed and successful 13-18 Catholic school. This is one of the Departments in our new Humanities Specialist Schools Status. There is the potential for a full-time appointment after this time for the correct candidate, depending on curriculum development and expansion due to specialist school status.

Our environment and facilities are excellent, with interactive whiteboards in all rooms, excellent access to ICT facilities, and all staff are provided with laptops. There is provision of high quality CPD, and a whole school well-being programme is in place. Staff are positive and strive to attain high results with all students.

Applicants need to have excellent subject knowledge, and preferably be able to cover all Key Stages in this successful Department.

Application forms/details are available from the school office at the above address or in downloadable form from our website. Closing date for applications is: Monday 26th January 2009.

We are committed to safeguarding and promoting the welfare of children. The successful applicant will be required to undertake an enhanced CRB check.



LEADER OF KEY STAGE 3 MATHEMATICS

TLR 2c (£2422) + £2000 recruitment allowance

We are seeking to appoint for Easter 2009 an experienced, enthusiastic, and committed teacher to lead the team and develop Mathematics at Key Stage 3.

Ousedale School is a very successful, high attaining, oversubscribed school. Students achieve outstanding results in Maths at both GCSE and A level. We achieved 70% A*-C in Maths at GCSE in 2008, and 43 students sat and passed A level or Further Maths (67% achieved grade A or B).

The school is committed to safeguarding and promoting the welfare of children and expects all staff to share this commitment. An enhanced CRB will be required.

If you want to join our school, details and an application form are available on our website www.ousedale.org.uk via e-mail to recruitment@ousedale.org.uk or by contacting Amanda Leigh-Lancaster, Deputy Headteacher's secretary.

Closing date: 4 p.m. Monday 26th January 2009

The Grove, Newport Pagnell, Bucks, MK16 0BJ
Tel: 01908 210203 Fax: 01908 216574
E-mail: recruitment@ousedale.org.uk
Headteacher: K M Leaver BSc MA





WHITE SPIRE SCHOOL
Rickley Lane, Bletchley MK3 6EW
Tel no: 01908 373266
Fax no: 01908 643057
Email: admin@whitespire.milton-keynes.sch.uk
Web: www.whitespire.miltonkeynes.sch.uk

3 X Teaching Assistant

Grade 4 SCP14 £13,232 (Actual Salary)
 Required March 2009

White Spire School is an all age special school for children with learning and associated difficulties. We are currently looking for 3 Teaching Assistants:

- To cover maternity leave from March 2009 to July 20th 2009. Full Time 37 hrs (44.3 wks per year).
- To work with a year 7 group, to enable access to learning for pupils and assist the teacher in the management of the pupils and the classroom. Full Time 37 hrs (44.3 wks per year).
- To work with individual pupil, hours and salary to be confirmed.

For further details and an application form, forward a stamped addressed envelope to the school office. Visits to the school are encouraged.

Closing date: 30th January 2009.
Interview date: 12th February 2009.



It's ability, not disability
 that counts



MILTON KEYNES COUNCIL

MOORLANDS CENTRE NURSERY SCHOOL
55 Wastel, Beanhill, Milton Keynes, MK6 4LW
Tel: 01908 679819, Head Teacher - Jenny Winter
Email: Moorlands.Nursery@ilton-keynes.gov.uk

Nursery Assistant, Salary MK4

30 hours per week, 39 weeks per year

We need an enthusiastic Nursery Assistant to complete our small team. We have a close partnership with Moorlands Sure-Start Family Centre, and there are opportunities to work with families and other agencies. You should have a level 3 qualification in Early Years Education, and experience of working with three and four year old children.

The school is committed to safeguarding and promoting the welfare of children. Applicants will be required to complete an enhanced CRB check.

For an application form and further details please contact the school.

Closing date: Monday 26th January 2009.

Interviews: Monday 2nd February 2009.



It's ability, not disability
 that counts

MILTON KEYNES COUNCIL

At Milton Keynes, we're supporting the growth of our vibrant city while continuing to deliver excellent services. It's an exciting place to be and we're keen to get the balance right - including the work-life balance. So if you're looking for family friendly benefits and the chance to make a difference, make a move to MKC.

Team Leader Transport Modelling & Growth

£36,730 - £42,238

Ref: 50016253/MKN

Transport modelling is essential to ensuring that the Council understands the traffic implications of growth. We need a seasoned transport professional with management experience to provide the Group Manager with expert professional advice. A proven track record of traffic surveying and developing, operating and interpreting traffic models will be vital.

For informal enquiries please contact Brian Matthews on 01908 252064.

Closing date: 6 February 2009.

Interviews: w/k comm. 23 February 2009.

Transport Scheme Development Officer

£36,730 - £42,238

Ref: 50016620/MKN

You will lead the development of transport infrastructure scheme appraisal, assessment, and preliminary design and provide detailed technical advice on the progress of individual and linked improvements. Sound relationship building skills, a degree or equivalent in a relevant subject, and substantial experience in a similar role will be essential.

For informal enquiries please contact Brian Matthews on 01908 252064.

Closing date: 6 February 2009.

Interviews: w/k comm. 23 February 2009.

Senior Extended Services Co-ordinator

£32,380 - £37,555

Ref: 50017257/MKN

Fixed term until March 2010

Continuation subject to funding

Fully conversant with the five-core offer of Extended Services, you will manage the day-to-day co-ordination of the Extended Services Co-ordinators & the programme within the cluster area, ensuring developments raise educational attainment and promote social inclusion. Confident managing multi-agency project teams, you will bring working knowledge of effective community development in and around schools and the wider community.

For informal enquiries please contact Michael Greenfield on 01908 254501.

Closing date: 30 January 2009.

Interviews: 9 February 2009.

Children's Centre Programme Implementation Manager

£32,380 - £37,555

Ref: 50016887/MKN

Fixed Term to March 2011

As one of three Implementation Managers, you will help to implement the Children's Centre strategy with schools, communities, and partner organisations. Keen to disseminate good practice and ensure local services meet local needs, you will have experience of managing staff, change, budgets in education, child care, or health. Please note Safer Recruitment processes will apply to this vacancy. Previous applicants need not apply.

For informal enquiries please contact Elaine Jackson on 01908 254521.

Closing date: 30 January 2009.

Interviews: w/k comm. 9 February 2009.

Fraud Officer

£24,331 - £28,862

Ref: 50010117/MKN

You will investigate potential benefit fraud by extracting information, observing suspects, and making personal enquiries, recording any evidence gathered accurately and sequentially. You'll come to us with a background in benefits or investigation, ideally within a local authority environment. Sound organisation, prioritisation, and report writing skills will also be essential.

For informal enquiries please contact Paul Strangward on 01908 254230.

Closing date: 30 January 2009.

Social Worker Physical Disability

£20,591 - £33,231 pro rata

Ref: 50017112/MKN

18.5 hours per week

You will work with adults under 65 with a range of disabilities, supporting them to live as independently as possible in the community. Enthusiastic about the personalisation agenda and familiar with the Electronic Social Care Record, you will be a registered social worker with the use of a car.

For informal enquiries please contact Linda Macdonald on 01908 253585.

Closing date: 30 January 2009.

Interviews: 12 February 2009.

Families Information Service Outreach Co-ordinator

£20,591 - £25,146

Funded until March 2011

Ref: 50015521/MKN

We need someone with strong prioritisation skills to supervise the Families Information Service Team in the absence of the manager, plan the outreach programme, and assist in the implementation of a new database. Experience of information handling will be vital. Safer recruitment practices apply to this role.

For informal enquiries please contact Miranda Darbyshire on 01908 254505.

Closing date: 30 January 2009.

Customer Liaison Officer

£20,591 - £25,146

Ref: 50011051/MKN

As the first point of contact for the Adult Social Care Access Team, you will be responsible for initial screening and signposting, completion of contact assessments, and arranging low level services. Excellent communication and IT skills and some experience in social care and customer services will be essential.

Closing date: 30 January 2009.

Interviews: 13 February 2009.

Senior Instructor - Outdoor Education

£17,574 - £21,244

Ref: 50015446/MKN

We need someone with excellent communication, leadership, motivational, and risk assessment skills together with a high level NGB qualification in climbing, to deliver a range of programmes to young people and adults. Your focus will be on our climbing/ high ropes course, artificial caving, and team building activities but you will also deliver DoE training and waterbased activities.

For informal enquiries please contact Graham Foster on 01908 232042.

Closing date: 6 February 2009.

Interviews: w/k comm. 23 February 2009.

Families Information Service Officer

£17,574 - £21,244

Ref: 50012233/MKN

Funded until March 2011

18.5 hours per week salary payable pro rata

The post requires an individual to provide comprehensive information and advice to children and their families, within the age range of 0 - 19, with a special interest in children with disabilities. You should have excellent IT skills, be able to multi-task and work under pressure whilst remaining customer focused at all times. Safer recruitment processes are applied to this role.

For informal enquiries please contact Miranda Darbyshire on 01908 254505.

Closing date: 30 January 2009.

Teacher of the Hearing Impaired

MPS/UPS + 1 SEN

Ref: 50012589/MKN

(2 SEN for Qualified TOD)

(Recruitment & Retention Allowance for Suitable Applicant who is Teacher of the Hearing Impaired)

You will develop continuing professional development activities for teachers and other adults and work with schools on the policies and practice relating to students with hearing impairment. A qualified teacher, you will bring recent experience of raising the attainment of pupils with special educational needs and promoting educational inclusion. Experience and/or an interest in Early Years would be an advantage. Safer recruitment processes apply.

For informal enquiries please contact Uday Thakrar or Jennie Whelan on 01908 238196.

Closing date: 30 January 2009.

Interviews: w/k comm. 9 February 2009.

To apply online visit: www.theplacetobe.info

For an application form, email: jobs@ilton-keynes.gov.uk call us on 01908 253344 or 253462 (24 hour answerphone). If you have a hearing impairment and have access to Minicom please phone 01908 252727 (office hours only). Please quote appropriate reference. Salaries will normally start at the first point of the grade.

We are unable to accept CVs, unless accompanied by a completed application form.



It's ability, not disability that counts



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• UNRIVALLED TRAINING LOCAL TO YOU

FOR MORE INFORMATION FREEPHONE 0800 288 8855
www.go-red.co.uk

3½ year UK/EU driving licence required. Course fees apply. 6+ points may prohibit application. Ref 115

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We have vacancies for reliable, self motivated people to join our interviewing teams in your area. Calling on people in their own homes - no selling. Full training provided. Own car and landline essential. Good level of written and spoken English required. Excellent rates of pay.

Contact 0845 345 7065 for an application pack or visit www.ipsos-mori.com/interviewers quoting reference 005L



Developing Potential

WILL YOU HAVE THE SKILLS AND EXPERIENCE TO GAIN EMPLOYMENT WHEN INDUSTRY PICKS UP AGAIN?

No? Then why not join one of our unemployed training schemes.

We have vacancies over our three sites across Bedfordshire for immediate starts in Engineering and Motor Vehicle Apprenticeship programmes. We also offer pre-apprenticeship programmes, as well as E2E covering Engineering, Motor Vehicle and Construction training.

Bedford Training Group offers a unique blend of employment and training and also operates an Equal Opportunities Policy and welcomes applications from all genders and ethnicities.

Contact us on 01234 843804 for an application form.



Residential / Day Care for People with Learning Disabilities

We are a well established care provider in Bedfordshire since 1985 operating 3 residential homes and 3 day care centres offering a wide range of services to meet individual needs.

Full Time Deputy Manager

To support the Registered Manager in the management and running of a care home in Bedford. You should have at least three years experience in this field and have or be working towards NVQ level 3.

Support Workers

Full, part-time or relief hours for Bedford and Sharnbrook

Application Pack – Tel: 01234 342626

Subject to CRB & POVA

Equal Opportunities Employer

ALBAN CHURCH OF ENGLAND MIDDLE SCHOOL

Silver Street, Great Barford, Bedfordshire. MK44 3HZ
Telephone: 01234 870735
Fax: 01234 870736

www.albanmiddleschool.co.uk

TEACHING ASSISTANT (BEHAVIOUR SUPPORT)

NJC Level 2a, Point 10-13

£9,203 - £10,541 per annum

28.75 hours per week - 8.45am to 3.30pm daily
Term time only, plus 5 training days

Required as soon as possible

Fixed term contract to 31st August 2009 in the first instance, which, if funding permits, could be extended for up to 3 years.

The Governors of Alban Church of England Middle School, situated in the picturesque village of Great Barford, seek to appoint an enthusiastic and well organised teaching assistant for this busy and successful school.

Duties include providing behaviour support for children across the school.

Previous experience of working with children is preferred.

Application packs and further details can be obtained by telephoning the school or by visiting the 'Job Vacancy' section on our website.

The school is committed to the safeguarding of children and adopts recruitment procedures that promote the safety and wellbeing of children. All posts are subject to enhanced CRB clearance.

Closing date for applications: Monday 19th January 2009, 12 noon.

Change lives for good

When asylum seekers and migrants arrive in the UK, it can be just the start of a tough journey. We're here to make sure that they receive fair treatment and justice. A well respected and growing national organisation, we aim to help around 10,000 new clients each year. Join us, and you'll be right at the heart of our mission. It's about more than supporting others to enjoy their fundamental human rights. It's about making a positive difference to people's lives.

Caseworkers

From £21,480 for LSC Level 2 qualified caseworkers

Trainee rates available
Bedford

Employment commencing 6 April 2009

Your role will be to provide legal assistance to asylum seekers and migrants - often taking cases from beginning to end. As well as giving high-quality advice, you'll represent your clients at hearings and appeals before Immigration Judges.

Relevant experience and accreditation at Level 2 of the Law Society's Accreditation Scheme would be ideal. But if you have the passion, determination and life skills to do a great job, we offer full training to become a fully accredited caseworker.

At whatever level you join us, you must have the ability (or potential) to conduct in-depth interviews, manage a large workload to tight deadlines, compile comprehensive evidence and advocate on behalf of others. You should also be PC literate and eligible to work in the UK for at least three years.

In terms of job satisfaction, you'd be hard pressed to find anything more fulfilling. On top of that, you'll enjoy outstanding benefits including generous annual leave and pension scheme. Our commitment to help you maintain a healthy work/life balance also includes flexible hours.

Find out more and apply at

www.rlccareers.org.uk

Closing date: 29 January 2009

We are committed to ensuring equal opportunities.

The Refugee Legal Centre is a registered charity; Number 1012804.



REFUGEE LEGAL CENTRE



Enabling single homeless people to prepare for and achieve independence, through education, supported accommodation, resettlement service & support in the community.

Based in Bedford

1 x Outreach Manager

£20,508 pa 37 hrs per wk

Maternity Cover (Temporary for 12 months)

We are looking for a dynamic and enthusiastic individual to work with us on our Stepping Stones project that delivers education, training and employment to vulnerable adults within our supported accommodations and in the community. The successful candidate will be responsible for a small team and have excellent communication skills both verbally and in writing. You will need to produce written progress reports when requested and be proficient in the delivery of training in basic skills.

1 x Job Share Project Worker

£17,015 pa (pro rata) 18.5 hrs per wk

The successful candidate will play a key role in supporting our service users to work towards independent living. You will need to have gained knowledge and experience in a similar role and have excellent communication and interpersonal skills and a good knowledge of Microsoft Word and Excel. A qualification within this field will be advantageous. You will be required to carry a pager on a rota basis and work on a shift pattern, which includes evenings and weekends.

1 x Night Patrol Officer

£13,443 pa (pro rata) 37 hrs per wk

Temporary for 2 years | Tuesday – Saturday inclusive

The successful candidate will be responsible for the general night security of our supported accommodation. Maintaining security and ensuring that house rules are observed, responding to emergencies as and when necessary. Previous experience within a similar role is essential.

Closing Date: 21st January 2009 at 12 noon

If you would like to apply for any of the above positions please contact:

Debbie Pillar in Human Resources at Bedford Housing Link, 34A High Street Bedford MK40 1SP, 01234 358478 or email recruitment@bhl.net

We are committed to Diversity and Equality of Opportunities.



Bedford Housing Link

eMC Design Ltd is a well-established graphic design studio with great facilities in a rural setting. We design and produce educational books for the UK's top publishers (OUP, BBC, Macmillan and others) and provide creative marketing services for local companies.



Office Manager

We are looking for someone to work closely with the MD to help run the company. Duties will include invoicing and collecting costs on projects, quotations, maintaining our in-house management system, scheduling work and basic office admin and HR record keeping. There will be some interaction with clients when discussing schedules and costs.

In addition to the usual Microsoft Office experience, the candidate will need to demonstrate initiative,

good computer literacy, and excellent organisational skills. Some experience of scheduling and managing projects would be an advantage.

eMC Design has grown very quickly in the last 3 years and the candidate will be closely involved with developing and improving the running of the business. This is a challenging job and a key position in the company with the potential to rise to a senior role. Salary depending on experience.

Come and join a small, friendly team in an expanding studio of enthusiastic people. Reply in writing with your CV and salary expectations to:

eMC Design Ltd
The Barn, Windmill Lane, Park Road,
Stevington, Bedford MK43 7QG

www.emcdesign.org.uk

Dame Alice Harpur School

Selective Independent Day School for girls in Bedford

GSA 855 pupils.

Part-time Teacher of Geography

Part-time Teacher of History and Politics

Teacher of Philosophy and Religion - one year fixed term contract

Required for the Autumn Term 2009, three well-qualified graduates to join a lively and successful team of specialist staff in this selective independent day school for girls. The Bedford Charity salary scale applies. Benefits currently include fee remission and free membership of BUPA.

ICT Network Support Engineer (circa £25k)

Required as soon as possible, an additional Engineer to contribute to the School's future strategic developments. Duties will include 2nd and 3rd line server and network infrastructure support on VMware Virtual Infrastructure and Windows Server 2003 Active Directory. You must have MCP or MCSA in Windows Server 2003 and a minimum of one year's experience in administration of Windows servers and network infrastructure plus a good knowledge of switching and routing.

Closing date for applications is Wednesday 28th January. Interviews will be held during the week beginning Monday 2nd February. An application form and detailed job descriptions can be downloaded from our website - www.dahs.co.uk, 'Employment at DAHS' area. Tel: 01234 340871 Fax: 01234 344125 email: hr@dahs.co.uk
Dame Alice Harpur School, Cardington Road, Bedford MK42 0BX

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Advertising Deadline: Tuesday 5.00pm

Cranfield & Marston Surgery

Due to retirement the following positions have become available.

Secretary

25 hours a week over 5 days.

To provide secretarial support for 5 GPs in busy rural surgery.

Knowledge of Microsoft Office essential. Experience in using medical terminology desirable. Full in-house training available for successful candidate.

Office Manager

27 hours a week over 5 days.

Responsibilities include day to day running of office, staff management, patient liaison and facility management.

IT skills essential. Previous experience of working in the NHS desirable but not essential.

Please send CV and covering letter to Sue Meadows, Practice Manager, Cranfield & Marston Surgery, 137 High Street, Cranfield, Bedford MK43 0HZ Tel: 01234 750234

Closing Date: Friday 30 January 2009

Please note no acknowledgement will be sent for applications. Shortlisted candidates will be notified by 13 February 2009.

Part-Time Practice Nurse

16-20hrs (Negotiable) Weds-Thurs

We are looking for a well motivated and enthusiastic part time Practice Nurse to join our busy, friendly practice.

The successful applicant will have excellent nursing skills, and the ability to communicate at all levels. Normal Practice Nurse Duties including cytology & childhood immunisations. Previous Practice Nursing experience (essentials required).

Full registration of the NMC is essential.

Please send your CV along with a covering letter to: Mrs L Pearson, Practice Manager, Rothsay Surgery, 14 Rothsay Place, Bedford MK40 3PX

Tel: 01234 271800 Email: e81611.hood@nhs.net

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"I used to work in a bank, now other people bank on me"

Colleen, Community Access Worker



"I left the bank when I saw an advert in the paper for community access workers and decided to speak to other members of staff about the job. They couldn't have been more enthusiastic, and now neither can I. Nowadays I thoroughly enjoy going to work. I help people and that makes me feel good about myself. Every day presents a new challenge in this job. One day I might be helping someone to get ready for the day centre, the next I might be shopping with somebody else in the centre of Milton Keynes. You never quite know what's round the corner. And that's what makes the job so exciting."

Relationships are vital to the way that we support people. The Joint Learning Disability Service brings together the specialist services for adults provided by both Milton Keynes Council and Milton Keynes Primary Care Trust. The people we are looking for are caring, understanding individuals who appreciate how making someone feel respected makes a difference. We aim to look after our staff with as much care and attention as we look after the community. So you can expect some excellent benefits here: a pension scheme, vehicle usage allowance, sleep - in allowance, enhanced pay for weekends, 27 days annual leave (rising to 31 after five years' service).

Senior Community Access Worker

£20,591 - £25,146 • Ref: 50015465/MKC

As far as possible we encourage individuals to lead independent lives, building their own social network and relying less on service support systems. You will be able to manage and supervise a team, plan, develop and implement services to help users make informed choices and express their needs. Working closely with people on a one-to-one basis, you will attend reviews, prepare reports and encourage activities which enable education, social activity and employment in the community. You must be a proven line manager, ideally with relevant experience in developing support networks and services for people with learning disabilities.

To find out more about either of these roles please contact Jason Myrie on 01908 222944.

To apply online visit: www.theplacetobe.info

For an application form, e-mail: jobs@milton-keynes.gov.uk Call us on 01908 253344 or 253462 24 hour answerphone. If you have a hearing impairment and have access to Minicom please phone 01908 252727 (office hours only). Please quote appropriate reference.

Salaries will normally start at the first point of the grade.

We are unable to accept CVs, unless accompanied by a completed application form.

Closing date: 30 January 2009.

We are an
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As a strong community leader,
MKC operates a smoke free policy

Milton Keynes
Primary Care Trust



MILTON KEYNES
COUNCIL

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- No experience necessary
- Candidates urgently required to start Government's ABBE approved training now

Ref: MT1808

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Departmental Secretary (p/t)

£13,000 - £14,500 pa pro rata Sandy

This varied role will involve working with the Volunteering Development Department Team to ensure they are supported and resourced to undertake their roles effectively and also assist in organising volunteering events. We are looking for an enthusiastic self-motivated individual who prides themself on delivering high standards of customer care and support to colleagues. Part time: 27.5 hours, 5 days per week.

Closing date: 23 January 2009. Interview date: 6 February 2009.

For further information and an application form, please visit our website.

www.rspb.org.uk/vacancies



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Denbigh School is looking to recruit another Educational Psychologist to join our team. This person would work with our West Flank family of feeder Schools.

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Our new Educational Psychologist will be instrumental in making a major contribution to this new initiative. The right candidate will have excellent interpersonal skills, be flexible in their approach to work, and creative enough to help us strive to cultivate 'a Centre of Excellence and Success'.

We would be pleased to receive applications from experienced Educational Psychologists or those on a Post Graduate D.Ed.Psy course. The salary will be paid on the Soubury Scale, depending on qualifications and experience.

A part-time appointment (of 4 days per week) could be considered.

Please contact Sarah Parker, Headteacher, or our website on www.denbigh.net for further details and an application pack.

The deadline for applications is Thursday 29th January 2009 and it is envisaged that interviews will be held in the week beginning 2nd February 2009.

Denbigh School, Burchard Crescent, Shenley Church End,
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www.denbigh.net Email: Headteacher@denbigh.net

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The school is over-subscribed, consistently successful with an inclusive, supportive culture. 'A very good school with outstanding features' (Ofsted October 2007).

Please apply by letter or e-mail to Mr. A.R. Withell, Headteacher, together with a C.V. and the names of two referees.

Closing date for applications: **Monday 19th January 2009**

Interviews will take place on: Friday 23rd January 2009

All posts in schools are subject to Disclosure

Headteacher: Mr. A.R. Withell, B.A. (Hons), M. Phil
Hall End Road, Wootton, Bedford, MK43 9HT.

Tel: 01234 767123 Fax: 01234 765203

Email: wootton@wootton.beds.sch.uk

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Closing date Sunday 18th January 2009.



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Band 5 - Full & Part Time

Ref: 414-WC77

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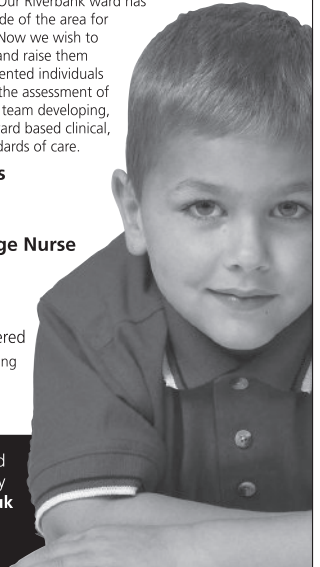
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Required for April 2009

Salary MPS + TLR2b (£3940.00)

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The person appointed will play a significant part in the development of this popular rural school

Closing Date : Friday 30th January 2009

ENGLISH AND GENERAL SUBJECTS TEACHER

Required from February 2009

An enthusiastic English and General Subjects teacher for key stage 2 and 3 to cover maternity leave.

Salary MPS

Closing Date : Tuesday 27th January.

Visits to the school are welcome

Application form and further information from the School Office Manager, Mrs P Norris

The School is committed to the safeguarding and promoting of the welfare of children within our Child Protection Policy. The successful candidate will be required to commit to a full CRB check.

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MKNEWS

Road School Sports College

Stratford Road, Road, Northampton NN7 2LP

Tel: 01604 862125 Fax: 01604 863912

E-mail: roadschool@btconnect.com

At Road School, we are proud of our specialist sports status, which is the framework for our work to raise achievement and to promote the personal development of all our students. Staff and students work purposefully together in an environment rich in tradition but which also embraces modern working practices and technology. A very favourable student to teacher ratio allows every student to flourish and prepare for the life ahead of them.

Progress Learning Leader - TMS plus TLR2b £4,036

This pastoral post has a strong focus on monitoring the academic progress of pupils in the year. Our pastoral staff at Road School are enthusiastic, supportive and are highly rated. You will lead a team of Form Tutors, working with Behaviour Support Assistants and Learning Mentors to raise pupil achievement. There will also be opportunities for further training.

The ability to teach one of the following subjects would be an advantage: Maths, Geography, History, ICT, or Science.

Teacher of Mathematics - TMS

We are seeking a Mathematics Teacher to contribute to a dedicated and enthusiastic department. The successful applicant will teach KS3 and KS4. There will be opportunities for support and further professional development and training.

Teacher of Geography - TMS

We are looking for an enthusiastic and well-qualified Teacher of Geography to join a highly successful key department, teaching across the whole age range. The department has a fine track record of exam success at A Level and GCSE and is a popular subject. The ability to offer a second subject is desirable but not essential.

Teacher of History & Citizenship - TMS

History is a very popular subject throughout the school, which enjoys excellent academic success at all key stages. We are seeking an enthusiastic and talented Teacher to join our History Department. The successful candidate will have the opportunity to teach KS3, KS4 and Post 16 A Level History.

Teacher of ICT - TMS

A dynamic ICT Teacher is required to contribute to a very dedicated and enthusiastic department. The successful applicant will teach all key stages, including KS5 and should ideally be familiar with the new Post 16 specification. The IT facilities are modern and up to date and there will be opportunities for CPD for the successful candidate.

Teachers of Science - TMS

We are looking for 2 enthusiastic and talented Teachers of Science to join a developing and supportive departmental team. The post-holders will be expected to deliver the subject across the age and ability range and within GCSE courses including the separate Sciences, core Science and BTEC Science. An ability to contribute to the teaching of general Science would be an advantage, although not essential. There will be the opportunity to teach some A Level, ideally Chemistry. We would consider Teachers who have Science as a second subject, with proven classroom experience, to fulfil these posts. In return for additional responsibility within the department, there is the opportunity for one suitable candidate to be eligible for a TLR2a allowance (£2,422 pa).

If you are interested in the Progress Learning Leader post along with the above vacancies, please indicate in your application.

Start date for all teaching positions is 20th April 2009

Closing date for all of the above positions: Wednesday 28th January 2009

Interviews to be held w/c 2nd and 9th February 2009

Catering Assistant Required - (Fixed term to 31 December 2009)

NJC Scale 1/Point 4,

Hours of work: Mon,Tues,Thurs,Fri: 11.45am - 3pm / Weds: Noon - 3pm

16 hours per week during school term time (38 weeks). Actual salary: £4,208

To work in a busy, friendly in-house school catering department. Duties will include food preparation, cooking, serving, till work, and cleaning jobs associated with a kitchen. Meals and a uniform are provided.

Our canteen has the heartbeat award, which we have held for many years and we hold Northamptonshire Healthy Schools Gold Award status. We are committed to meeting the Government guidelines on food provision for students.

Cleaners Required - NJC Scale 1/Point 4 - £6.19 per hour

We are seeking to appoint Cleaners to join a friendly in-house school cleaning team. The hours of work are between 5am to 8am and/or 3pm to 6pm, Monday to Friday, during the school term time, with one additional week during school closures. A uniform will be provided.

Closing date: Thursday 29th January 2009

Interview date: Tuesday 3rd February 2009

We are a medium sized comprehensive school of over 1,100 pupils aged 11-18 and we are committed to their safeguarding.

Successful applicants will be subject to identity and enhanced CRB checks.

We are an equal opportunities employer and welcome applications from all sectors of the community.

For an application form please contact the 24 hour vacancy line

on 01604 861188 or email to

ducketta@roadschool.northants.sch.uk

Please note that we do not accept CV's.

Road School Sports College



160 Bronte Avenue, Tattenhoe Park, Milton Keynes MK4 3GE
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Headteacher, Sue Cox

Nursery Nurse

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MK5 (£11,940 - £14,433)

Teaching Assistant

30hours a week, term time only.

MK3 (£8,798 - £10,420)

This is a fantastic opportunity to be part of our exciting new school which opened in September 2008. We are seeking to recruit key support posts for our Foundation Stage and are looking to appoint staff with enthusiasm, commitment and energy who will share our passion to create an excellent school.

Start date: Monday 20th April 2009

For an application form and further details, please contact Jackie Offord on 01908 502572. Alternatively please contact us via email – prioryrise@milton-keynes.gov.uk.

Closing date: Tuesday 3rd February 2009 12:00noon

Interview: Wednesday 11th February 2009

We are committed to safeguarding children and enhanced CRB disclosures are required for this post.

Inspiring a passion for learning!



NEW BRADWELL SCHOOL

BOUNTY STREET, NEW BRADWELL

MILTON KEYNES, MK13 0BQ

Tel: (01908) 312244 Fax: (01908) 222869

Email: admin@newbradwellschool.org.uk

Headteacher: Mr Philip Webster

Chair of Governors: Mr Ian Franklin

LEARNING SUPPORT ASSISTANTS

To be involved in our new inclusion department supporting children with special educational needs.

MK4: (£15532-£18226) Pro rata for 39 weeks of the year equates to £10462.30 to £12276 per annum - 30 hours per week

Due to the success of the Communication Department within the school we are looking to expand the number of pupils we support. This will therefore enable us to increase our staff and to develop an Inclusion Team that can support a number of children on the Special Needs register.

This is an exciting opportunity to be involved in establishing a new team within the school. The successful candidates will be required to carry out a wide variety of tasks under the direction and supervision of our Inclusion Manager.

Potential applicants are encouraged to visit the school. Please contact us to arrange an appointment, or to request further information and an application form.

The school is committed to safeguarding children and successful applicants will require an enhanced CRB check.

Closing date for applications: Friday, 30 January 2009.

Interviews will take place on: Tuesday, 24 February 2009.

New Bradwell School - Inspiring the learner in you

Parripak is one of the leading fresh vegetable preparation specialists in the country, serving food manufacturers and food service companies. Due to continued growth and expansion of our site, we have a number of opportunities available:

HUMAN RESOURCES ADVISOR (Ref: 09/001)

We have an opportunity for an experienced HR Advisor/Officer to join our small HR team to cover maternity leave. With a bias towards payroll, the successful candidate will co-ordinate weekly and four weekly payroll, maintenance of the payroll/HR database, provide HR advice to managers and employees, assist with employment relation issues and recruitment. Candidates should have previous HR/payroll experience and excellent communication skills.

FACTORY PLANNER (Ref: 09/002)

We have a vacancy for an experienced Planner to plan day to day production across the factory in the most efficient and economical manner. Candidates should have experience of working within a manufacturing environment preferably chilled food.

STOCK CONTROLLER (Ref: 09/003)

In this role you will ensure we have available the full range of raw materials required by our factory. This will include maintaining accurate stock records, drawing up weekly purchasing schedules and maintaining the product database. A high level of attention to detail is essential in this role together with excellent communication and IT skills.

PRODUCTION OPERATIVES (Ref: 09/004)

We have vacancies for experienced food production operatives to join our team. Successful candidates will be trained to undertake a variety of tasks across the factory working with a wide variety of vegetables. As a Production Operative you will work a 12 hour shift between 6am and 10pm, four on four off.

If you are interested in any of the vacancies, please forward your CV with a covering letter, stating the reference number of the position you are applying for to human.resources@parripak.co.uk or Human Resources, Parripak Foods Ltd, Sandy Lane, Chicksands, Bedford, Beds, SG17 5QB alternatively contact Human Resources for an application pack (01462-813279 or human.resources@parripak.co.uk).

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Please apply in writing, giving full personal and career details, to Elizabeth Evans, Human Resources and Finance Assistant, Isotrak Ltd., 2 Eskan Court, Campbell Park, Milton Keynes MK9 4AN

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Ref: 11835

If you're an experienced catering professional then this is a unique opportunity to pass on your skills. Your main responsibility will be to assist in the training and development of a team of detainees to help them produce prison meals on a daily basis. Ideally, you should have a minimum of Food Safety Level 2 (or equivalent) to take on this role, and be committed to maintaining a high standard of food hygiene and production.

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£12,400

Ref: 11836

In this role you will assist the Chef Manager in the daily production of food and preparation. You will maintain an exceptionally high standard of food production service and food and personal hygiene, whilst observing statutory health and hygiene regulations.

HR Assistant

£17,000

Ref: 11834

As a member of the HR & Development Team you will assist in providing generalist advice and guidance and contribute to the provision of a confidential, accurate and effective HR Service. You will co-ordinate recruitment for all vacancies, which includes ensuring all applications are screened and meet the pre-requisites of the position. It is essential that you have previous experience working in HR and have excellent interpersonal skills, experience of project management knowledge and an ability to analyse basic statistical information.

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Closing date: 26 January 2009

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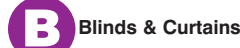
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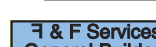


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THE A5 TRUNK ROAD (REDMOOR ROUNDABOUT, MILTON KEYNES) SOUTHBOUND EXIT SLIP ROAD (TEMPORARY PROHIBITION OF TRAFFIC) ORDER 2008

NOTICE IS HEREBY GIVEN that the Secretary of State for Transport has made an Order on the A5 Trunk Road at Milton Keynes, to allow for the replacement of filter drain material in the verge to be carried out in safety.

The works are expected to take place over 3 nights (8pm - 6am) starting on, or after, Wednesday 21 January 2009. The Order will come into force on 19 January 2009 and have a maximum duration of eighteen months.

The effect of the Order will be to close the A5 southbound exit slip road leading to the A421 at Redmoor Roundabout, Milton Keynes. Traffic will be diverted via the southbound exit and northbound entry slip roads at the H10 Roundabout.

The slip road closure (which will not apply to works, emergency service, traffic officer or winter maintenance vehicles) will be clearly signposted throughout the duration of the works.

MRS A V MIDDLETON
An official of the Highways Agency

General Enquiries relating to this notice may be made in writing to Nick Cook at the Highways Agency, Woodlands, Manton Lane, Manton Industrial Estate, Bedford MK41 7LW or by telephoning 01234 796040.

THE COUNCIL OF THE BOROUGH OF MILTON KEYNES HIGHWAYS ACT 1980 SECTION 116 NOTICE OF APPLICATION AREAS OF HIGHWAY ADJOINING CHILDS WAY, ELDER GATE AND AVEBURY BOULEVARD, MILTON KEYNES STOPPING UP ORDER 2008

TAKE NOTICE that the Council of the Borough of Milton Keynes intends to apply to the Milton Keynes Magistrates' Court sitting at Milton Keynes Magistrates' Court, 301 Silbury Boulevard, Witan Gate East, Milton Keynes, MK9 2AJ on **Wednesday 11 February 2009 at 2.00 pm**, for an Order under section 116 Highways Act 1980 authorising the Council to stop up areas of the highway adjoining Childs Way, Elder Gate and Avebury Boulevard, Milton Keynes, which for the purposes of identification are shown shaded in pink on the plan to which the Order relates and described in the Schedule below, on the grounds that the areas of highway are unnecessary for highway purposes. At the hearing of the application for the Order, any person who would be aggrieved by the making of the Order applied for will have the right to be heard. A copy of the plan showing the areas of the highway to be stopped up can be inspected free of charge at the offices of Milton Keynes Council at the Civic Offices, 1 Saxon Gate, East Milton Keynes, MK9 3HG between 9.00 am and 5.00 pm on Mondays to Fridays inclusive. Please quote reference 1057/SUO/P/543/BAO.

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Area B comprising approximately 149 linear metres of Elder Gate with an approximate width of 19 metres including footway and verges forming a total area of approximately 2831 square metres.

Area C comprising approximately 152 metres of Service Road adjacent Avebury Boulevard with an approximate width of 26 metres including parking bays, footway and verges forming a total area of approximately 3952 square metres.

14 January 2009

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Civic Offices
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Philip McCourt
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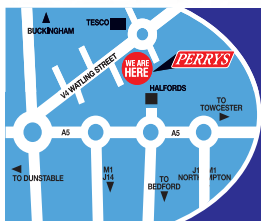
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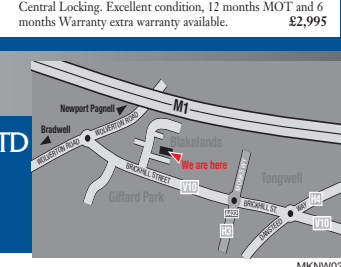
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02 (S2)	PEUGEOT 206 LX 3dr, met green, 62k, PAS, e/w, remote c/l, CD, MoT, vgc	£2,595
01 (S1)	PEUGEOT 307 1.6 5dr, met grey 57k, 2 owners, PAS, e/w, c/l, a/c, CD, MoT, vgc	£2,495
00 (X)	PEUGEOT 206 LX 3dr, met blue, PAS, e/w, remote c/l, a/c, stereo, MoT, vgc	£1,995
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00 (X)	CLIO GRANDE RN 1.2 5dr, met red, 52k, 2 owners, PAS, e/w, c/l, s/r, stereo, MoT, vgc	£2,195
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99 (V)	CLIO RXE 1.6 AUTO, met blue, 61k, PAS, e/w, c/l, a/c, alloys, stereo, MoT, vgc	£1,695
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99 (V)	FOCUS TD ESTATE GHIA, silver, PAS, e/w, c/l, a/c, CD, MoT, vgc	£1,995
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FIXTURES

2008-09

DONS' SCORE FIRST

August

9	Leicester	A	0-2
12	Norwich (CC)	H	1-0
16	Northampton	H	1-0
23	Huddersfield	A	3-1
26	Cardiff (CC)	A	1-2
30	Swindon	H	1-2

September

6	Yeovil	H	3-0
13	Oldham	A	0-2
20	Colchester	A	3-0
27	Peterborough	H	1-2

October

4	Millwall	A	4-0
7	Bournemouth		
	JPT	H	0-1
11	Carlisle	H	3-1
18	Crewe	A	1-1
21	Stockport	H	1-2
25	Cheltenham	H	3-1
28	Leyton Orient	A	2-1

November

1	Tranmere	H	1-0
8	Bradford (FAC)	H	1-2
15	Hartlepool	A	3-1
22	Walsall	A	3-0
25	Hereford	H	3-0

December

6	Scunthorpe	H	0-2
12	Brighton	A	4-2
20	Leeds	H	3-1
26	Bristol Rovers	A	2-1
28	Southend	H	2-0

January

3	Peterborough	A	P-P
12	Colchester	H	1-1
17	Carlisle	A	
24	Millwall	H	
27	Leyton Orient	H	
31	Cheltenham	A	

February

3	Stockport	A	
7	Crewe	H	
14	Hartlepool	H	
21	Tranmere	A	
28	Leicester	H	

March

3	Northampton	A	
7	Swindon	A	
10	Huddersfield	H	
14	Oldham	H	
21	Yeovil	A	
28	Leeds	A	

April

4	Brighton	H	
10	Southend	A	
13	Bristol Rovers	H	
18	Scunthorpe	A	
25	Walsall	H	

May

2	Hereford	A	
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An acrobatic Aaron Wilbraham comes close to connecting in the first half against Colchester on Monday night

LEAGUE ONE TABLE

		HOME					AWAY								
		P	W	D	L	F	A	P	W	D	L	F	A	GD	PTS
1	Leicester	24	10	2	1	25	7	6	4	1	21	12	27	54	
2	MK Dons	23	8	0	4	22	11	8	1	2	26	12	25	49	
3	Millwall	23	8	3	1	17	10	5	2	4	16	16	7	44	
4	Peterborough	23	7	3	1	24	11	5	4	3	21	19	15	43	
5	Oldham	24	6	5	1	24	11	5	4	3	18	16	15	42	
6	Scunthorpe	23	6	3	2	24	15	6	2	4	18	15	12	41	
7	Stockport	23	4	4	4	16	15	6	3	2	18	9	10	37	
8	Tranmere	23	8	1	3	22	13	3	3	5	11	16	4	37	
9	Huddersfield	25	5	4	4	19	17	5	3	4	15	19	-2	37	
10	Leeds United	24	6	2	4	23	16	5	1	6	16	17	6	36	
11	Colchester	23	3	3	6	11	13	6	1	4	24	23	-1	31	
12	Walsall	23	6	0	5	19	18	3	4	5	14	16	-1	31	
13	Northampton	24	5	6	2	17	11	2	3	6	15	20	1	30	
14	Southend	23	6	2	3	14	10	2	4	6	15	27	-8	30	
15	Hartlepool	23	5	4	3	26	21	3	1	7	8	17	-4	29	
16	Carlisle	24	6	1	4	22	15	2	3	8	9	21	-5	28	
17	Bristol Rovers	23	5	2	4	23	16	1	6	5	17	22	2	26	
18	Yeovil	23	2	6	3	13	15	3	3	6	9	18	-11	24	
19	Brighton	23	2	4	5	15	19	3	4	5	12	15	-7	23	
20	Swindon	23	3	3	6	18	23	2	5	4	16	19	-8	23	
21	Leyton Orient	24	2	3	6	9	16	3	4	6	9	16	-14	22	
22	Cheltenham	23	4	3	5	16	21	1	2	8	10	28	-23	20	
23	Hereford	23	3	4	4	12	11	1	1	10	5	25	-19	17	
24	Crewe	23	3	2	6	13	21	1	2	9	13	26	-21	16	

PREVIEW

CARLISLE UNITED

League One
Saturday, January 17
Warwick Road
KO 3pm



A PLUS 500 miles round trip awaits the Dons this Saturday.

The long away day journey will be their first game on the road since Boxing Day.

Last year Carlisle looked good for automatic promotion until a late drop in form saw them fade away.

And they have faded further away the season into the murky mid-table mediocrity.

When Carlisle came to stadiummk earlier in the season they went ahead through their highly rated striker Danny Graham.

Yet the Dons went on to win 3-1.

Dons have Alan Navarro back from suspension.

PETERBOROUGH

League One
Tuesday, January 20
London Road
KO 7.45pm



TWICE postponed due to the FA Cup and a frozen pitch everyone is hoping it's a case of third time lucky for this meeting.

There is rarely a dull game between the Dons and Peterborough due to both sides desire to play football with a flare.

Both are flying high in League One and hunting down a place in the Championship.

Dons are also smarting after defeat to their rivals at stadiummk and will be gunning for revenge against Darren Ferguson's team.

Posh's home record is impressive having won seven of eleven games at London Road.

Puncheon sees red

MK DONS 1

Wilbraham 65

COLCHESTER UNITED 1

Platt 12



BY SIMONE CORGAN

simone.corgan@mk-news.co.uk

COLCHESTER United held MK Dons to their first draw of the season at stadiummk. Dons came from behind to clinch a point despite playing with ten men for 30 minutes following the dismissal of Jason Puncheon.

Puncheon had returned to the Dons just hours earlier on a second loan spell of the season from Plymouth. His game was cut short when he received a straight red for a challenge on U's skipper Dean Hammond.

Former Dons striker Clive Platt put United ahead on 12 minutes before Aaron Wilbraham grabbed his sixth of the season five minutes after Puncheon's exit.

It was more a case of a point earned rather than two dropped for the Dons as they looked far from a team flying high in second place.

Dons went close to opening the scoring inside just three minutes when Peter Leven's effort glanced agonisingly wide. The opportunity had fallen to Leven after Aaron Wilbraham was unable to get his head on the end of Sam Baldock's cross. Yet midfielder Leven just missed out as the ball fell the wrong side of the

right post. However, it was the visitors who took the lead on the 12th minute through ex-Don Platt.

The big target man produced a deft touch after Mark Yeates twisted and turn on the left of the dead ball line to pluck out a great ball for Platt.

From the moment the ball left Platt's foot and hit the back of the net seemed to happen in slow motion as Willy Guert watched the net shake.

There was plenty of life on the wings for the Dons with most moves being played through Jamal Johnson and Puncheon but there were few chances being created.

And the U's were causing a stir in the Dons' defence. This time Ken Izzet snuck through to test Guert with a header which fell straight into the keeper's arms.

Dons were dealt a blow on the 39th minute when Leven was forced off the field with an injury, so Mark Wright was brought on in his place and the midfield was reshuffled with Puncheon moving into a more central position.

The Dons were skating on thin ice as they approached half-time, in truth they would have been happy to still be in with a chance.

Di Matteo altered his side bringing on Jude Stirling in the second half in place of Shaun Cummings, but ten minutes after the restart the Dons still looked like strangers to one another.

Baldock felt he should have had a penalty on the 59th minute when he was caught in a tangle and went down in the box but the referee waved the shout away.

And referee Anthony Taylor was made enemy number one at stadiummk when just a minute later he dismissed Puncheon with a straight red. This was the second red Taylor had shown at stadiummk after he dismissed Flavien Belson earlier in the season.

Despite the odds against them the Dons found their way back into proceedings through Aaron Wilbraham. Johnson, booked seconds earlier for dissent, provided a pinpoint outswinger for Wilbraham to head home in thunderous fashion.

Still the Dons lived dangerously when Yeates burst back down the other end from the restart and when he fluffed his lines in front of goal he argued he had been fouled in the area.

Tore Andre Flo was introduced for his traditional late substitute appearance in Dons colours, but his first contribution was to concede a free-kick.

U's sub Steven Gillespie should have pinched a late winner for the visitors in second minute of injury time but shot wide.

MK DONS: Guert, Lewington (c), Llera, O'Hanlon, Johnson, Wilbraham, Baldock (Flo 78), Puncheon, Cummings (Stirling 45), Howell, Leven (Wright 39). **Booked:** Wilbraham, Johnson, Howell.

Sent-off: Puncheon 60
COLCHESTER UNITED: Walker, Jackson, Reid, Hammond (c), Platt (Gillespie 72), Izzet, Yeates (Wordsworth 87), Baldwin, Perkins, Maybury, Vernon. **Booked:** Izzet.

Referee: Anthony Taylor (Greater Manchester)

Attendance: 8,408

VIEW FROM THE MOOCAMP

SWANSEA City's Roberto Martinez has dismissed rumours linking him to MK Dons skipper Dean Lewington.

The Swans manager was reported to be interested in the left-back and it was said the Championship side were planning on smashing their transfer record to buy him.

A figure of £450,000 was thought to be the price Martinez was willing to pay.

But Martinez has rubbished the talk of a bid for the 24-year-old defender.

Speaking to This is South Wales, he said: "I don't know why we've been linked with him and the same goes for Dean Lewington.

"He is a good, experienced professional, but I am happy with the left-back situation."

Lewington, who was made captain when Keith Andrews left the club, signed a contract extension last year to keep him at stadiummk until July, 2010.

ROBERTO Di Matteo finished 2008 as the best manager in the country. The Dons boss has come out on top of the Managers' Performance table. It was devised to allow managers from every level of League football to pit their wits against one another.

And it is the Italian who clinched the number one spot in the second quarter of the season ahead of his 91 fellow managers.

The table works on a points basis with every competitive game counting towards the manager's individual score in the League.

Points are awarded for victories and draws, with results away from home scoring higher.

They are also awarded for clean sheets and goals-scored throughout the season, while a team's winning margin also con-

tributes towards the total.

Di Matteo finished the second quarter, which was scored from October, 20 until December, 30, on 124 points - five clear of second placed Darren Ferguson.

The 38-year-old Dons supreme ended the first quarter in 17th position.

KEVIN Gallen has agreed to end his contract with MK Dons.

The former-QPR striker cut his stay at stadiummk short by six months and is now a free agent. Thirty-three-year-old Gallen scored 10 goals in 49 appearances.

Bombs fall on Slough

ICE HOCKEY

MK Lightning 7

Slough Jets 6

Slough Jets 2

MK Lightning 4

NEW Lightning signing Joakim Wiklander made a name for himself in an impressive four point weekend for the side.

Lightning came out on top in both their games with Slough and provided plenty of entertainment for their fans in the process.

Swedish forward Wiklander assisted seven of Lightning's eleven goals and scored one all in his debut weekend.

It is not only the fans that Wiklander has impressed, player-coach Nick Poole thinks the latest new face brings a new found confidence to Lightning.

Poole said: "He seems to have slotted in right away and has given us a nice balance to the team. It makes me really excited about the weeks ahead."

"We have a very strong side even before the signing but some of the results haven't gone the way we want them to."

"I've always felt it's a good side and hopefully the introduction of Joakim is just that little boost and skill we needed."

And Lightning had to work very hard to beat the Jets at Planet Ice after they trailed 3-0 early on.

But MK came back with style netting seven times to edge the 13 goal thriller.

Adam Carr scored a hat-trick while Gary Clarke chipped in with two; James Archer and Michael Wales were also on the score sheet.

Poole added: "We had some new line



Lightning players celebrate after scoring in the 13-goal thriller against Slough Jets at Planet Ice

combinations that hadn't played before and it took a while for everybody to get settled in.

"For the fans it was a fantastic game. For the coach, it's not exactly what you prepare for but it was a good result in the end."

"Defensively we've been good all season, we have struggled at times to score goals so it should give us a lot of confidence."

Sunday's game proved a little easier as Carr added his fourth and fifth goal of the weekend while Wiklander and Wales also found the net.

It was two perfect displays to produce ahead of Lightning's back-to-back meetings with Peterborough Phantoms.

Lightning have won on one of their four encounters with the rivals this season.

Poole described the Phantoms as 'the best side' in the English Premier League but insists his side can win both games.

"We have a lot of belief. If we can play well we can compete with them and beat them."

■ LIGHTNING host Peterborough on Saturday, face-off 7pm, and travel to the Phantoms on Sunday, face-off 5.30pm.

Webber behind the wheel for first time since leg break

MOTOR RACING

MARK Webber's revealed he has driven a car for the first time since breaking his leg.

The Red Bull Racing driver is fighting to get back to full fitness in time for testing the new RB5.

And Webber says while his rehabilitation programme is taking some time he hopes his recovery will soon speed up.

He said: "Hopefully I will be walking quite soon and once that happens the whole curve accelerates quite quickly."

The intensity of my rehab will start to increase as I get more confident with my leg.

"I have been doing a lot of pool work, static bike and a lot of specific exercises to keep the leg firing through when I could not put weight on it. That has all gone to plan, no complications, which is always nice."

But Aussie Webber is under no illusions about the hard work he needs to put in to be 100 per cent for the opening Grand Prix of the season in Australia on March, 29.

Webber, speaking in his BBC Sport column, added: "I have lost a sizeable chunk of my aerobic fitness but I am very confident that come the last few tests I will be in very good shape again."

"Driving a car for the first time on Sunday was a nice, small step, for example."

Webber also joined former team mate David Coulthard, who is now working as a consultant for Red Bull, in defending the racing outfits decision to hold back from releasing the new car until February, 9.

Both have stated the team need maximum time to work with the regulations.

The biggest being the introduction of Kinetic Energy Recovery Systems (KERS) which are set to be the main talking point in the new season.

The RB5 will also have brand new aerodynamics parameters and all cars are set for the return of slick tyres.

BASKETBALL

Lions slump to eight-year low

MK LIONS 94

Obazuaye 18, Williams 16, Eddie 14

GUILDFORD HEAT 104

Martin 32, Howell 25, Metcalfe 16

LEICESTER RIDERS 105

Swanson 25, Wierzbicki 18, Windless 14

MK LIONS 65

Williams 18, Brown 14, New 10

TONY Windless came back to haunt his old side as MK Lions slumped to their worst defeat in eight years.

Former Lions player Windless was in fine form netting 15 points to help Leicester Riders to an emphatic 105-65 victory.

Lions were chasing their tails throughout the match with a 10-3 run for the Riders giving the home side a comfortable 32-21 lead at the end of the first quarter.

In fact it was a lead that Lions would be unable to cut to single figures again. Jayson Obazuaye and Terrell Brown managed to pull back points for the visitors in the second quarter.

But Riders pulled away in the third with a 10-1 burst to stretch their advantage to 76-53 heading in to the final stanza.

Lions coach Vince Macaulay rang the changes in the last ten minutes to little effect as Riders rattled off the points.

It was a humiliating defeat for the Lions side.

And the result was not helped by the

Lions' defeat in the BBL Trophy just a day earlier.

Lions hosted Guildford Heat in the competition and it was their first game in four weeks.

The result should have been tied up early by the Lions, who led at one stage by 15 points, instead they were left nursing their wounds when they were condemned to defeat in overtime.

Threes from Jayson Obazuaye and gave the home side a 24-13 lead before Keonta Howell closed the period with a two for Guildford.

Lions continued to be impressive in the second quarter as the lead stretched to 42-27 on the back of a Robert Youngblood bucket.

Heat began to chip away at the advantage and by the time Martin had scored

two free throws with 31 seconds left in the half the score was 43-40.

Lions built up a nine point lead, 51-42 before Heat came back and went ahead by a point.

A Yorick Williams three pointer with seven seconds left gave the Lions a double-digit lead heading into the fourth quarter.

Guildford's Dean Williams levelled the scores late on and Heat could have stolen it in regulation time had Michael Martin hit one of his free-throws.

But Martin had the final say with a fine performance to win the Trophy group game in dramatic fashion.

■ LIONS continue their Trophy hunt on Saturday when they travel to London Capitals, tip-off is at 7.30pm.

SPORTS SHORTS

Football/rugby off

THE weather has once again caused chaos to the local football fixtures.

Every game Molten Spartan South Midlands division one was postponed.

With Winslow United versus New Bradwell St Peter to be scheduled for another day.

In division one Aston Clinton v Old Bradwell United and Pitstone & Ivinghoe

versus Mursley United were hit by the weather.

United Counties Premier League was affected too with Holbeach United v Newport Pagnell Town also postponed.

AND it was a similar story for the rugby.

Olney had a wasted journey to Cheltenham only to find a frozen pitch would prevent their game taking place.

Eye surgery for Poulter

IAN Poulter has pulled out of next week's Abu Dhabi Golf Championship.

The golfer will instead undergo corrective eye surgery.

Poulter, who celebrated his 33rd birthday last week, has been struggling to see in poor light and is set to take the advice for surgery next week.

The Woburn-based pro said: "It is with great regret that I have to withdraw from the Abu Dhabi Golf Championship."

"I have been having a problem with my vision in poor light and my doctors have advised me that I should have this surgery as soon as possible to prevent further deterioration."

"I am relieved that the problem can be corrected with surgery but very disap-

pointed to miss one of my favourite events on the schedule."

"However, I'll be back in Abu Dhabi next year for another crack at the Falcon."

The line-up for the tournament includes three-time major winner Padraig Harrington, world number two Sergio Garcia, Henrik Stenson and Colin Montgomerie.



Red Bull's Webber
back behind
the wheel

PAGE 75

Injuries and suspensions hamper natural selection

“

It just seems that we can't have two weeks here without a problem, we just seem to be having to deal with problems all the time but I guess this is football and it's life

— Dons boss Roberto Di Matteo

BY SIMONE CORGAN

simone.corgan@mk-news.co.uk

JASON Puncheon has been handed a three match ban for his dismissal against Colchester on Monday night.

Puncheon, returning to the Dons that night on a second loan spell with the club, was shown a straight red card by referee Ashley Taylor.

His two-footed tackle on U's skipper Dean Hammond was deemed serious foul play and after reviewing the incident MK Dons have decided not to appeal the decision.

Puncheon, 22, will serve the suspension immediately and miss the Dons' away trip to Carlisle United this Saturday.

The winger was brought back on loan from Plymouth for an initial 28



Jason Puncheon in action against Colchester United before he was red carded and banned for three games

day loan which is set to be extended until the end of the season.

MK NEWS understands the Dons are planning to sign Puncheon on a permanent deal when the season finishes.

But right now the Dons are facing something of a crisis ahead of their long journey to Carlisle.

Midfielder Peter Leven was forced out in Monday night's 1-1 draw with the U's after 39 minutes.

Roberto Di Matteo revealed his midfield playmaker was in fact struggling with a groin strain before kick-off and is set to be assessed to see if he can feature this weekend.

Di Matteo said: "He (Leven) had a

problem before the game but he wanted to try and obviously you could see he wasn't himself so after half-an-hour we had to make the change. It left me without both my central midfield players."

And the Dons boss is becoming increasingly frustrated with the number of injuries and suspensions

his side are picking up.

Flavien Belson and Luke Chadwick remain on the sidelines with injury. The former is not expected to return for another four to six weeks.

Although Alan Navarro will return from a one game ban, and Luke Howell set to retain his place, Di Matteo's options for the centre are increasingly limited.

"It just seems that we can't have two weeks here without a problem, we just seem to be having to deal with problems all the time but I guess this is football and it's life."

Reflecting on his side's second draw of the season Di Matteo admitted his team looked a little rusty after 15 days with no football.

A much improved Colchester, compared to the side that lost 3-0 to the Dons earlier in the term, took what might have been seen as a shock lead through former Don Clive Platt.

But the only shock at the end of the ninety minutes was that Aaron Wilbraham's 65th minute header was enough to rescue a point for the home side.

Di Matteo added: "I have to give a lot of credit to Colchester they played well, defended well, closed out the spaces for us and made it very difficult for us."

Dons remain second in the table but they will be hoping to once again narrow Leicester's four point lead at the summit of League One.

Meanwhile Wolves winger Lewis Gohorn is no longer on trial with the club.

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Course Code	Course Title	Venues	Start Date	Days	Start Time	Finish Time	Course Length in Weeks	Full Fee	Concessionary Fee
Sport & Leisure									
08A312SA	Badminton - Improving Your Game	Denbigh School	12-Jan-09	Mo	20:00	21:30	10 wks	£70	£52
08A302SA	Badminton - Mixed Ability	Denbigh School	12-Jan-09	Mo	18:30	20:00	10 wks	£70	£52
08C332ZA	Golf Beginners	Abbey Hill Golf Centre	14-Jan-09	We	11:30	12:30	4 wks	£24	£18
08C333ZA	Golf Beginners - Women Only	Abbey Hill Golf Centre	14-Jan-09	We	10:30	11:30	4 wks	£24	£18
08B323ZA	Golf Improvers	Abbey Hill Golf Centre	24-Feb-09	Tu	20:00	21:00	4 wks	£24	£18
08D320ZA	Golf Improvers	Abbey Hill Golf Centre	26-Feb-09	Th	11:30	12:30	4 wks	£24	£18
08F313ZA	Golf Improvers	Abbey Hill Golf Centre	28-Feb-09	Sat	16:00	17:00	4 wks	£24	£18
08A306ZA	Modern Bellydance - Beginners	Rickley School	12-Jan-09	Mo	19:00	20:30	10 wks	£70	£52
08A307ZA	Pilates - Beginners	Stantonbury Leisure Centre	19-Jan-09	Mo	20:30	21:30	10 wks	£50	£37
08D319ZA	Pilates - Beginners	Tickford Street Community Centre	15-Jan-09	Th	10:45	11:45	10 wks	£50	£37
08A304ZA	Pilates - Improvers	Green Park Community Centre	12-Jan-09	Mo	11:15	12:15	10 wks	£50	£37
08B336ZA	Swimming Beginners - Women Only	Watling Way Pool	13-Jan-09	Tu	20:30	21:30	10 wks	£50	£37
08A301SA	Swimming Improvers - Mixed Group	Watling Way Pool	12-Jan-09	Mo	20:00	21:00	10 wks	£50	£37
08A308SA	Tai Chi Quan Improvers	Denbigh School	12-Jan-09	Mo	19:30	20:30	10 wks	£50	£37
08C330ZA	Yoga - Experienced	Rickley School	14-Jan-09	We	19:30	21:00	10 wks	£70	£52
08A309ZA	Yoga - Mixed ability	Barley Hurst Primary School	12-Jan-09	Mo	19:15	20:45	10 wks	£70	£52
08B322ZA	Yoga - Mixed ability	Queen Eleanor School	13-Jan-09	Tu	20:00	21:30	10 wks	£70	£52
08B327ZA	Yoga - Mixed ability	Queen Eleanor School	13-Jan-09	Tu	18:30	20:00	10 wks	£70	£52
08A334ZA	Yoga for Expectant Mothers	Bletchley Community Centre	23-Feb-09	Mo	11:00	12:00	5 wks	£30	£22

Arts, Dance, Music & Media

09F301ZA	Acting Improvers - Stanislavsky and his Method	Madcap Arts Centre	07-Feb-09	Sat	12:30	16:30	1 day	£24	£18
09F302XA	Beaded Jewellery - an Introduction	Stony Stratford ACE Centre	14-Feb-09	Sat	10:00	16:00	1 day	£40	£30
09B303GA	Calligraphy for All	Great Linford Arts Workshop	13-Jan-09	Tu	10:00	12:00	10 wks	£90	£67
09C304GA	Calligraphy for All	Great Linford Arts Workshop	14-Jan-09	We	10:00	12:00	10 wks	£90	£67
09A306GA	Ceramics - Project Based	Great Linford Arts Workshop	12-Jan-09	Mo	10:00	12:00	10 wks	£90	£67
09F393KA	Collage - an Introduction	Knowles ACE Centre	24-Jan-09	Sat	10:00	16:00	1 day	£36	£27
09C307XA	Creative Digital Photography - Advanced	Stony Stratford ACE Centre	14-Jan-09	We	19:00	21:00	10 wks	£90	£67
09E510XA	Creative Writing - Children's Books & Stories	Stony Stratford ACE Centre	06-Mar-09	Fr	10:00	16:00	1 day	£36	£27
09F310XA	Creative Writing - Short Stories - an Introduction	Stony Stratford ACE Centre	21-Mar-09	Sat	10:00	16:00	1 day	£36	£27
09B311ZA	Dance - Ballet	Barley Hurst Primary School	13-Jan-09	Tu	20:45	21:45	11 wks	£55	£41
09C313ZA	Dance - Ballet - Beginners	Barley Hurst Primary School	14-Jan-09	We	20:30	21:30	11wks	£55	£41
09C315SA	Dance - Ballroom & Latin American - Improvers	Denbigh School	14-Jan-09	We	20:15	21:45	10 wks	£70	£52
09D316ZA	Dance - Flamenco for All	Queensway Methodist Hall	15-Jan-09	Th	20:00	21:00	10 wks	£50	£37
09B317ZA	Dance - Jazz - Intermediate	Barley Hurst Primary School	13-Jan-09	Tu	19:30	20:30	11 wks	£55	£41
09D367ZA	Dance - Morris Dancing for Beginners	Woolstone Community Centre	26-Feb-09	Th	20:00	21:30	5 wks	£40	£30
09A320ZA	Dance - Tap - Advanced	Bletchley L Centre	12-Jan-09	Mo	20:00	21:00	11 wks	£55	£41
09D322ZA	Dance - Tap - Beginners Plus	Barley Hurst Primary School	15-Jan-09	Th	19:30	20:30	11 wks	£55	£41
09C324ZA	Dance - Tap - Improvers	Barley Hurst Primary School	14-Jan-09	We	19:15	20:15	11 wks	£55	£41
09D325ZA	Dance - Tap - Intermediate	Barley Hurst Primary School	15-Jan-09	Th	20:45	21:45	11 wks	£55	£41
09F326XA	Digital Image Manipulation - Mini Masterclass	Stony Stratford ACE Centre	14-Mar-09	Sat	10:00	16:00	1 day	£36	£27
09A329KA	Digital Photography and Photoshop Elements - Beginners	Knowles ACE Centre	23-Feb-09	Mo	19:00	21:00	5 wks	£50	£37
09F392KA	Draw like Van Gogh	Knowles ACE Centre	28-Feb-09	Sat	10:00	16:00	1 day	£36	£27
09F330KA	Drawing - the Bigger Picture	Knowles ACE Centre	21-Mar-09	Sat	10:00	16:00	1 day	£36	£27
09C332SA	Drawing & Painting - City & Guilds Level 1	Denbigh School	25-Feb-09	We	19:30	21:30	15 wks	£160	£120
09C333ZA	Drawing & Painting - Intermediate	Madcap Arts Centre	14-Jan-09	We	10:00	12:00	10 wks	£90	£67
09D334ZA	Drawing & Painting - Unlock the Artist Within	Church of Christ the Cornerstone	26-Feb-09	Th	18:15	20:15	5 wks	£50	£37
09C337BA	Drawing for those who can't	Shenley Brook End School	21-Jan-09	We	18:30	20:30	10 wks	£90	£67
09B339GA	Drawing Step-by-Step - Further Steps	Great Linford Arts Workshop	13-Jan-09	Tu	13:00	15:00	10 wks	£90	£67
09D340XA	Drawing Step-by-Step - Further Steps	Stony Stratford ACE Centre	15-Jan-09	Th	10:00	12:00	10 wks	£90	£67
09A336GA	Drawing Step-by-Step - Further Steps	Great Linford Arts Workshop	19-Jan-09	Mo	19:00	21:00	10 wks	£90	£67
09F341XA	Drawing with Pen & Ink - an Introduction	Stony Stratford ACE Centre	14-Mar-09	Sat	10:00	16:00	1 day	£36	£27
09D378GA	Exploring Textiles	Great Linford Arts Workshop	15-Jan-09	Th	13:00	15:00	10 wks	£90	£67
09F342XA	Fashion Design Through the Decades	Stony Stratford ACE Centre	07-Feb-09	Sat	10:00	16:00	1 day	£36	£27
09F343KA	Fat Little Art Books	Knowles ACE Centre	07-Feb-09	Sat	10:00	16:00	1 day	£36	£27
09C395BA	Guitar - Flamenco - Beginners	Shenley Brook End School	14-Jan-09	We	18:15	19:15	10 wks	£50	£37
09F351KA	Interior Design - Accessorising Your Home	Knowles ACE Centre	28-Mar-09	Sat	10:00	16:00	1 day	£36	£27
09B352XA	Interior Design - City & Guilds Level 1	Stony Stratford ACE Centre	24-Feb-09	Tu	19:00	21:00	15 wks	£160	£120
09F353GA	Interior Design - Create your own Wall Art	Great Linford Arts Workshop	07-Mar-09	Sat	10:00	16:00	1 day	£40	£30
09F355GA	Jewellery & Silversmithing - Enamelling Workshop	Great Linford Arts Workshop	21-Feb-09	Sat	10:00	16:00	1 day	£36	£27
09A357GA	Jewellery & Silversmithing - Project Based	Great Linford Arts Workshop	12-Jan-09	Mo	13:00	16:00	10 wks	£180	£135
09C395GA	Jewellery & Silversmithing - Project Based	Great Linford Arts Workshop	14-Jan-09	We	19:00	21:00	10 wks	£120	£90
09D358GA	Jewellery & Silversmithing - Project Based	Great Linford Arts Workshop	15-Jan-09	Th	19:30	21:30	10 wks	£120	£90
09F359GA	Landscape Techniques - Photography	Great Linford Arts Workshop	7-Feb-09	Sat	10:00	16:00	1 day	£36	£27
09C361KA	Landscape Techniques in Watercolour - Beginners	Knowles ACE Centre	14-Jan-09	We	12:30	14:30	10 wks	£90	£67
09D362GA	Life Drawing/Painting	Great Linford Arts Workshop	15-Jan-09	Th	10:00	12:00	10 wks	£120	£90
09F363ZA	Life Drawing/Painting	Westbury Farm	14-Mar-09	Sat	10:00	16:00	1 day	£48	£36
09B366GA	Mixed Media for All	Great Linford Arts Workshop	13-Jan-09	Tu	13:00	15:00	10 wks	£90	£67
09B368ZA	Painting in Oils & Acrylics	Olney Centre	13-Jan-09	Tu	13:00	15:00	10 wks	£90	£67
09B369GA	Painting in Oils & Acrylics	Great Linford Arts Workshop	13-Jan-09	Tu	19:30	21:30	10 wks	£90	£67
09B374GA	Pottery - Beginners and Improvers	Great Linford Arts Workshop	13-Jan-09	Tu	13:00	15:00	10 wks	£90	£67
09D373GA	Pottery - Beginners and Improvers	Great Linford Arts Workshop	15-Jan-09	Th	19:30	21:30	10 wks	£90	£67
09B394GA	Pottery for All	Great Linford Arts Workshop	13-Jan-09	Tu	10:00	12:00	10 wks	£90	£67
09F376XA	Scrapbooking - an Introduction	Stony Stratford ACE Centre	07-Mar-09	Sat	10:00	16:00	1 day	£36	£27
09F377KA	Silk Painting - an Introduction	Knowles ACE Centre	14-Mar-09	Sat	10:00	16:00	1 day	£40	£30
09F379GA	Stained Glass - an Introduction	Great Linford Arts Workshop	07-Mar-09	Sat	10:00	16:00	1 day	£36	£27
09C590BA	Stained Glass - City & Guilds - Copper Foil	Shenley Brook End School	25-Feb-09	We	19:30	21:30	15 wks	£160	£120
09D381GA	Watercolour Painting - Basic Techniques - Next Steps	Great Linford Arts Workshop	15-Jan-09	Th	19:30	21:30	10 wks	£90	£67
09A384GA	Watercolour Painting - Intermediate	Great Linford Arts Workshop	12-Jan-09	Mo	13:00	15:30	10 wks	£110	£83
09D385ZA	Watercolour Painting - Post Beginners	Church of Christ the Cornerstone	15-Jan-09	Th	12:45	14:45	10 wks	£90	£67
09F386XA	Wirework Jewellery - an Introduction	Stony Stratford ACE Centre	21-Mar-09	Sat	10:00	16:00	1 day	£40	£30
09F387GA	Woodcarving - an Introduction	Great Linford Arts Workshop	21-Feb-09	Sat	10:00	16:00	1 day	£36	£27

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Course Code	Course Title	Venues	Start Date	Days	Start Time	Finish Time	Course Length in Weeks	Full Fee	Concessionary Fee
09F389GA	Woodturning - an Introduction	Great Linford Arts Workshop	07-Mar-09	Sat	13:00	16:00	1 day	£18	£14
09A390GA	Woodturning - Mixed Ability	Great Linford Arts Workshop	12-Jan-09	Mo	19:30	21:30	10 wks	£120	£90
09A391GA	Woodturning - Mixed Ability	Great Linford Arts Workshop	19-Jan-09	Mo	10:00	12:30	8 wks	£120	£90
History & Humanities									
10C303ZA	Archaeology - First Steps	CMK Library	25-Feb-09	We	18:30	20:30	5 wks	£50	£37
10A304ZA	Family History - Problem Solving & Recording	CMK Library	23-Feb-09	Mo	18:30	20:30	5 wks	£50	£37
Languages & Literature									
12F300ZA	All Day French - Revive your Rusty O Level/GCSE	Open University Library	07-Feb-09	Sat	10:00	16:00	1 day	£36	£27
12F301XA	All Day Italian - Absolute Beginners	Stony Stratford ACE Centre	14-Feb-09	Sat	10:00	16:00	1 day	£36	£27
12F302KA	All Day Spanish - Absolute Beginners	Knowles ACE Centre	07-Feb-09	Sat	10:00	16:00	1 day	£36	£27
12C303WA	French - First steps	Woughton Campus East	14-Jan-09	We	19:00	21:00	5 wks	£50	£37
12C320WA	French - Next Steps	Woughton Campus East	25-Feb-09	We	19:00	21:00	15 wks	£135	£101
12A306ZA	French - Revive your Rusty O Level/GCSE French	Lord Grey School	12-Jan-09	Mo	19:00	21:00	10 wks	£90	£67
12C305WA	German - First Steps	Woughton Campus East	21-Jan-09	We	19:00	21:00	5 wks	£50	£37
12C307WA	German - Next Steps	Woughton Campus East	25-Feb-09	We	19:00	21:00	15 wks	£135	£101
12A318KA	Italian - Next Steps	Knowles ACE Centre	19-Jan-09	Mo	12:00	13:00	20 wks	£90	£67
12A313XA	Russian - Revive your Rusty GCSE	Stony Stratford ACE Centre	12-Jan-09	Mo	19:30	21:30	10 wks	£90	£67
12D317ZA	Spanish - Next Steps	CMK ACE Centre	15-Jan-09	Th	17:00	18:00	20 wks	£90	£67
12D315XA	Spanish - Next Steps	Stony Stratford ACE Centre	26-Feb-09	Th	19:00	21:00	15 wks	£135	£101
Education & Training									
13F301XQ	Award in Skills for Life Awareness - C & G 9297 Units 1&2	Stony Stratford ACE Centre	14-Mar-09	Sat	09:30	15:30	2 wks	£110	£30
13M304XY	Introduction to Trainer Skills C&G 7300	Stony Stratford ACE Centre	05-Feb-09	Th/Fr	10:00	16:00	2 days	£250	£250
13B305XQ	Preparing to Teach in the Lifelong Learning Sector C&G 7303	Stony Stratford ACE Centre	24-Feb-09	Tu	18:30	21:00	16 wks	£230	£30
13B306XQ	Preparing to Teach in the Lifelong Learning Sector C&G 7303	Stony Stratford ACE Centre	26-Feb-09	Th	09:30	12:00	16 wks	£230	£30
Business Skills									
15F308KA	Assertiveness & Confidence Building	Knowles ACE Centre	24-Jan-09	Sat	10:00	16:00	2 wks	£60	£45
15M310KQ	Business Finance and Computerised Accounts	Knowles ACE Centre	23-Feb-09	Mo/Tu	13:30	15:30	12 wks	£275	£30
15F320ZA	Design and Build your own Database	CMK ACE Centre	21-Mar-09	Sat	10:00	16:00	1 day	£36	£27
15F317XA	Interview Techniques	Stony Stratford ACE Centre	07-Mar-09	Sat	10:00	16:00	1 day	£36	£27
15E309XA	Minute Taking Skills	Stony Stratford ACE Centre	06-Feb-09	Fr	09:30	15:30	1 day	£36	£27
15F315KA	Minute Taking Skills	Knowles ACE Centre	07-Mar-09	Sat	10:00	16:00	1 day	£36	£27
15C304BA	NLP - Neuro-Linguistic Programming - an Introduction	Shenley Brook End School	14-Jan-09	We	19:00	21:00	5 wks	£50	£37
15C313BA	NLP - Neuro-Linguistic Programming - Improvers	Shenley Brook End School	25-Feb-09	We	19:00	21:00	5 wks	£50	£37
15C312KQ	Sage - Computerised Accounts - Level 2 - Fast Track	Knowles ACE Centre	25-Feb-09	We	09:30	15:30	6 wks	£160	£30
15F318KA	Sage Payroll - an introduction	Knowles ACE Centre	21-Mar-09	Sat	10:00	16:00	1 day	£36	£27

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